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GETAWAY DEAL

Coastal Maine Botanicals Do a Body Good

OGUNQUIT, Maine – Get a summer-ready body with nutrient-rich blueberries, wild rose and red algae. The Cliff House Resort & Spa on Maine's South Coast uses these native Maine botanicals and more at its Condé Nast-rated spa.

The Cliff House, located just 75 miles north of Boston, offers a flexible [Spa Sampler Package](#) with the option of three or four-night stays. Enjoy ocean-view lodging; full breakfast each morning; lobster dinner or choice of entrée one night; and a spa credit of \$200-\$300 per person.

Choose from a variety of facials, massages and body treatments, like the Blueberry Body Wrap, Maine Wild Rose Wrap, and Red Algae Luxury Detox and Slimming Therapy.

New at the spa this season -- The Seaside Paradise. This head-to-toe treatment uses marine and botanical essences to detoxify, exfoliate and moisturize the face and body. A full 80-minute treatment is \$180.

The Cliff House is celebrating its 140th anniversary this year. In 1872 it was all about parasols and perambulating. Today it's about savoring the flavors of Maine -- from head to toe. For more information visit cliffhousemaine.com.

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The Cliff House Resort & Spa, located on 70 oceanfront acres in southern Maine, offers premier guest services, fine dining, a world-class spa and conference facilities. Owned and operated by the Weare Family since 1872, the resort is celebrating its 140th season in 2012. More information can be found at www.cliffhousemaine.com, on [Facebook](#) or by calling (207) 361-1000. Media inquiries should be directed to Jessica Gilman at [Vreeland Marketing & Design: jgilman@vreeland.com](mailto:jgilman@vreeland.com) or (207) 846-3714.