

V with Nikki Vilella & Emily Stone VISVAMITRASANA

Volume 1 of the Sage Series

Book Launch Party & Tandem Class

Come celebrate with Nikki Vilella and Emily Stone as they launch their first book with a free class and party the evening of Saturday, Nov. 3rd at Kula Williamsburg.

Nikki will teach the creative Visvamitrasana sequence she developed for the book, and Emily Stone will reveal what we can learn from the sage Visvamitra and how to discover the “sage presence” in ourselves.

Space in class is limited. RSVP to nikki@kulayoga.com.



Saturday, Nov. 3rd

7-8:45pm Class with Nikki & Emily

9-10pm Launch Party

with Shanti Shack Refreshments

Purchase this Audio/Video E-Book at the Front Desk or Learn More at Inflexion.com/Visva