

Westin O'Hare Hotel Chicago, Illinois • August 24-26, 2012



Energizing Education!

Proudly Presented by:



letter from anne!

Hey Rehab Ralliers, Anne here!



t's hard to believe 2012 has arrived – time truly flies by when you're having fun! It's been six great years now that HomeCEUConnection.com has been providing rehabilitation professionals with value-driven,

high-quality home study courses. Since the beginning, we have heard from thousands of you regarding your experiences with our company, and we are truly thankful for all the kind words.

Based on your shared experiences, a few of you have steered clear of live seminars, due to the expense and time requirements. However, we've had an overwhelming response from MANY of you that love the live seminar experience and wished there was a way to combine the live experience with the value proposition. We also recognize that there is a large group of therapists that really enjoys the value and convenience of home study courses, but are limited by state rules and regulations, and must take live courses.

For the reasons mentioned above, we have taken a big step in order to meet the continuing education desires and needs of all our customers. Ladies and gentlemen (drum roll please).... We are proud to announce Rehab Rally Conference & Expo 2012! We have planned a three-day "Live" conference experience, providing you with the ability to attain 20 "Live" contact hours. The stunning Westin O'Hare Hotel in Chicago, Illinois will be the event's host facility.

We have secured discounted, remarkable hotel rates for pre and post conference dates that will allow you to extend your fun and take in the beautiful city of Chicago.

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And I've saved the best for last! In true HomeCEUConnection.com fashion, we're going to allow attendees to bundle "Live" courses with home study courses, making the value proposition even greater. With one phone call, you can have all of your CEU requirements met – convenience and quality at an outstanding value.

We are hopeful that you will be as excited as we are and will decide to join us at the Westin O'Hare Hotel for Rehab Rally Conference & Expo 2012. It's going to be GREAT!

why rehab rally? =

Why Rehab Rally?

If you have a 'Home Study' limit, prefer live conferences or want to turn your continuing education experience into a vacation, Rehab Rally is for you! 20 'Live' Contact Hours may be earned at Rehab Rally, as well as an opportunity to maximize up to 75 hours (by bundling 'Live' and 'Home Study' courses). 'Home Study' courses are available in both mail and online formats and may be completed prior to the actual date of the Rehab Rally Conference & Expo 2012. How easy is that!? Flexibility at an outstanding monetary value and quality you can trust.

Professions Served

- Physical Therapy

- Athletic Training

- Occupational Therapy

Approval Information Occupational Therapy

HomeCEUConnection.com is recognized as an Approved Provider by the AOTA (#5608) for the provision of Online/Home Study courses and Live Events. Rehab Rally Conference & Expo 2012 is approved for 20 Contact Hours.

The following states recognize AOTA Approved Providers: AK, AR, DC, DE, IL, IN, KY, LA, MD, MN, MO, MS, MT, NC, NH, NV, OH, OK, OR, RI, SC, TN, TX,VA, VT, WI.

HomeCEUConnection.com is a Florida Board of Occupational Therapy Approved Provider (FBOT #50-8744), and Rehab Rally 2012 Conference and Expo is approved as a Live Continuing Education Event (20 Contact Hours).

Rehab Rally Conference & Expo 2012 and HomeCEUConnection.com courses meet the requirements for Occupational Therapy Continuing Education in the following states: AL, AZ, CA, IA, KS, ME, ND, NE, SD, WA, WV, WY.

Rehab Rally Conference & Expo 2012 and HomeCEUConnection.com courses satisfy **NBCOT** Professional Development requirements.

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Athletic Trainers

HomeCEUConnection.com is recognized as an Approved Provider by the Board of Certification (BOC) (#P3633), and Rehab Rally Conference & Expo 2012 is approved as a Live Continuing Education Event (20 Contact Hours).

Physical Therapy

Rehab Rally Conference & Expo 2012 is approved for Physical Therapy Continuing Education for PTs and PTAs (20 Contact Hours) in the following states: AK, AR, AZ, CA, DE, FL, GA, IL, KS, KY, MD, MN, MS, NC, NM, NY, OH, OK, OR, RI, TX, WI, WV and WY.

Rehab Rally Conference & Expo 2012 has been submitted for approval of Physical Therapy Continuing Education (20 Contact Hours) in the following states: **AL, ID, LA, NJ, NV, PA and VA.**

Rehab Rally Conference & Expo 2012 satisfies the Physical Therapy Continuing Education requirements (20 Contact Hours) in the following states: CT, IA, MO, MT, NE, NH, SC, UT, WA, and ND.

travel & destination



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Rehab Rally 2012 blows into the windy city of Chicago, bringing with it a great learning experience and a chance to take in one of America's signature cities.



