





At Maan Health, we believe there's a definite connection between our diet, lifestyle and our wellbeing. Life can be hectic. Some days there isn't enough willpower to say no to a craving or enough time to get the proper nutrition your body needs for optimal health and wellness. A healthy diet isn't about deprivation or obsession, rather attaining balance through natural, smart choices. Maan Health products offer a variety of healthy, natural, smart selections that not only taste great but are good for you. We canvass the world for the most effective natural remedies and rejuvenating superfoods, so you can reap the healthy rewards. Maan Health products are made to work seamlessly with your busy lifestyle and accompany you on a journey towards a balanced, healthy, active life. Simply put, Maan Health gives you optimal nutrition within reach. We make healthy yummy!

Let nature be your solution in the quest to feel good and live healthy. Maan Health is your lifelong partner in wellness, creating healthy and natural products to rejuvenate your body and invigorate your mind. We trust in the healing power of our own bodies, especially when powered by restorative ingredients from Mother Earth. We want to delight you with our range of low calorie, no sugar, low glycemic load, non GMO healthy supplements. Our products embrace time-proven European, Ayurvedic and Traditional Chinese Medicine, used safely and effectively for centuries. We also incorporate the latest encapsulation and extraction techniques to deliver nutraceuticals such as probiotics, antioxidants and omega-3 effectively.

Enrich and strengthen your body with vitamins and nutrients derived from plant sources that work in harmony with your body's own ability to regenerate and thrive. Maan Health provides you and your whole family with safe products that are free of artificial dyes, pesticides, added sugars, allergens, hormones, chemical emulsifiers, trans fat, genetically modified components and preservatives. Our products are made in the United States under the most stringent quality standards, using only the freshest, most natural, premium ingredients.



Cocoa Antidotes

SYMPTOM TARGETED REMEDIES

"Let food be thy medicine" said the ancient Greek physician Hippocrates. At Maan Health, we're answering his call. Our Cocoa Antidotes begin with the powerful nutritional benefits of raw cacao. We blend in therapeutic dosages of herbal, fruit and vegetable extracts to create wonderfully exotic and restorative chocolates rich in rejuvenating natural flavonoids, vitamins and antioxidants. By combining the most effective elements of traditional and modern herbalism from around the world with high potency nutraceuticals, Cocoa Antidotes are the perfect remedy for those looking to indulge their senses while enhancing their health and wellbeing.

For the best results, place the Cocoa Antidote on your tongue and just let it melt. This method is called buccal delivery through which the beneficial ingredients are rapidly released and absorbed into your bloodstream instead of having to go through your digestive system.

- 🌿 **Effective medicinal herbs**
- 🌿 **High-potency nutraceuticals**
- 🌿 **Made with organic ingredients**
- 🌿 **All natural and vegetarian**
- 🌿 **No sugar, artificial sweetener added**
- 🌿 **Low calorie • Low glycemic Load**
- 🌿 **No trans fat • No cholesterol**
- 🌿 **Lactose free • Allergen free**
- 🌿 **Tooth friendly**



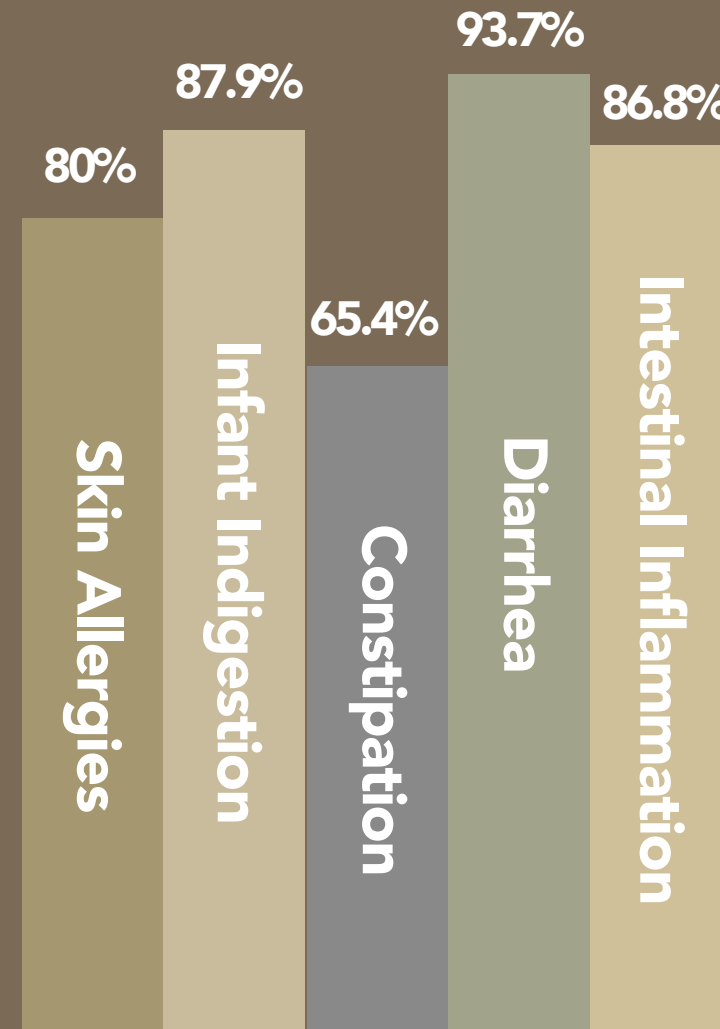
- 06 | **DIGEST** Multi-Enzyme & Probiotics
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DIGEST

