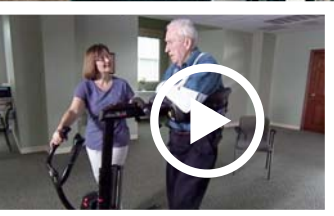


a smart move.

# rifton TRAM



See the TRAM in action. ▶ Watch the 3 minute video at [www.rifton.com/tram](http://www.rifton.com/tram)



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# The Rifton TRAM

**The Rifton TRAM is a transfer and mobility device** designed for the safety, convenience and dignity of both patient and caregiver. Offering more utility for less cost, the TRAM seamlessly performs seated transfers and raises a patient for standing and supported ambulation.

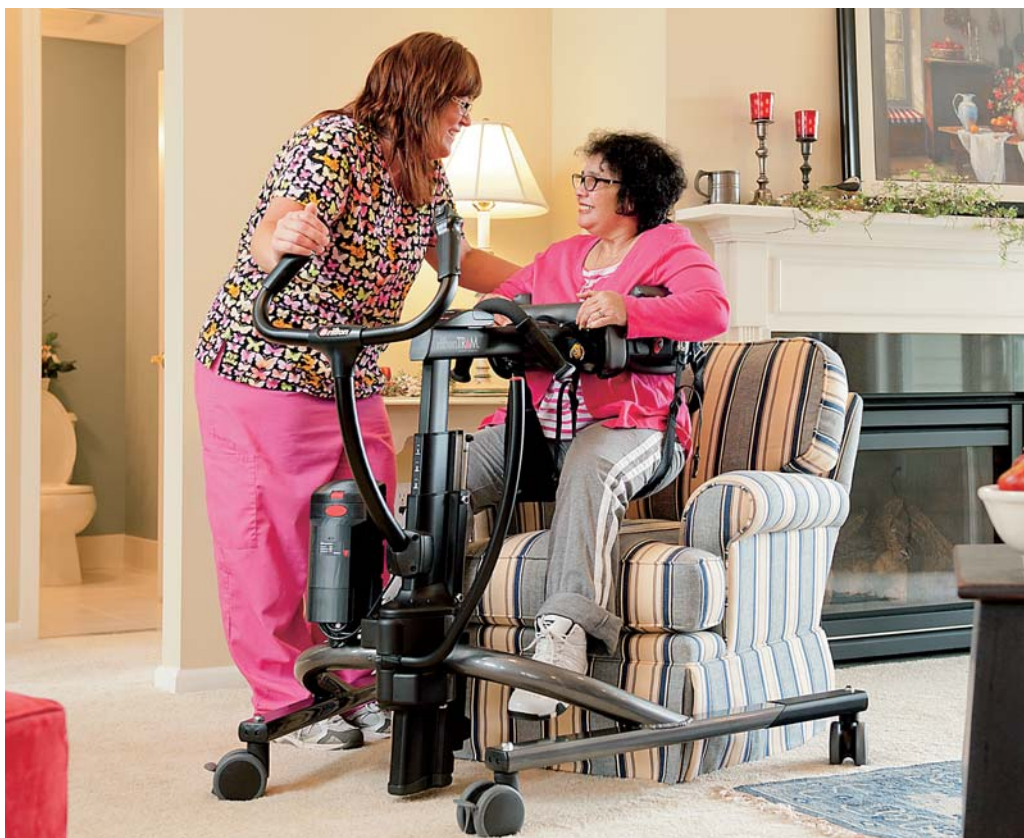
Capable of lifting and transferring patients of varying abilities and body types, the TRAM features an innovative, patent-pending, support system that secures the patient with a simple buckle. This enables the caregiver to quickly prepare the patient for a safe transfer.

At just over seventy pounds, the TRAM's compact, ultralight frame is maneuverable in small or confined areas, as well as simple to transport or store. Quickly adoptable by multiple caregivers, the TRAM's intelligent engineering significantly reduces back strain and stress – providing a smarter and safer environment for workers.