Chicago

Attractions
Dining
Nightlife
Shopping
Entertainment
Sports & Recreation
Spas

Travel Information Air Travel:

O'Hare International Airport is located just minutes from the conference hotel. Several airlines offer non-stop flights directly to/from O'Hare International from major US gateways.

<u>Complimentary Airport Shuttle</u> <u>Service to/from Westin O'Hare Hotel</u>

5AM-12AM: every 30 minutes

During these hours, please call hotel direct at 847-698-6000 to arrange service. If traveling internationally, please let the operator know when calling the hotel to specify arrival location.

For 12AM-5AM the shuttle is offered on demand. Guest must call hotel to request pickup. Pickup remains at bus/shuttle center door #3. For pickup from terminal 5, international, guest still need to call the hotel directly to request pickup as that is on demand.



Arts & Culture

The Westin O'Hare Chicago Access, Airport Ease

"Rehab Rally Rate": \$139/night*

*plus applicable taxes

Free Parking for Rehab Rally Overnight Guests!

<u>Discounted Parking</u> (\$12) for Rehab Rally Local/Drive-In Guests!

(Voucher for discounted parking will be provided on site)

Located just five minutes from O'Hare International Airport and a mere 20 minutes from downtown Chicago, The Westin O'Hare offers you a stay of luxury. Every aspect of Westin is carefully selected to create an emotional connection. The hotel's sensory welcome greets you with warm lighting, beautiful botanical arrangements, signature music, and a calming white tea scent. The Heavenly Bed® and Bath help you awaken refreshed and ready for the day ahead at Rehab Rally.

Want to visit downtown Chicago? Located just two blocks away is the train that will zip you to the attractions of downtown Chicago in less than 30 minutes. All this without having to pay hefty downtown hotel rates! COVER

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Reservations by Phone:

1.888.627.8517

(Mention Rehab Rally 2012 for discounted rate)

Reservations Online:

RehabRally.com/chicago/hotel

The Westin O'Hare 6100 North River Road Rosemont, IL 60018

Hotel Amenities

24 Hour Front Desk AM/FM Alarm Clock Babysitting/Child Services Bathrobes

Boutiques
Business Center

Coffee Maker in Room

Concierge Concierge Desk

Cordless Phone
Cribs Available
Data port Available

Exercise Gym
Express Checkout

FAX

Fitness Center or Spa Free Airport Shuttle Hairdryers Available

Handicapped Rooms/Facilities

Heated Pool

High speed internet access

In Room Movies Indoor Pool

Iron
Ironing Board
Jacuzzi

Jogging Track
Laundry/Valet Services

Lounge

Maid Service

Massage

Meeting/Banquet Facilities

Mini Bar Multi-line Phone

No Smoking Rooms/Facilities

Parking
Pets Allowed
Phone with speaker

Pool Radio Refrigerator Restaurant Rollaway Beds Room Service

Safe

Photos and "Amenities Description" courtesy of The Westin O'Hare



educational experience

Enhance your continuing education adventure by participating in the Rehab Rally Conference & Expo 2012 experience! A powerhouse event for PT, OT and AT professionals, Rehab Rally was built with flexibility in mind.

Rehab Rally presenters, engaging in approach, are ready to create an electrifying educational environment. Attendees can expect an unmatched learning atmosphere where extraordinary video, in conjunction with top-quality audio, will make every seat the 'best seat in the house'. Interactive presentations will make subject matter easily embraceable, while flexibility will allow for maximum customization to meet your individual needs.

As proponents of variety, we're excited to offer a vast array of rehabilitation topics! The conference is built around three approved tracts covering an immense spectrum of exhilarating material, including:

- Tract 1 General Therapy
- Tract 2 Geriatric Rehabilitation
- Tract 3 Orthopedic/Sports

Each tract consists of multi-disciplined and highly-credentialed presenters that will provide a well-rounded, theme oriented educational experience. However, should an attendee want to add some spice to the experience, they will be able to smoothly transition ("tract skip") between tracts to create a tailored continuing education event by attending sessions from multiple tracts. Looking for more flexibility? An attendee that would like to fulfill Live CEU requirements and continue to take advantage of the convenience of Home Study Programs can choose to maximize the learning experience by selecting one of our flexible Live/Home Study Bundle options. 20 Live Contact Hours may be earned at RehabRally, with purchase options including the live conference only, or "bundling-up" to receive up to 75 hours of continuing education credit (created by bundling Live and Home Study courses).

