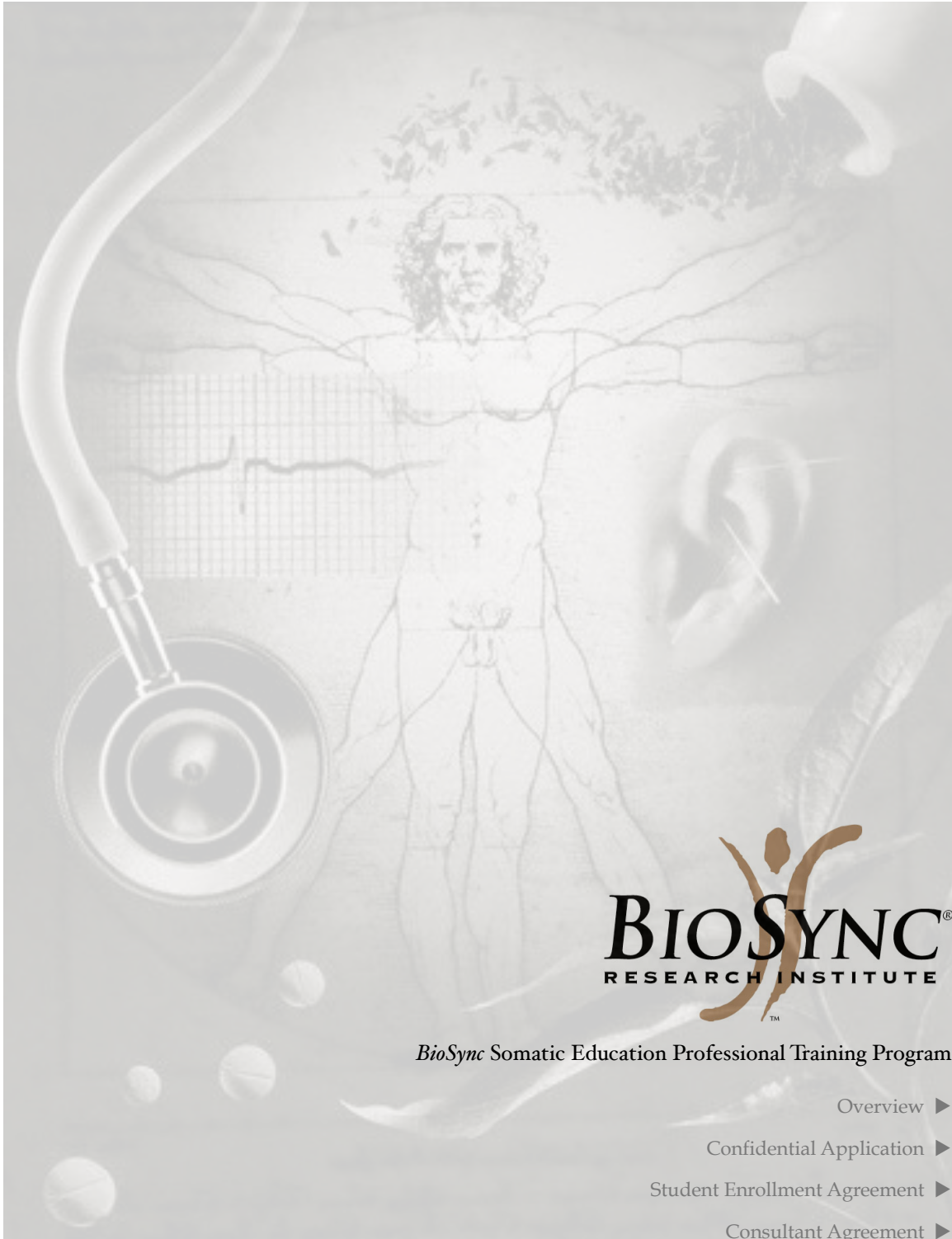


BioSync® Application

The practical approach to unfoldment.

Book 1



BioSync Somatic Education Professional Training Program

Overview ►

Confidential Application ►

Student Enrollment Agreement ►

Consultant Agreement ►

BioSync Overview

The practical approach to unfoldment.