MULTI-ENZYME &
PROBIOTICS

1. Reduce swelling, edema and inflammation
2. Promote healthy intestinal flora with good bacteria (probiotics)
3. Regulate the secretion of bile and stomach acids
4. Improve digestion and body's absorption of nutrients



EFFECTIVENESS RATE

The above data are cited from clinical reports of 567 subjects by Terumichi Kuniya, Pediatric Clinic of Shinko hospital, Kobe; Jetsuo Nitta, Medical Clinic of Kugason Hospital; Goro Koide, Pediatric Clinic of Kanto Teishin Hospital; Michio Ogasawara, Medical Clinic of Kahoku Hospital; Sumumu Nakazawa, Pediatric Clinic of Ebara Hospital

GREAT FOR:

People with irritable bowel syndrome, bloating, constipation and indigestion

The full spectrum Digest Cocoa Antidote formulation include anti-spasmodic, anti-inflammatory, bulking (fiber) agents along with probiotics and digestive enzymes to enhance the digestive process, easing indigestion, constipation, bloating, diarrhea and other abdominal discomforts.

Sufferers of intestinal flora imbalance and Candida (yeast infections)

Everyone's body is host to Candida, a type of yeast. Taking antibiotics and overconsumption of yeast-feeding food such as simple carbohydrates, sugars, milk and alcohol encourage Candida overgrowth. Probiotics are of special importance in improving healthy intestinal flora and pH balance.

Patients with swelling from surgery or sports injury

Powerful natural enzymes and anti-inflammatory agents in Digest Cocoa Antidotes reduce swelling, ulcers, hay fever, edema after surgery or injury. The German Commission E approved bromelain, a principal ingredient in Digest, to treat swelling and inflammation after surgery, particularly sinus surgery.



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KCAL

SUPPLEMENT FACTS
Serving Size 1 Piece
Serving Per Container: 24

Amount Per Serving		% DV
Calories 35	Effective Calories 29	
Total Carbohydrate 4 g		1%
Dietary Fiber 1 g		2.83%
Effective Carbs 0 g		
Sugars 0 g		
Trans Fat 0 g		0%
Cholesterol 0 mg		
Proprietary Blend 568 mg		
Bacillus coagulans (probiotics), Peppermint oil, Perilla, Artichoke, Fu Ling (Poria), Bromelain, Aged orange skin, Ginger, Papain, Inulin, Lotus Leaf extract, Coconut flakes.		

* Percent Daily Values (DV) are based on a 2,000 calorie diet.

DIGEST Multi-Enzyme & Probiotics

Bromelain, papain, bacillus coagulans, inulin, lotus leaf extract, aged orange peel skin, perilla, poria, artichoke, peppermint oil, ginger, coconut flakes, organic chocolate solids, vanilla, organic cocoa butter, xylitol, organic soy lecithin, stevia.

Our minty Digest Cocoa Antidotes contain natural digestive enzymes bromelain, papain as well as 1 billion CFU of active probiotics. A proprietary herbal blend of peppermint oil, zesty orange peel skin, ginger, lotus leaf extract, poria and perilla increases the effectiveness of this formulation. Gastrointestinal complaints as well as swelling, pain and inflammation from sport injuries and surgeries can be effectively improved.