Join us to complete your continuing education requirement, among peers, in dynamic Chicago!

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Conference Learner Objectives

- Identify the unique physiologic and psychosocial aspects for the senior populations, including safety, benefits, risks, concerns, and efficacy based on scientific evidence.
- Engage in hands-on instruction related to the rehabilitation of specific disorders within the clinician's health care setting.
- Identify influential, evidence-based practice literature, in regards to a variety of rehabilitation populations.
- Prescribe and accurately individualize programs for strength, endurance, gait speed, balance, and dual tasking for the geriatric population.
- Identify new technology and the models for incorporating it into everyday use by the patient/client and physical therapy practitioner.



tract 1: course descriptions ===

Tract 1: General Therapy

Friday, August 24th 7:30 a.m. - Noon

Session 101: Current Principles of Wound Care

Bill Richlen, PT, WCC, CWS

The purpose of Current Principles of Wound Care is to familiarize the medical professional with the current principles, practices and approaches that are used to treat wounds in accordance with the established standards of care. This provides the clinician with the knowledge and confidence to recommend the most appropriate treatments for their patients. This session will cover the phases of healing, the different types of wound repair and the many factors that can adversely affect the healing process. We will discuss the different ways to manage or treat these factors including the vital steps involved in comprehensive wound bed preparation to improve the healing of our wounds and better patient outcomes.

Friday, August 24th 1:30 p.m. – 6 p.m.

Session 102: Resistive Exercise for Stroke Rehab

Stacey Davis, OTR/L, CKTP

Resistive Exercise for Stroke Rehab is a hands-on course designed to improve the clinical rehabilitation skills using a scientific and systematic approach. The emphasis of this course is to provide scientific information to improve problem-solving skills in order to support evidence-based practice and improve your clinical decision-making skills. This course provides treatment techniques and exercise protocols using resistive bands for therapists involved in neurological rehabilitation. Specific exercises are then introduced including exercises for the UE, LE, and core stabilization techniques to increase overall function as well as balance. Resistive bands will be used and attendees are given lab time to practice techniques. Allied health professionals will gain new ideas on providing treatment that can be applied immediately in the daily care of patients.

Saturday, August 25th 7:30 a.m. - Noon

Session 103: Evaluating and Writing an Effective Home Modification Evaluation

Scott Anderle, PT, CAPS

During this presentation the participant will enter the exciting world of performing a home evaluation and writing an effective home modification report for their clients. This presentation will enhance the skill set level of the participant so they will be able to gather the relevant and unique information of the client and their home environment. The participant will be educated on how to assimilate and produce an effective home modification report, thus working towards reducing costs, stress and tension within a home modification project. Many key elements of a home modification report will be explored along with how to create the most effective and professional home modification report for your clients.

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Saturday, August 25th 1:30 p.m. - 6 p.m.

Session 104: Muscle Energy Technique (MET)/

Proprioceptive Neuromuscular Re-education (PNF)-Improving Mobility in Just 3-5 Reps

Theresa A. Schmidt DPT, MS, OCS, LMT, CEAS, CHy

Muscle Energy Technique (MET)/ Proprioceptive Neuromuscular Re-education (PNF) is an evidence-based intervention for correcting somatic dysfunctions which contribute to pain, limited mobility, muscle weakness and disability. Dr. Fred Mitchell Sr., DO developed MET in 1948 to restore proper biomechanics and functional movement. Precise active muscle contractions and positions are used to normalize tension and restore functional motion. Knott and Voss introduced their version of a related technique, PNF, at the same time. Both MET and PNF are used to re-educate abnormal neuromotor reflexes, facilitate normal muscle action and inhibit hypertonicity. This hands-on guided exercise is gentle enough to apply without the need for forceful manipulation procedures. MET/PNF may be incorporated clinically and in home exercise programs to improve mobility and promote functional outcomes. Lecture, discussion and hands-on video demonstration will be presented to show how this valuable intervention can make a difference in your practice.

