



PRESS RELEASE

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Billboard Ranked New Age Meditation CD Creator, Roberta Shapiro, Introduces Free Help With Anxiety Tool

(Miami Beach, FL) December 3rd, 2012- Miami Beach native and Calming Collection creator, nationally renowned psychotherapist, Roberta Shapiro, launches the “Goodbye Anxiety, Goodbye Worry Blog”—a free resource and addition to “The Calming Collection.”

“I am pleased to announce the launch of goodbyeworry.com. A blog aimed to give people a source to deal with sleep disorders, excessive worry, and anxiety issues,” said psychotherapist, Roberta Shapiro, M.Ed. “In addition to my latest CD, Goodbye Anxiety, Goodbye Fear, my blog is aimed to help people deal with every day stressors, such as excessive worry caused by the poor economic climate, loss of sleep due to worry, or most anxiety issues.”

Please visit Roberta Shapiro’s blog at goodbyeworry.com.

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