



## *About Roberta Shapiro, M.ED., LCSW....*




**Billboard Ranked New Age Meditation CD Creator**, Roberta Shapiro, is the creator of The Calming Collection, providing simple, direct solutions for dramatically reducing anxiety through the use of mindful meditation and hypnosis to more rapidly produce deep healing relaxation, profound relief of stress and anxiety and more rapid, lasting achievement of one's goals.

### *...in health care*

Roberta Shapiro is a renowned psychotherapist in private practice in Florida as well as a member of the American Society of Clinical Hypnosis, The National Board of Certified Clinical Hypnotherapists, the American Psychotherapy and Medical Hypnosis Association and the 2003 Marquis Edition of Who's Who in American Women. She is the author of Birth Pains.

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