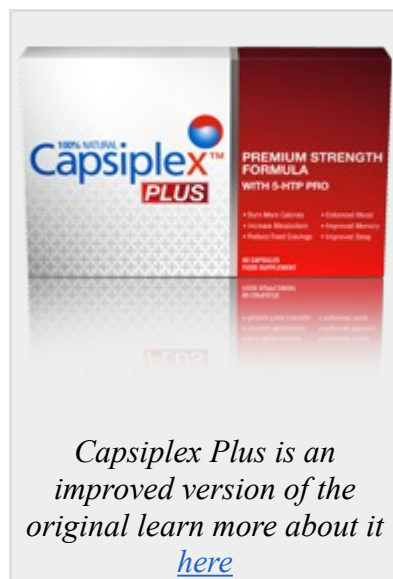


# Capsiplex Reviewed | My Unbiased Version



Before you begin reading my [Capsiplex review](#), it is important that you understand that Capsiplex, unlike Unique Hoodia is considered a [fat burner](#).

## What Other Capsiplex Reviews Don't Want You To Know

Originally, I too had thought that Capsiplex was an appetite suppressant. It had to be because every other Capsiplex review on the web was saying so! They'd write something like "appetite suppressant" in the pros or advantages section of their review.

**Personal Rant:** They could've at least written "PARTIAL appetite suppressant" instead of leaving it up to me to find out by myself. (GEEEEZZ!)

## The Truth Behind Capsiplex

For me, it was only after taking it for a week that I quickly realized the truth. In reality, Capsiplex can't even begin to compare to Unique Hoodia when it comes to [natural appetite suppressants](#).

But don't get me wrong here. Many Capsiplex reviews out there including mine agree on the fact that this is still a good weight loss pill.

In fact, I still managed to lose weight despite feeling hungrier than when [I was using Unique Hoodia](#). I just had to make some last minute adjustments to my lifestyle.

As a result, I lost a solid **10 lbs** during my 1st month of using Capsiplex. I probably could've lost more if not for that one wasted week where I had to experience the truth by myself and then plan out the changes.

[Find out what I did with Capsiplex to lose 10 lbs in 1 month.](#)

Putting aside what other Capsiplex reviews have to say about this diet pill being an appetite suppressant, the rest of it is very true.

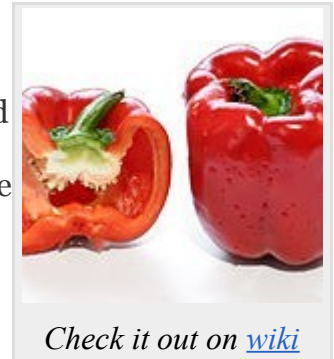
## So What is Capsiplex?

Capsiplex is a natural fat burner that contains high concentrations of **Capsicum** extract in each pill. For those of you who don't now, Capsicum is just a type of red pepper fruit.

## So How Does It Work?

I don't know how to explain all the biochemistry and geeky stuff behind how Capsiplex diet pills work but according to other Capsiplex reviews that I've found, the working compound, which is actually the core of the diet pill is an alkaloid called [Capsaicinoids](#).

This naturally occurring compound is also the reason why you feel an itchy/burning sensation when you eat spicy food. In a sense it is the "magic ingredient" that is responsible for increasing your metabolism.



[Click Here For Capsiplex Clinical Studies](#)

## Is This For Real?

I know this is can be hard to believe, I had my own doubts about Capsiplex because unlike my first successful diet pill ([unique hoodia](#)), I had no one close to me to tell me if this worked or not. It was only after learning more about the ingredients used that I was convinced that Capsiplex would work.

## Capsiplex Ingredients – A Quick Review

Here's the list with a short description of what each ingredient does:

**Capsicum Extract:** As I've already explained, this is the core of the formula. But just as a reminder, Capsicum basically increases your metabolism and favors caloric expenditure rather than storage.

**Caffeine:** We've all heard about caffeine at some point in our lives. Caffeine is used for increasing [lipolysis](#) and fat oxidation. Plus the added benefit of improved alertness and concentration levels.

**Piperine:** It's basically an extract from black pepper and it enhances absorption of nutrients. And if you Google it, you'll see that there are tons of research already supporting the the benefits of this little alkaloid.

**FYI:** The Bioperine used in Unique Hoodia to increase bioavailability (absorption rate) is a standardized version of piperine. Both basically come from black pepper extract and do the same thing.



**Niacin:** This last ingredient is also commonly known as Vitamin B3. The job of this vitamin is to help release the energy from the macro-nutrients you eat (carbs, proteins, fats) by making your body more efficient at using them.

So that's pretty much it. As you can see from this mixture of ingredients that this weight loss supplement is no joke!

Anyways, you can keep looking for more Capsiplex reviews online (until you're satisfied), but I've pretty much summed up what most of them out there will tell you.

**==>Visit The OFFICIAL Capsiplex Website Here<==**

For some reason, I made my Capsiplex review super long... You can read the rest about this appetite suppressant here.