DIGEST Multi-Enzyme & Probiotics

A healthy digestion is vital to our continued health. With that in mind, Maan Health created these gourmet, sugar free mint chocolate supplement, sprinkled with natural coconut flakes that facilitate a good digestive system.

Bromelain

Bromelain enzyme is extracted from the stems of pineapples and helps break down protein digested during a meal. Scientists have discovered that it has ample anti-inflammatory benefits, which makes it excellent at reducing congestion and suppressing coughs.

Aged Orange Peel Skin

This multi-purpose extract has been proven to treat indigestion and nausea. It is also a great general bowel cleanser. Additionally, it dries out and dissolves mucus, helping to suppress coughs.

Artichoke

Research shows that this versatile and nutritious vegetable aids digestion by increasing bile flow. Artichoke may also improve symptoms of IBS (irritable bowel syndrome).

Perilla

Perilla is an herb with anti-bacterial properties used in Traditional Chinese Medicine for preventing digestive and respiratory problems. It can be used to remedy gastrointestinal complaints such as vomiting, abdominal pain, minor food poisoning and constipation.

Poria

Poria regulates the secretion of stomach acids and reduces edema. It also helps to cure diarrhea, and has excellent anti-inflammatory properties.

Papain

Countless studies have revealed that this enzyme, extracted from papaya, works wonders at breaking down tough protein fibers in the digestive tract. It also eliminates toxins and has an anti-inflammatory effect.

Bacillus coagulans

Bacillus coagulans is a type of probiotic – a “good bacteria” that is effective at improving digestion, asthma, eczema, rhinitis, diarrhea and inflammatory bowel syndrome. This particular probiotic is a spore-forming one, allowing it to remain stable even without refrigeration. The benefits of taking Bacillus Coagulans persist for weeks even after you stop taking them, making them a unique strain in the probiotics family.

Peppermint Oil

Clinical studies have found that this extract provides many benefits to the digestive system, including the relief of nausea and vomiting, flatulence, and constipation.

Lotus leaf

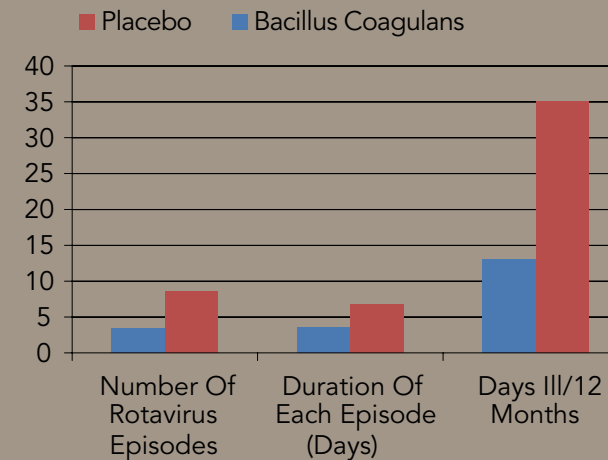
This powerful extract is known as the ultimate internal cleanser. It not only cleanses the bowels and colon, it also improves water retention and treats constipation. Lotus leaf even has some anti-aging benefits.



WELLNESS

OPTIMUM IMMUNITY

1. Mobilize immune cells to protect against the harmful effects of stress
2. Improve vigor and mental clarity while reducing fatigue and tension
3. Shorten duration and severity of the common cold and flu
4. Improve recovery time after competitive athletic events and training



Randomized studies on 112 newborn infants.
Chandra, R.K. Nutrition Research 22 (2002) 65-69

Duration of each episode ↓ **53%**

Total sick days / year ↓ **37%**

Fatigue ↓ **38%**

Overall energy level ↑ **42%**

THIS PATENTED, PROVEN SUPPLEMENT IS GREAT FOR:

1. People who live or work in a high risk environment (i.e. teachers, nurses, doctors, travelers, flight attendants)
2. Kids entering school or with allergies
3. Anyone during cold & flu seasons
4. Competitive athletes (i.e. marathon runners, athletes training for competitions)

WELLNESS Optimum Immunity

This Cocoa Antidote has a healthy dose of superfood spirulina, adaptogenic herb astragalus, probiotics (1billion CFU), and Wellmune®, a new, patented dietary supplement that can significantly boost your immune system. It optimizes your body's immune responses, and is safe for children as young as 12 months old.