Making a significant change in any area of life requires a three step process: acquiring knowledge, making a decision, and taking action. By reading the Certification Program overview and learning more about *BioSync* you deserve to be congratulated for taking the first step toward dramatically improving your somatic skills.

As a *BioSync* consultant you will learn a dramatically effective methodology which is a revolutionary new paradigm in bodywork and you will acquire tools which can deeply change and improve the lives of others. It is an empowering enjoyable experience and you will gain a sense of completion and leave more capable and confident as a certified *BioSync* consultant.

As you read on, I hope you will be inspired to take the second and third steps to creating the practice you deserve: make the decision to immerse yourself in an unlimited philosophy of potential and a continuous hands on learning experience.



The *BioSync* Method

BioSync is a deep-tissue approach to somatics developed and taught by Mark Lamm. It's purpose is to erase or unwind trauma memory recorded and stored in connective tissue. The multidimensional aspect of trauma is able to negatively impact both the physical and energetic bodies. "When a trauma recording is kicked in by any stimulus, the being becomes reactive, compulsive, and is in a victim, disempowered cycle, *BioSync* erases this trauma, thereby allowing the being to be empowered and free to make choices."

At the purely physical level, Mark Lamm focuses on the connective tissue. In particular he is concerned with collagen which forms into long, spiraling, triple helix threads. Ideally, these threads are flexible and elastic, soft and pliable. However, with aging and stress, a biochemical process called "collagen cross linking" occurs. As these threads become "cross linked", range of motion is reduced, joint space is decreased, and various dysfunctional conditions develop. Insurance actuaries estimate that the average person shrinks four to six inches in the average life span of 75 years. The *BioSync* process successfully addresses this constricted tissue.

There are three general principles to the physical interventions of *BioSync*: penetration, lengthening, and unwinding. Penetration is accomplished through direct physical contact, lengthening is done through manual traction, and unwinding via the consultant's movement in a spiral fashion. In actuality, these three touch and movement principles are part of a whole approach, or a greater gestalt. The *BioSync* consultant is also trained to carefully attend to the client's physiology and the sound of their voice as well as the qualities of their breathing. A *BioSync* session lasts about 2 hours. The client wears loose, comfortable clothes. There is a formal protocol so that the consultant works the entire body in a systematic pattern in each full session. However, "improvisation" of body positions, leverages, moves, directions, etc. is also foundational to a

BioSync consultant's abilities, enabling them to address specific challenges that are uniquely different with each client.

The intuitive and energetic aspects of *BioSync*, however, are absolutely critical to its practice. Through direct contact with the client, Mark Lamm is able to see with his whole being this person fully- the places where there are dysfunctions, as well as an ideal vision of the client's structure and function. Through touch and movement Mark connects energetically with the client. He becomes an extension of the client's system. "When you touch the client," says Mark, "you start by putting open hands with palms down to the body of the client with no undue force or pressure. This is a confirmation between you and the client--stay, and slowly leverage weight into your hands until you feel yourself blended and in harmony with the client's system. You may find that closing your eyes will give you a greater feel of attunement. You now have become an extension of the other person's body and can begin to work."

This is why *BioSync* is so unusual. It is a highly technical, structural work which requires a thorough knowledge of anatomy. However, the effectiveness of this work is totally dependent on the strength of the consultant's intuition, and on the energetic connection between client and consultant. These finely tuned abilities are taught and carefully nurtured by Mark Lamm in his Certification Program. Indeed, "transformational changes available in a client," says Mark, "are directly related to the philosophy, consciousness, personal experience, and tools of the consultant." Mark considers client and consultants as "partners on an evolutionary path". Each derives learning and transformation from their work together.

The Certification Program

It is our mission to create a dynamic and playful environment wherein participants explore and experience *BioSync* as both art and science, as treatment and tool, and wherein the learning interaction is one of mutuality between the participant and Mark Lamm. We have found this certification program to be an innovative and effective training mode which requires a high degree of responsibility and self-motivation from the individual.

The *BioSync* Research Institute's professional certification program takes a minimum of 12 days to complete. It consists of two six day training periods. Each day of class must be attended to receive credit toward certification. With the successful completion of the training program the student becomes certified as a *BioSync* consultant through The BioSync Research Institute which is the global humanitarian outreach of the Society of Light. Consultant status is renewable annually.

