

# cathleen deutscher

Owner, Teacher at Fluid Power Fitness

cathleen\_sweeney@yahoo.com

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## Experience

### **Owner, Teacher at Fluid Power Fitness**

March 2009 - Present (3 years 4 months)

Cathleen Deutscher owns and operates Fluid Power Fitness on Long Island, NY.

### **Core Fusion Teacher at Exhale Spa**

December 2002 - October 2006 (3 years 11 months)

### **Dance educator at W.C. Bryant High School**

September 1998 - June 2005 (6 years 10 months)

### **Movement for Actors Instructor at Adelphi University**

September 1996 - May 1998 (1 year 9 months)

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## Skills & Expertise

### **Performing Arts**

**Dance**

**Theatre**

**fitness training**

**creative movement for children**

**choreography and direction**

**yoga**

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## Education

### **New York University**

MFA, Dance, 1994 - 1996

### **Adelphi University**

BFA, Dance, 1991 - 1994

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## Interests

Fluid Power Fitness, Dance, Teaching Fitness, Yoga, Pilates

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[Contact cathleen on LinkedIn](#)