Wellmune WGP®

Wellmune WGP® is a patented, all-natural beta glucan proven to boost your immune system, reduce the impact that stress can place on your immune system, and suppress the overactive immune systems of professional and recreational athletes. Wellmune WGP works by activating your immune cells within the body to optimize your body's defense mechanism without the risk of over stimulation like other herbs, such as Echinacea, which are meant to be taken for a short period of time. Wellmune WGP® is safe for long term use in both adults and children.

Bacillus coagulans

Bacillus coagulans is a probiotic effective for improving digestion, asthma, eczema, rhinitis, diarrhea and inflammatory bowel syndrome. Through probiotics, your digestive system is able to more successfully digest and absorb foods by discouraging "bad bacteria" from taking up residence. This particular probiotic is room-temperature stable so you can be assured of its potency. Benefits from Bacillus Coagulans persist for weeks even after you stop taking them, making them a unique strain in the probiotics family.

Astragalus

Astragalus is an esteemed essential herb in Traditional Chinese Medicine, valued for its ability to boost the immune system. Astragalus has antibacterial and anti-inflammatory properties. It is often used in the treatment of colds, allergies, fibromyalgia, chronic fatigue syndrome, high blood pressure, diabetes and other immune system related illnesses. Studies have also suggested astragalus can help treat the side-effects related to chemotherapy, including loss of appetite and nausea, and speed recovery. Astragalus is called an adaptogen, meaning it helps protect the body against physical, mental and emotional stress.

Spirulina

Spirulina is a nutritional supplement derived from blue-green algae, the most nutrient dense and complete food. Spirulina has been touted as the perfect food as it is a complete protein-containing all essential amino acids. Additionally, it features numerous fatty acids, vitamins and minerals to help supplement modern diets. Spirulina contains a number of different omega-3 and omega-6 essential fatty acids, including AA, ALA, DHA, EPA, GLA, LA and SDA. It offers vitamins A to E and K, including B complex, as well as numerous minerals such as calcium, iron, manganese, magnesium, sodium and zinc. NASA studies demonstrate that two pounds of spirulina powder has the same amount of nutrients that are found in about 2000 pounds of assorted vegetables!

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KCAL

SUPPLEMENT FACTS

Serving Size 1 Piece
Serving Per Container: 24

Amount Per Serving		% DV
Calories 34	Effective Calories 27	
Total Carbohydrate 4 g		1%
Dietary Fiber 1 g		2.83%
Effective Carbs 0.72 g		
Sugars 0 g		
Trans Fat 0 g		0%
Cholesterol 0 mg		
Proprietary Blend 879 mg		
Bacillus coagulans (probiotics), Spirulina, Inulin, Wellmune WGP®, Astragalus, Chia seeds, Freeze dried cranberries.		

* Percent Daily Values (DV) are based on a 2,000 calorie diet.

WELLNESS Optimum Immunity

Wellness cranberry Cocoa Antidote delivers nutrients your immune system needs to put up a strong fight against sickness in the midst of allergy season, travels, or flu outbreak, and improve your overall wellbeing.

Wellmune®, astragalus, bacillus coagulans, cranberries, inulin, spirulina, organic cocoa solids, organic cocoa butter, vanilla, xylitol, organic soy lecithin, stevia.