“**The TRAM is very easy to use** and provides significant flexibility and versatility. It offers both **weight-bearing and ambulating capabilities, as well as transfer functionality.** The TRAM really is three pieces of equipment in one—at a very **competitive price.**”

**Charles Schramm, OTR/L**

Consulting Therapist for Residence Division  
Center for Disability Services



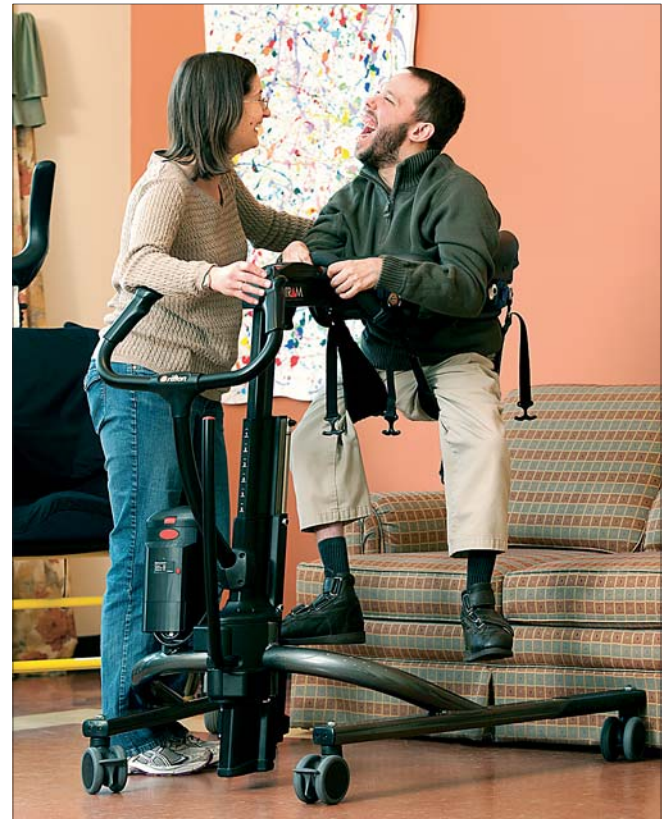
## In-home Healthcare Solution

The single most frequently cited reason for entering assisted living is toileting difficulties. The TRAM makes toilet transfers safe and quick for the caregiver or spouse. Furthermore, its versatility makes the TRAM the perfect sit-to-stand solution for the patient who needs help getting up or support while walking. Compact and agile, the TRAM is ideal for in-home healthcare.

# Three Powerful Functions in One Device

## 1. Seated Transfers

A carefully engineered telescoping lift column gives the TRAM its low profile, providing patients with the security and dignity of unobstructed eye contact with their caregivers and surroundings.



## Optional Scale

The TRAM's optional scale allows the caregiver to weigh a patient as part of the transfer (without extra steps), as well as determine their weight-bearing capabilities.



## 2. Sit-to-Stand Transfers



### Sit-to-Stand for Health

The ability to transition between sitting and standing is critical for a patient's independence and health.

The TRAM's walking saddle makes it easy for a caregiver to assist a patient with movement—regardless of the caregiver or patient's size. With the TRAM, the transition from sitting to standing, and back down again, is both safe and simple.

### 3. Supported Ambulation



#### Walking Safely with Support

Equipped with a comfortable walking saddle, the TRAM provides safe, supported ambulation without using additional floor space or staff. The saddle eliminates a patient's fear of falling, allowing for increased focus on essential tasks, while maintaining or regaining the ability to walk. Whether for daily exercise or more demanding rehab, the TRAM's combined sit-to-stand and supported walking functions make it essential equipment for the home or institution.

## Toileting and the TRAM

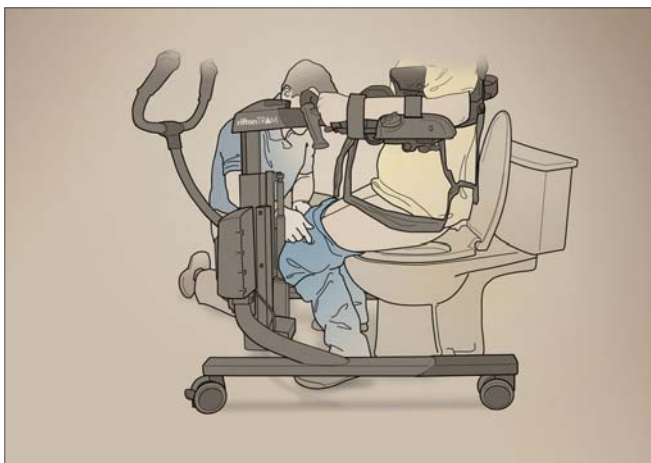
With no under-body slings to get in the way, the TRAM is the ideal device to help toilet patients of all abilities. While caregivers will always find their own best methods for toileting a patient, here is one suggested method for patients with some ability to bear weight.