Sunday, August 26th 7:30 a.m. - Noon

Session 105: Positioning for Function

Michelle Lange, OTR, ABDA, ATP/SMS

Determining an optimal seating system begins with a positioning evaluation. This course will present positioning in a functional context, systematically addressing the pelvis, trunk, extremities and head. Common positional challenges for each area will be discussed, including causes, interventions and goals. Case studies will be included.



tract 2: course descriptions —

Tract 2: Geriatric Rehabilitation

Friday, August 24th 7:30 a.m. - Noon

Session 201: Functional Testing for the Aging Adult

Jon DeBord, PT, MS, ATC, SCS

Functional Testing for the Aging Adult discusses the relevance, the dependability and the power of frequently-used functional tests for the geriatric population. Tests included in the discussion will comprise of the FIM, the Tinetti Balance and Gait Assessment, the Timed Up and Go, the Berg Balance Measure and several other specific functional tests. Contemporary and significant literature, exploring performance thresholds, sensitivity and preciseness of each test, will be examined.

TRACT 1

TRACT2

TRACT 3

Friday, August 24th 1:30 p.m. - 6 p.m.

Session 202: Pharmacology for the Rehabilitation Specialist - The Geriatric Patient

Suzanne L. Tinsley, PhD, PT, NCS

Rehabilitation professionals often encounter patients prescribed a multitude of medications used to treat the disease processes connected with aging and additional, unrelated co-morbidities. This seminar will use case examples to present a brief summary of some of the medications often seen in the geriatric patient and to demonstrate the relationship between a patient's medications and therapy. Stress will be placed on medications used in the treatment of cognitive irregularities of the aging, balance/vestibular-related deficits and will also acknowledge other medications often seen in the geriatric patient.

Saturday, August 25th 7:30 a.m. - Noon

Session 203: Joint Replacement Rehabilitation for the Shoulder Hip and Knee Arthroplasty

John O'Halloran, PT, DPT, OCS, cert MDT, ATC, CSCS

Today the "Baby Boomer" joint replacement patient has a higher expectation out of their rehabilitation provider. Their desire to remain active has rehab implications for clinicians in all settings. Understanding modern technology and being able to confidently communicate that to the patient is extremely important in the total care of the patient. This session will provide the attendee the evidenced based knowledge to answer those, often on the spot, questions by our patients such as "What should I not do?" or "When can I hike or play tennis again?". Also examined will be, surgery from traditional to cutting edge, in addition to evidenced based rehab and return to activity guidelines. This one of a kind session is a MUST for all clinicians who work with total joint patients.

Saturday, August 25th 1:30 p.m. - 6 p.m.

Session 204: Treating Balance and Fall Prevention for the Geriatric Patient

Geoff Mosley, PT, NCS

Falls are a leading cause of disability and death among the elderly. It is often that the issues leading to a fall are commonly attributed to the effects of aging alone. However, the causes of falls are multifaceted and often include balance and mobility impairments that are a result of disease processes. Many of these impairments are amenable to therapy intervention. In this course we will outline many of the risk factors and impairments leading to fall risk, how to evaluate high risk patients, and ideas for intervention. This course will include discussion of the therapy management of musculoskeletal, neurological, cardiopulmonary, and specific sensory disorders that lead to imbalance and falls. In addition to addressing risk factors and physical therapy management, we will also go over prevention strategies for both home and institutional settings.

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Session 205: Localized Edema in Long Term Care

Carmen Thompson, BS, LPTA, CMT, CLT

This seminar provides an overview and practical knowledge of manual lymphatic therapy—what it is, what it can do and how to properly apply the techniques in specific clinical cases. Manual lymphatic therapy can help alleviate swelling, relieve pain and improve patient outcomes in a variety of settings, with results that are significant, measurable and often quickly achieved. Participants will examine the diagnosis and differential diagnosis of lymphedema, the indications and contraindications for manual lymphatic therapy, and will learn the basic techniques. You will return to the clinic with new ideas for evaluating clients and new treatment strategies to implement immediately. This seminar on treating localized edema in long term care and skilled care populations will allow the learner to gain a broader skill set in which to achieve ROM, strength, pain, and wound healing goals through addressing the much neglected lymphatic system.



tract 3: course descriptions —

Tract 3: Orthopedic/Sports

Friday, August 24th 7:30 a.m. - Noon

Session 301: The New Science of Therapeutic Taping-

Theory, Practice and Treatment Progression Andrea Wolkenberg, PT, MA, CKTI

TRACT 1

TRACT 2

TRACTS

Graceann Forrester, PT, DPT, CKTI

Therapeutic taping has progressed over the past several decades from being a modality that simple prevents injury by prohibiting or limiting motion to one that can influence muscle function, release fascial restrictions, improve circulation, support tendon and ligament, and prevent pathological movement patterns. This course will explore the major taping techniques currently in use. Attendees will learn the basic theory, function, and application principles for each, with special focus on the Kinesio Taping Method.