Notice: Licensing with The BioSync Research Institute is a prerequisite for pursuing *BioSync* work at every level. The Society of Light oversees the quality and integrity of *BioSync* work, and holds the right to grant or revoke the use of its internationally registered service marks, "*BioSync*" and the "*BioSync* logo". The Institute keeps all records of Students, and includes all updated information regarding level of Consultant practice. The BioSync Research Institute maintains a Consultant referral service, and publishes periodic newsletters and training schedules. Consultants, Students and Friends are invited to volunteer and participate in *BioSync* events and Institute functions and committees.

Application Procedure

Prior to applying for *BioSync* Certification Program applicants need to receive a minimum of two sessions from a currently certified *BioSync* consultant. Experience has shown that receiving a series of sessions before the Beginning training makes the learning process easier. Please contact The BioSync Research Institute Administrative office for more details and for an application only after you have met the prerequisites.

After completing the application form, send a deposit of US\$1,500 (for U.S. trainings). If you are accepted, a portion of your deposit may become nonrefundable. You will note that the *BioSync* Certification Program is expressed in terms of the minimum requirements involved to become a consultant and to maintain consultant status. Many people will need more learning experiences than these published minimums, and the program time and costs would increase proportionately. For this reason, this program is built upon close communication between consultant and instructor, in order to determine the amount and type of learning experiences that will best support the development of each person (*see supplemental fee for private training).

Program Fees

Certification Programs	\$12,200- \$17,200
* Private Certification Program Supplemental Fee	\$3,500
<i>BioSync</i> Advanced Certification Program.....	\$3,600
<i>BioSync</i> Masters Certification Program.....	\$3,000
Prerequisite Sessions with a currently certified <i>BioSync</i> consultant generally range from	\$250 to \$500
Annual consultant service mark fee.....	\$300

Consultants are required to pay annual service mark license fees. Consultant license fees are US\$300 per year, paid at the successful completion of the Certification Program and once each year thereafter to maintain consultant status (the yearly renewal period begins in January of each year). All license fees are to be paid in US funds. An annual certificate or receipt will be mailed to each consultant upon receipt of her/his complete renewal. The license fee pays for the use of The *BioSync* Research Institute service marks and for protection of the service marks. Please see the service mark guidelines section in this Handbook for more information on service marks and their importance.

Note: Requirements and costs for *BioSync* training and certification may change at any time without notice.

Continuing Education Requirements

The *BioSync* Research Institute will offer Continuing Education Trainings from time to time. These trainings will be designed to keep the consultant up to date with current standards as well as to further deepen and enhance their practice of *BioSync*. The *BioSync* Research Institute reserves the right to amend Continuing Education requirement at any time.

Evaluation

Evaluation, based on the Student's level of work as described in the Standards of Practice in the *BioSync* Manual Book 4, is in the form of a verbal and or written feedback given to the Student, and sent to the Institute office to be kept in each Student's file. Records are kept as long as the Student's membership is active, and in no case shorter than five years. No provision for English as a second language is offered.

Cancellation

If the Institute cancels a class, the Student will receive the full refund within 30 days. Prior to the first day of training, the Student may cancel submitting a written notice to the Director at the administrative office, and will receive a refund minus the registration fee of us\$100. If the Student fails to complete at least 60% of the class, s/he will be refunded, upon written request, the prorated portion of the class not attended.

*If I accept you as you are, I will make you worse;
however if I treat you as though you are what you are capable of becoming,
I help you become that.*

Goethe

Class Descriptions

Beginning Certification Training: The Student will learn the basic *BioSync* protocol. The course is designed for a student to have an unlimited philosophy of potential and a continuous hands on learning experience. The course provides solid grounding in the practice of *BioSync*, clear and detailed instruction, visual and kinesthetic demonstration, and organic “hands on” learning. As a *BioSync* student you will learn: Theory, Philosophy, Methodology, Healing Concepts, Use of Chi, Physical and Emotional Anatomy, BioMechanics and BioDynamics, Silent Language, Improvisation, Innovation and Evolution.....while personally experiencing the power of the work. This training includes lectures, demonstrations, and practice in triads under the supervision of Mark Lamm and assistants.