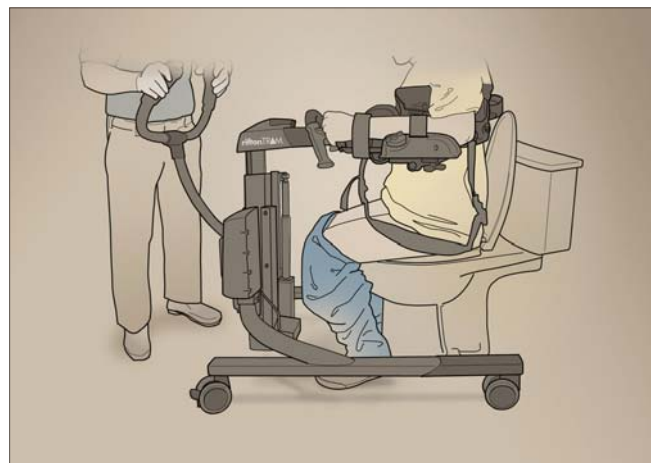
1. Position the patient in the device over the toilet seat leaving enough room to adjust clothing. Lock the brakes on the TRAM's front casters.



2. Loosen and remove the supporting straps one at a time so the patient's feet are touching the floor and bearing some weight. The body support pads and patient's arms will bear the balance of the weight.



3. Adjust clothing for toileting.



4. Using the TRAM switch, lower the patient onto the seat. Stabilized and secure in the TRAM, patients are afforded the dignity of private toileting.

# Steps to Transferring in the TRAM

## Using thigh straps for a seated transfer:



**1. With the patient sitting up and arms raised slightly**, position the TRAM's body support system (BSS) pads around the patient's rib cage a few inches below their armpits.



**2. Secure** snugly with the buckle.



**3. Attach thigh straps** (gray side up) to one of the colored clips along each side of the BSS. For patients with lower tone, choose a hook further back for greater support. Pull straps snugly, making sure both thigh pads are positioned under the patient's thigh and adjusted equally.



**4. Raise patient.** Watch closely to make sure patient remains comfortable and does not sag. Move patient to transfer location. TRAM legs can be contracted for travel. Engage the caster swivel lock to roll in a straight line. Disengage swivel lock for lateral maneuvers.



**5. Gently lower patient onto seat.** Once seated, avoid lowering too much so BSS doesn't push down on hips. (The TRAM will automatically power off and beep if it meets resistance.) Unclip the back ring on the thigh straps and pull straps out from under patient. Then release back buckle.

## Using walking saddle for sit-to-stand or walking:



**1. Position walking saddle** under patient, either by lifting patient using the first three steps of the thigh strap transfer at left, or by folding saddle, shifting patient to one side and positioning saddle under patient one half at a time.



**2. Attach walking saddle rings** to the colored clips on the BSS.



For optimal positioning, the front and rear straps should cross, with front straps attached to the rear of the BSS as shown in the photos above.



**3. As you raise the patient,** pull TRAM gently toward you to mimic the natural sit-to-stand arc. Watch closely to make sure patient is comfortable and well supported throughout the lift.



**4. Adjust TRAM height** so patient can walk comfortably; BSS should not be positioned too high under the armpits (shorten walking saddle straps as necessary) and patient should be able to grab handholds without leaning too far forward. Check to make sure the saddle is positioned under the patient as shown.



# Accessories to Customize Your TRAM



**The TRAM's optional scale** allows the caregiver to weigh a patient easily during a routine transfer, eliminating that special transfer just for the purpose of weighing. In addition, during supported ambulation the scale can measure how much weight the client is bearing, allowing the caregiver to measure and track weight-bearing capability and progress.

Note: The scale option must be chosen at the time of the original purchase. It cannot be added later.



**Direction locks** for the casters make it possible to roll the TRAM straight down the hall without drifting laterally. The locks can be inserted into any or all of the four casters, although two should be sufficient to ensure a straight path. With the lock released the casters are free to swivel, allowing for maneuvers into tight spaces.



Dimensions (inches)	K305 small	K315 large
Padded surface area	4½ x 7	5 x 8½
Range of adjustment (elbow to fist)	8–12½	10½–16

**Forearm supports** are used to give extra lifting support for clients who have low tone or for clients who need their arms secured. The supports allow adjustments in every direction and angle to accommodate numerous positioning requirements.