Through lecture and demonstration, they will learn taping treatment protocols paired with other modalities for some common clinical conditions. Attendees will take with them a greater understanding

Friday, August 24th 1:30 p.m. - 6 p.m.

of the appropriate taping methods for practical use in the clinic.

Session 302: ACL Rehabilitation:

Athletes and the Rest of Us

Betsy Myers, MHS, MPT, OCS, CWS, CLT

This course incorporates an algorithmic approach for efficient and effective rehabilitation after anterior cruciate ligament (ACL) injury. Using current research, the session will include pre-operative and post-operative rehabilitation. Whether working with adolescents, elite athletes, weekend warriors, or worker-athletes, this session will help practitioners choose appropriate therapeutic interventions based on patient presentation and patient goals. Video clips are used to hone participant implementation of key skills and enable immediate integration into clinical practice. We will also provide insights into bracing, non-surgical interventions of ACL-deficient individuals, and ACL injury prevention.

Saturday, August 25th 7:30 a.m. - Noon

Session 303: CranioSacral Therapy for Whiplash and Trauma - Importance of an Integrated Approach

Mariann Sisco, PT, CST-D

This is a specialized course focusing on the impact of whiplash and trauma as seen from new evaluation and treatment perspectives. An integrative approach to evaluation and treatment of any musculoskeletal dysfunction requires assessment of the CranioSacral System and structural relationships between the viscera, and their fascial or ligamentous attachments to the musculoskeltal system. Knowledge of these relationships, and the anatomy of the CranioSacral System along with the viscera are essential to seeing patients within an integrated framework

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Session 304: The Kinetic Link Between the Core and the Extremities-Not Just for the Athlete

John O'Halloran, PT, DPT, OCS, cert MDT, ATC, CSCS

There is emerging evidence linking common orthopedic dysfunction and injury to the core. Common medical model diagnoses such as patella femoral pain, hip replacement, and rotator cuff injury all have impairments that can have core implications. This presentation will put the FUN back into FUNdamentals we all learned in our training. Clinicians in all settings who work with patients suffering from various ailments and dysfunctions are all taught the fundamentals of motor control. This presentation will describe how these fundamentals of rehabilitation (mobility, stability, controlled mobility and skill proximal stability for distal mobility) are the foundation of core training and how a refresher on these fundamentals can greatly impact your patient's rehabilitation process.

Sunday, August 26th 7:30 a.m. - Noon

Session 305: Functional

Functional Strength Training for the Aging Spine

Shari Kalkstein, PTA, NSCA/CSCS, ACSM-HFS, ACE/CPT, ACE/AHFS

This session will provide you with insight and understanding into some of the physical changes occurring in the spines of older adults. Several degenerative conditions will be discussed along with how to address them through strength training and postural exercises. You will learn how to empower your clients so they can regain their strength, posture and confidence. New approaches and exercises will be discussed, demonstrated and practiced, allowing attendees to immediately adopt and adapt them with their clients.



speakers 1 ===



Scott Anderle, PT, CAPS, is the President and owner of Specialized Home Design, Inc. Scott has been a physical therapist since 1987 and owned five rehabilitation clinics throughout Western Michigan. He is a Certified Aging In-Place Specialist (CAPS) and a former Certified Brain Injury Specialist (CBIS). Scott is an integral part of numerous home modification projects and evaluations. A recognized speaker in his field, he shares his expertise as a universal and accessible home design specialist. Scott is

also an instructor for the CAPS certification course through the National Association of Home Builders and is identified as a preferred speaker for the National Kitchen and Bath Association. Presentations include numerous seminars for physical and occupational therapists, kitchen and bath designers, construction related professionals as well as other medical professionals of national companies and organizations.



Stacey Davis, OTR/L, CKTP is the Director of Rehabilitation/Therapy Services at Fairview Park Hospital in Dublin, Georgia. She is a 1989 graduate of the

Medical College of Georgia in Augusta Georgia with a B.S. in Occupational Therapy. She has been an Occupational Therapist for 21 years and has worked in a variety of settings with proven abilities in development of programs, management and

supervision of personnel and marketing of therapy services. She is a certified instructor through the Theraband Academy as well as a certified Kineso Taping Practitioner. Stacey is a member of AOTA and GOTA being active and supportive since 1989. She demonstrates proven abilities with the development of continuing education courses for allied health professionals and has been a speaker since 2008. Stacey is married to her husband Emory for 19 years with three wonderful children, Emily 11 and twin boys, Coleton and Evan 9.