Anatomy and Physiology: Although not required at this time, a course in anatomy and physiology is strongly recommended. Please contact your local college/university or the *BioSync* Research Institute for a referral.

Advanced Training: After completing the required Certification Program, the Advanced Training will further enrich the Consultant's *BioSync* skills learned in the Certification training as well as provide a further and more profound repertoire of intuitive instruction in *BioSync*.

Masters Training: After completing both the Beginning Certification Training and Advanced Training Programs, the consultant may elect to refine their tools and skills even further, exploring a rich theoretical understanding of the human spirit as it relates to *BioSync* Somatic Education.

Notice: The *BioSync* Method is not involved in treatment or diagnosis of disease, nor does it substitute for medical treatment when such attention is needed, desired or required. One who performs *BioSync* does not treat, prescribe, or diagnose an illness or any other physical or mental disorder. Nothing said or done by one who practices *BioSync* Somatic Education should be misconstrued to be such. Whenever there is any suspicion or indication of physical or mental disorder, it is imperative that a physician be consulted before the consultant initiates *BioSync*. While *BioSync* may provide relief from physical or emotional symptoms, it is not intended to replace the advice or treatment of a licensed physician.

BioSync Course Summary

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The BioSync Certification On-Site Program:

Approximate Program Cost and Hours	Cost	Hours
2 Pre-Training <i>BioSync</i> Sessions (Approximated).....	\$1,000.....	(4)
Part I Training (12 days).....	\$12,200.....	.84
Anatomy & Physiology course strongly recommended.....	.0.....	.0
After Program follow-up with Mark Lamm.....	.0.....	.12
Consultant License Fee.....	\$300.....	
Totals:	\$13,500.....	.96

The *BioSync* Certification Fees *include* the approved *BioSync* devices - Arch, Posture Seat, and Extension.

The BioSync Certification Off-Site Program:

Approximate Program Cost and Hours	Cost	Hours
4 Pre-Training <i>BioSync</i> Sessions (Approximated).....	\$2,000.....	(12)
Part I Training (14 days).....	\$17,200.....	.98
Anatomy & Physiology course strongly recommended.....	.0.....	.0
After Program follow-up with Mark Lamm.....	.0.....	.12
Consultant License Fee.....	\$300.....	
Totals:	\$19,500.....	.110

The *BioSync* Certification Fees *include* the approved *BioSync* devices - Arch, Posture Seat, and Extension.



The BioSync Advanced Certification Program

Approximate Program Cost and Hours	Cost	Hours
Part II Training (6 days).....	\$3,600.....	.42
Totals:	\$3,600.....	.42

The BioSync Masters Certification Program

Approximate Program Cost and Hours	Cost	Hours
Part III Training (5 days).....	\$3,000.....	.35
Totals:	\$3,000.....	.35

Notice

* Supplemental fee may apply

**Requirements and costs for *BioSync* trainings and certification may change at any time without notice.

2. Describe the one specific thing you most want to learn, change or reinforce in your life/body.

3. What are your goals for this Program?

4. How would you know if you achieved your outcomes from this Program?

5. What are you grateful for in you life?

BioSync Student Agreement

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Introduction

This enrollment agreement supports your training, education, and investment in the *BioSync* Somatic Education process. It also enables *BioSync* practitioners throughout the world to trust that their peers are practicing at a consistent and excellent level. Both the public and the *BioSync* practitioner community can expect this consistent and excellent level of practice from any currently certified *BioSync* practitioner. This support, in turn, nurtures and builds a global sense of community between all practitioners and clients.

