

Unique Hoodia Review | A Compilation of Other Reviews

Unlike other unique hoodia reviews that are often incomplete, I've made sure to include everything and anything that I would have wanted to know when I was first introduced to this brand.

[Read my REAL user experience here](#)

What Is Unique Hoodia?

According to the official website and other unique hoodia reviews, this diet pill is a natural/herbal appetite suppressant that is **100%** made from pure, unaltered, South African Hoodia Gordonii.



It's weird looking isn't it?

How Does it Work?



Like any other hoodia diet pill advertised on the market, Unique hoodia also relies on a molecule called **P57** to help you suppress your appetite. If you've never heard of P57 before, I recommend you go check out my post on how hoodia gordonii works.

**YOU GET 30%
FASTER ABSORPTION WITH BIOPERINE
FOR MASSIVE
AND RAPID WEIGHT LOSS**

In addition, Unique hoodia now comes with added bioperine, which improves absorption rate. Making the pill much more effective than its previous generation.

Order Yours Today

Are There Any Side Effects?

None that I know of (haven't actually experienced any). But I did see some mentions of how unique hoodia would affect certain individuals from a general health review site. For instance, if you're currently diabetic, don't take this weight loss pill without first consulting with your doctor. Because hoodia gordonii does have an effect on your blood sugar levels.

Also, if you're currently taking medications for other things, then don't take unique hoodia until your off medication. Again, preferably you'll want to consult with your doctor first.

The last possible side effect that I discovered through another unique hoodia review blog was that P57 also affects thirst. Though I haven't noticed anything myself when I was taking it, I'd just like to remind you that drinking water on a regular basis is very important for your survival and health.



Note: A good way of knowing whether or not your dehydrated is to press on the palm of your hand and see how much time it takes for it to go from white to regular color (the slower it is, the less hydrated you are).

Does Unique Hoodia Work?

Most definitely! [Read my REAL user experience here.](#)

As I've explained on my post on how to avoid hoodia diet pill scams (make sure you've read this), it is **SUPER IMPORTANT** that you remember the following: only South African Hoodia Gordonii has been shown to possess a strong appetite suppressant effect (high amount of P57). And not just any company can get their hands on that good stuff.



Unique Hoodia Review – Pros|Cons

Pros:

- Reduces hunger like no other appetite suppressant on the market
- Very few or almost no side effects (depends on individual)
- Contains 100% Hoodia Gordonii from South Africa
- No fillers
- Added bioperine for increased absorption of P57
- 495mg of pure Hoodia Gordonii (strongest dosage on market)
- Comes with a 180 day money back guarantee
- Everything is natural

Cons:

- You still need to eat healthy foods (though exercising is optional but for fast weight loss, I highly recommend it)
- Does not help those who are suffering from emotional eating (binge eating = talk to your doctor fast!)

How many pills should I take per day?

During my first month, I simply took 2 pills per day, one before lunch and one before dinner. The maximum dosage is 3 pills per day (morning, afternoon and evening). Many unique hoodia reviews (including mine) agree on the fact that dosage can vary from one person to another but essentially the main meals where you want to cut back on calories will be lunch and dinner.

Is the pill hard to swallow?

Not really... And if you've ever taken omega-3 pills then you'll be fine. Besides, the company made sure to make the supplement as small as possible while packing the most effect in one dosage.

[Click Here To Read More Unique Hoodia Reviews & Testimonials From The Official Website](#)



Size...small

Where Can You Buy Unique Hoodia?

As for right now, you can only buy unique hoodia online. Click below to go their Official Website.

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