Jon DeBord, MS, PT, ATC, SCS is the owner and managing partner of Kewanee Physical Therapy and Rehab Specialists where he provides a sports-medicine outreach program at several area high schools, and has done extensive community and professional education in the areas of sports medicine and orthopedic injuries and rehabilitation. He received his Master of Science in Athletic Training from Rocky Mountain University of Health Professions in Provo, UT, and is a Board Certified Clinical Specialist in Sports Physical Therapy. Mr. DeBord is an APTA Certified Clinical Instructor, a certified

Examiner for the National Athletic Trainer's Board of Certification and serves on the Specialization Academy of Content Experts for the American Board of Physical Therapy Specialties.



Graceann G. Forrester, PT, DPT, CKTI is a practicing clinician, Certified Personal Trainer, Pilates instructor, and former instructor at Ithaca College. She is also a board member of Hope Unites, an "international ecumenical organization specializing in humanitarian aid and disaster relief". Dr. Forrester has taught educational programs to improve transportation and therapeutic positioning of disabled children in Port Au Prince, Haiti. Currently she serves on the Board of Education, as Curriculum Chair, for the Kinesio Taping

Association, teaching throughout the US, France, Russia, the UK and Italy.



Shari Kalkstein, PTA, NSCA/CSCS, ACSM/HFI, ACE/CPT,

is a Licensed Physical Therapy Assistant, Certified Strength and Conditioning Specialist and Certified Personal Trainer with over 14 years experience. She is also an Elite Personal Trainer with IDEA. Ms. Kalkstein is the owner/president of Keep the Beat, Inc. and the creator and instructor of "Fortify Your Frame," a small group-supervised exercise class specifically designed for the older adult. She received her Bachelor of Arts in Exercise and Sports Science from the University of Texas at Arlington and an Associate of Applied Science in Physical Therapy Assisting from Broward Community College. She is an Allied member of the American College of Sports Medicine and a member of the National Osteoporosis Foundation. She brings passion, enthusiasm and innovative ideas to her presentations and keeps the day moving with hands-on activities.



Michelle Lange, OTR, ABDA, ATP/SMS an Occupational Therapist with over 25 years of experience in the area of assistive technology. The former Clinical Director of The Assistive Technology Clinics of The Children's Hospital of Denver, Ms Lange's work in assistive technology includes a broad range of roles and services. A well-respected lecturer both nationally and internationally, Ms Lange and has authored 7 book chapters and over 100 articles and is the editor of Fundamentals in Assistive Technology, 4th Ed. Ms Lange is currently on the teaching faculty of the Rehabilitation Engineering and Assistive Technology Society of North America (RESNA) and is a member of the Assistive Technology Journal Editorial Board. She is a past RESNA Secretary, Member at Large, member of the Board of Directors, Education Chair and SIG-09 Vice Chair. Ms Lange is also on the teaching faculty of the University of Pittsburgh for the ATP/ATS Review Course. Serving on the Rehabilitation Engineering Research Center (RERC) for Wheeled Mobility Advisory Board,

Ms Lange is also the former Editor of the Technology Special Interest Section of the American Occupational Therapy Association (AOTA). Ms Lange is a credentialed Assistive Technology Professional (ATP), Seating and Mobility Specialist (SMS) and is a Senior Disability Analyst of the American Board of Disability Analysts (ABDA).





Betsy Myers, MHS, MPT, OCS, CWS, CLTB received a Masters of Physical Therapy from Northwestern University in 1992 and a Masters of Health Sciences from the University of Indianapolis in 1998. She is an Orthopedic Certified Specialist and a Credentialed Clinical Instructor. Ms. Myers received a citation of recognition and appreciation from the Oklahoma House of

Representatives for her outstanding service as a physical therapist to the citizens of Oklahoma. Ms. Myers was the Teacher of the Year at the Krannert School of Physical Therapy, University of Indianapolis. She is also a Certified Wound Specialist and a Certified Lymphedema Therapist. While her passion is for outpatient orthopedics, Ms. Myers has worked in a variety of clinical settings within regional hospital systems including: acute care, transitional care, a rehabilitation unit, general out-patient care, sports medicine, aquatic therapy, and a diabetic foot clinic. She is now part of the outpatient physical therapy staff at Saint Francis Health System in Tulsa, Oklahoma.

speakers 2 —



Geoff Mosley, PT, NCS is board certified in neurologic physical therapy from the American Physical Therapy Association Board of Specialties (ABPTS). In the past he has earned Vestibular Rehabilitation certification at Emory University's annual course, as well as certification, from RESNA, as a Certified Assistive Technology Practitioner. Mr. Mosley has conducted rehabilitation research on body weight supported gait training and is currently developing research on the use of the Nintendo Wii Fit in balance training patients with various neurological impairments. Mr. Mosley is an adjunct faculty member at the University of

Missouri, Missouri State University and Southwest Baptist University. He specializes in inpatient and outpatient neurological rehabilitation with an emphasis on stroke, spinal cord injury, traumatic brain injury, vestibular dysfunction, and balance/fall prevention. He currently is employed as the Physical Therapy Coordinator of Missouri Rehabilitation Center in Mt. Vernon, Missouri.