As a BioSync Research Institute student, I understand that:

1. I will receive training in the practice of *BioSync* and completion of the training program does not guarantee practitioner status nor a license to use the *BioSync* service marks.
2. If I complete the training program and receive a *BioSync* service mark usage license that license is renewable annually. This renewal is dependent, in part, upon my compliance with the BioSync Research Institute Standards of Practice, Code of Ethics, and Service Mark Guidelines.
3. Failure to comply with Standards of Practice, Code of Ethics, and/or Service Mark Guidelines may result in revocation of my license to use the BioSync Research Institute's service marks.
4. I will be receiving work and providing work in the context of learning and I understand there may be emotional releases and these emotional releases can be a learning experience for myself, my peers, and the instructors.
5. I may be dismissed from class and/or the training program at any time if and when I become disruptive in any manner and I agree to refrain from using recreational drugs or alcohol during the training program
6. BioSync Research Institute will provide instruction in accordance with BioSync Research Institute Standards of Practice, Standards of Instruction, Published Curriculum, and Code of Ethics. BioSync Research Institute will provide the *BioSync* training manual and *BioSync* handbook. BioSync Research Institute will provide *BioSync* authorized devices: Arch, Posture Seat, and Extension.
7. BioSync Research Institute reserves the right to change training program requirements, service mark usage requirements and all fees at any time.
8. BioSync Research Institute holds the copyright for all training materials.

As a BioSync Research Institute student, I agree that:

1. All fees are to be paid 2 weeks prior to first day of the training program.
2. I will comply with BioSync Research Institute Code of Ethics.
3. I will maintain appropriate sexual boundaries during the training program.
4. I will not use the *BioSync* service marks in any way.
5. I will not represent myself as a *BioSync* practitioner and I will not practice *BioSync* outside the authorized training room and context.
6. I will be committed to being totally present, attentive, through out the entire training.
7. I claim that I am physically and mentally able to attend and fully participate in the training.
8. I will not teach *BioSync* in any manner whatsoever.
9. I will not copy or share in any manner whatsoever BioSync Research Institute training and instructional materials.

Further,

10. I understand, accept, and receive Mark Lamm's and any other authorized *BioSync* Instructor's authority to evaluate my work and to remove my right to use the *BioSync* service marks if and when I am licensed to use these marks.
11. I testify that I have received a minimum of two *BioSync* sessions from currently certified *BioSync* practitioners and that I have read the BioSync Research Institute Certification Program document.

Applicant's Signature

Date

BioSync Consultant Agreement

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Introduction

This consultant agreement supports your investment in, and professional practice of the *BioSync* Somatic Education process. It also enables *BioSync* consultants throughout the world to trust that their peers are practicing at a consistent and excellent level. Both the public and the *BioSync* consultant community can expect this consistent and excellent level of practice from any currently certified *BioSync* consultant. This support, in turn, nurtures and builds a global sense of community between all consultants and clients.

As a consultant I understand and agree:

1. In order to use the registered BioSync Research Institute service marks, an annual service mark renewal fee and signed agreement is required.
2. My license to use the BioSync Research Institute service marks may be revoked at any time if I do not comply with the Service Mark Guidelines, Code of Ethics, Standards of Practice, and Continuing Education Requirements.
3. I must carry professional liability insurance (US consultants only) and must provide proof of such with my annual renewal.
4. I will not teach *BioSync* in any manner whatsoever, in any context whatsoever, without the express written approval of BioSync Research Institute.
5. I have read and comprehended and will uphold the Service Mark Guidelines, Code of Ethics, and Standards of Practice as stated in the *BioSync* Manual Book 4.
6. The BioSync Research Institute may change it's Standards of Practice at any time.
7. The BioSync Research Institute may change it's continuing education requirements at any time.

As a consultant I understand that The BioSync Research Institute will:

1. Protect the integrity of "*BioSync*" and the "*BioSync* Logo" Service Marks.
2. Protect the integrity of The *BioSync* Method, by establishing, maintaining and enforcing professional standards of practice.
3. Develop, coordinate and regulate the teaching of *BioSync* Somatic Education and encourage the continuing professional development and personal growth of its consultants.
4. Support, encourage, and promote the expanding use and recognition of *BioSync* Somatic Education in the world.
5. Maintain a referral service for consultants worldwide via <http://www.biosync.com>
6. Make available consultant support materials.

Consultant Signature

Date



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Email: info@biosync.com
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BioSync and the *BioSync* logo are pending or complete registered service marks of The Society of Light. Registration of these marks in most nations which accept such registration is either pending or complete.

This catalog covers the year 2010. Requirements and costs for *BioSync* training and certification may change at any time without notice.