User dimensions (inches)	
<b>Key user dimension:</b> half of thigh circumference.	
K556 small	K558 large
4–8	8–14

**The walking saddle**, available in two sizes, is used for sit-to-stand transfers and supported ambulation. Quickly hook up the walking saddle by attaching the rings to the color-coded clips. Note that the walking saddle fits the patient best when the straps are crossed as shown in the photo.



**Thigh straps** are used to make seated transfers. One set comes standard with each TRAM. Additional sets can be purchased to accommodate cleaning schedules. Made of water-resistant, coated nylon the straps are quickly attached to the TRAM's color-coded clips.

# Features of the TRAM



## Body support system

Rifton's TRAM features an innovative support system that secures the patient with a simple buckle. This simplicity enables the caregiver to prepare the patient quickly for a safe transfer.



## Optional scale

The TRAM's optional scale allows the caregiver to weigh a patient easily during transfer, as well as measure weight-bearing capability and progress. During supported ambulation the scale can measure how much weight the client is bearing.



## Color-coded clips

Caregivers can quickly hook the metal rings into one of the TRAM's four clips. The clips have been color-coded for positive identification in written protocols for each individual patient.



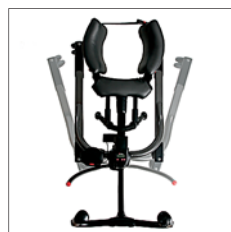
## Built-in up/down switch

Raise and lower the TRAM using the single button built into the right steering handle.



## Three stage riser

The carefully engineered, telescoping lift column gives the TRAM its low profile, providing patients with the security and dignity of unobstructed eye contact with their caregivers and surroundings. The TRAM can be raised high enough to support a 6'4" walking client and then retract down to 43½" for compact storage.




## Leg expander

Compact and low-profile, the TRAM can pass through a 30" doorway with ease. Transfer in and out of the new, wider wheelchairs by rotating the leg expander. Lockable front casters make the TRAM mobile, yet secure.

# How to Buy






- 1. Select the frame model** (scale or no scale). Includes two thigh straps, one battery and one battery charger.
- 2. Choose** a power supply cord.
- 3. Select** additional accessories as your needs require.
- 4. Add** up the total cost and place your order.
- 5. Call** us any time at **800.571.8198** if you need assistance. We're always here to help.



User dimensions (inches)		K310
Girth		22 min–60 max
	<b>Key user dimension: girth</b>	
	<b>Important:</b> User's weight and height must not exceed maximum	
Item dimensions (inches)		K310 TRAM
Overall length		45½
Overall width		27½
Overall height		43½ (min)–58 (max)
TRAM weight		70 lbs
Turning diameter		50
Floor to top of base leg for furniture clearance		6¾
Min. user armpit height (when standing or ambulating)		30½
Max. user height (when standing or ambulating)		76
Max. working load		350 lbs



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		K310		
Required components	<b>Frame</b> includes two thigh straps, one battery and one charger	CHOOSE	Frame with Scale K301 \$3,800 <input type="checkbox"/>	
			Frame K302 \$3,200 <input type="checkbox"/>	
Charger power cord		CHOOSE	American standard K303 \$50 <input type="checkbox"/>	
			European standard K304 \$50 <input type="checkbox"/>	
Optional Accessories	<b>Forearm supports</b> (pair)		CHOOSE	Small K305 \$375 <input type="checkbox"/>
				Large K315 \$425 <input type="checkbox"/>
	<b>Walking saddle</b> (recommended for standing and walking)		CHOOSE	Small K306 \$200 <input type="checkbox"/>
				Large K316 \$225 <input type="checkbox"/>
	<b>Additional battery</b> (recommended for institutional use)			K307 \$110 <input type="checkbox"/>
	<b>Additional thigh straps</b> (pair)			K308 \$60 <input type="checkbox"/>
<b>Direction lock</b>		CHOOSE	Single K309 \$75 <input type="checkbox"/>	
			Pair K319 \$150 <input type="checkbox"/>	
<b>Total</b>		<b>K310</b>	<b>\$ _____</b>	



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# riftonTRAM

Each Rifton TRAM is designed, hand assembled and tested in our U.S. facilities. And as with all our products, we stand behind our work one hundred percent.

Call us. We'd love to discuss how the Rifton TRAM can meet your unique needs. Our customer service team can be reached at **1.800.571.8198**.

### Ideal for transferring, toileting and supported walking of:

- ▶ Non-ambulatory adults with developmental disabilities
- ▶ Geriatric patients in skilled nursing facilities or the home
- ▶ Post-op patients in the ICU for supported early mobilization

**a smart move.**



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