John W. O'Halloran, PT, DPT, OCS, cert MDT, ATC, CSCS is currently a Director of Physical Therapy/Sports Medicine at Southeastern Orthopedics in Greensboro, North Carolina, and co-owner of GOSMC Properties, LLC,

as well as owner of O'Halloran Consulting, LLC. In 1999, Dr. O'Halloran became credentialed with the McKenzie Institute in the mechanical diagnosis and treatment of the spine and is also a Certified

Functional Capacity Evaluator in the Blankenship Method. His unique evaluation and treatment skills make him a sought after clinical

instructor for physical therapy and athletic training topics. His wide range of clinical experience combined with his extensive knowledge in the fiscal management of physical therapy outpatient rehabilitation services make him a very knowledgeable and skilled instructor.



Bill Richlen, PT, WCC, CWS is a Licensed Physical Therapist and Wound Care Certified by the NAWC and a Clinical Wound Specialist through the AAWM. He received his Bachelor of Science in Physical Therapy from University of Wisconsin Madison, in 1994. Bill has worked as a physical therapist and Clinical Wound Specialist in long term care facilities, outpatient, skilled rehabilitation, and home health. Bill has served as clinical instructor for physical therapy students, Director of several large Rehabilitation departments, and has been providing

multi-disciplinary wound care education to therapists and nurses for several years. Bill is currently the President and CEO of Infinitus, LLC, a therapy services provider and consulting firm.



Theresa A. Schmidt, DPT, MS, OCS, LMT, CEAS, CHy is the President of Flex Physical Therapy and founder of Educise Resources, Inc. located in Long Island, New York. Dr. Schmidt has over 23 years of experience in orthopedic, sports and neuromuscular rehabilitation. Board-certified in Orthopedic Physical Therapy by the American Board of Physical Therapy Specialties, Ms Schmidt has previously served as faculty for several physical therapy programs, such as Touro College in NY, NY, at Nassau Community College and CUNY Queens College. She has presented

nationally for the AMTA, APTA, International Dance and Exercise Association, American Council on Exercise, Council of Licensed Physiotherapists, as well as, regionally for the New York State Society of Medical Massage Therapists, and the New York College for Wholistic Health Education and Research.



Mariann Sisco PT, CST-D is a practicing physical therapist of 34 years. In addition to maintaining a private practice, Mariann is a Certified Instructor for the Upledger Institute teaching Craniosacral Therapy Internationally. She also shares her knowledge of Visceral Manipulation as a Certified Presenter for the Barral Institute. Fueled by her personal belief that you cannot diagnose the power of the human spirit, Mariann applies her expertise utilizing manual therapy for patients who have not responded to traditional medicine. Mariann's

broad range of clinical experience, post graduate education and entertaining teaching style make her a sought after instructor in both the clinical and classroom settings. Mariann was awarded the first ever Clinical Educator of the Year by the University of New Mexico Physical Therapy School.



Suzanne L. Tinsley, PhD, PT is an Associate Professor in the Department of Rehabilitation Sciences at Louisiana State University Health Sciences Center-Shreveport. Dr. Tinsley's expertise lies in the areas of neurological rehabilitation and medical pharmacology. She has presented nationally at APTA conferences as well as numerous continuing education seminars on the topics of rehabilitation and pharmacology. Very active in the Neurology Section of the APTA, she currently serves as Chair of the Stoke SIG, Neurology Section,

APTA. Published in the area of rehabilitation and pharmacology, Dr. Tinsley has been honored as a Visiting Scholar at the renowned Valens Rehabilitation Clinic in Valens, Switzerland.

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Carmen Thompson, BS, LPTA, CMT, CLT earned a Bachelor of Science in Health Care Management, an Associate of Science in Physical Therapy and is a practicing Licensed Physical Therapist Assistant and Certified Massage Therapist, with a specialty certification in lymphatic therapy. Having completed a 140-hour certification course

in Manual Lymphatic Drainage and Complex Decongestive Physiotherapy through the Upledger Institute, she now teaches lymphatic pathology treatment methods and MLD/CDP therapy nationwide. Additionally she educates professionals at the local and state level on the prevention and management of lymphedema in cancer patients and on developing lymphedema programs in acute care and subacute care.



Andrea Wolkenberg, PT, MA, CKTI is a practicing physical therapist of 33 years. Andrea has a Bachelor's degree in Physical Therapy, holds a Master's degree in Medical Anthropology and is a Certified Kinesio Taping Instructor. Her clinical expertise is in manual therapy, having taken numerous

continuing education courses with James Cyriax, Laurence Jones, John Mennell, Shirley Sahrmann, Stanley Paris, John Barnes, and many others. She is currently the Director of Physical Therapy at Spine Options, a pain management center in White Plains, NY, specializing in the conservative treatment of back and neck pain in addition to her role as President of SPINE SOLVERS INC., her own company which provides physical therapy services to individuals, injury prevention and workplace safety seminars to businesses, and Kinesio Taping seminars to health care professionals.

preliminary schedule ===

Rehab Rally will offer 20 hours of "Live" CEU credit through the design of three education tracts. Each tract will have an educational theme, however, participants will be allowed to "tract skip" if they see something that motivates them to attend. The preliminary schedule below is an outline of the events and times that each tract will follow.

Educational Tracts

- Tract 1 General Therapy
- Tract 2 Geriatric Rehabilitation
- Tract 3 Orthopedic/Sports

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REGISTRATION FORM

Thursday, August 23rd, 2012

3:00 - 7:00 p.m. Attendee Registration

Friday, August 24th, 2012

6:30 - 7:30 a.m. Attendee Registration in Exhibit

Hall

Breakfast in Exhibit Hall

7:30 - Noon Sessions 101, 201, 301

Noon - 1:30 p.m. Lunch in Exhibit Hall

1:30 - 6:00 p.m. Sessions 102, 202, 302

6:00 - 7:30 p.m. Rehab Rally Reception

Saturday, August 25th, 2012

6:30 - 7:30 a.m. Breakfast in Exhibit Hall

7:30 - Noon Sessions 103, 203, 303

Noon - 1:30 p.m. Lunch in Exhibit Hall

'Passport to Prizes' Announcements

1:30 - 6:00 p.m. Sessions 104, 204, 304

Sunday, August 26th, 2012

7:30 - Noon Sessions 105, 205, 305

Noon Rehab Rally Adjournment



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Charles Langley
HomeCEUConnection.com
Phone: 800.554.2387
RehabRally@homeceuconnection.com



exhibitors







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registration form $\,=\,$

Rehab Rally Pricing

Rehab Rally Conference and Expo 2012 Live Event Only

- 20 Contact Hours - \$617

Rehab Rally Conference and Expo 2012 Live Event / Home Study Combo Package

- 24 Contact Hours \$637
- 30 Contact Hours \$697
- 40 Contact Hours \$787
- 50 Contact Hours \$867
- 60 Contact Hours \$937
- 70 Contact Hours \$997
- 75 Contact Hours \$1027

Payment Methods Accepted

☐ Checks

Make checks payable to HomeCEUConnection.com

- ☐ Visa ☐ MasterCard
 - **1** American Express □ Discover

To Register

To register <u>ONLINE</u> for Rehab Rally 2011 Conference & Expo - Click Here: <u>www.rehabrally.com/register</u>

To register by PHONE: call 800.554.2387

To register by MAIL or EMAIL:

<u>anne@homeceuconnection.com</u> and request an order form. (Mail Order Forms are specific to your state and discipline.)

To contact a HomeCEUConnection.com representative regarding Rehab Rally, please utilize one of the following methods:

Mail: Rehab Rally, c/o HomeCEUConnection.com

5048 Tennyson Pkwy, Suite 200, Plano, TX

75024

Phone: 800.554.2387

Fax: 800.839.0823

Email: RehabRally@HomeCEUConnection.com

HomeCEUConnection.com's ADA Policy

If you require ADA accommodations, please contact HomeCEUConnection.com by email:

anne@homeceuconnection.com; or by phone

1.800.55.4CEUS (2387), so arrangements can be made.

Cancellation Policy

Refunds will be granted until July 27, 2012, only when written notification is received. A processing fee of \$150 will be charged for all cancellations. Refunds on cancellations will be processed after the Rehab Rally has completed. Substitutions will be permitted if received in writing by August 3, 2012. Confirmed registrants not attending the Rehab Rally will not be granted refunds.