FIT

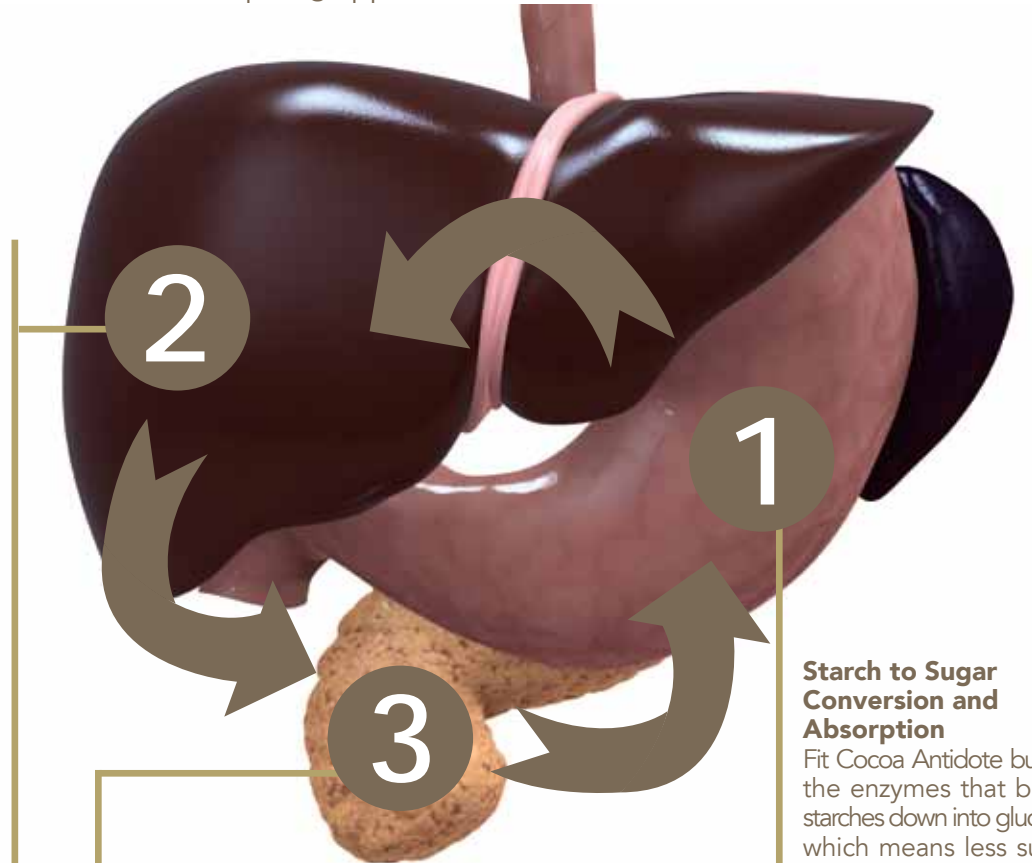
HEALTHY METABOLISM

1. Individuals who wish to control their blood sugar
2. Weight loss regimens
3. Those at risk for the metabolic syndrome such as Type 2 diabetes, high cholesterol, blood pressure, fatty liver
4. People who wish to reduce the fat and carbohydrate absorption of their meals

Our doctors formulated Fit Cocoa Antidote to help you maintain lower and stable blood sugar level and lose weight. This is a whole new way of attacking the problems of the metabolic syndrome, characterized by being overweight, high cholesterol, high blood pressure and high blood glucose level. Fit Cocoa Antidote takes a three-prong approach:

Fat Formation

Fit Cocoa Antidote directs sugar away from your fat storage and into muscle tissues to be used as energy. It increases your metabolism to help burn even more fat, especially the white fat that surrounds our internal organs. Most fat-burning products work by creating a thermogenic effect in the body through stimulating the central nervous system, but as a result, they also create health problems like heart palpitations and hypertension. Fucoxanthin and green tea extract in Fit Cocoa Antidote promote fat loss without over stimulation and go a step further to promote cardiovascular health and reduce oxidative stress.



Starch to Sugar Conversion and Absorption

Fit Cocoa Antidote buffers the enzymes that break starches down into glucose, which means less sugar is released from food. When food is digested, our unique formulation buffers the absorption of glucose so less sugar reaches the bloodstream.

Insulin Release and Sensitivity

Maan Health's Fit Cocoa Antidote encourages fast, healthy release of insulin when the body needs it. Insulin transports glucose across cell membranes and removes it from blood. The better your body responds to insulin, the less likely you are to be overweight and suffer from the metabolic syndrome. Furthermore, Fit Cocoa Antidotes help maintain a healthy balance of blood sugar so it doesn't spike too high or dip too low.



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SUPPLEMENT FACTS

Serving Size 1 Piece
Serving Per Container: 24

Amount Per Serving		% DV
Calories 35	Effective Calories 28	
Total Carbohydrate 4 g		1%
Dietary Fiber 1 g		2.83%
Effective Carbs 0 g		
Sugars 0 g		
Trans Fat 0 g		0%
Cholesterol 0 mg		
Proprietary Blend 700 mg		
Momordica charantia (bitter melon extract), Green tea extract (EGCG), Ellagic acid, White kidney bean extract, Fucoxanthin, Noni fruit, Chromium polynicotinate, Grounded Sumatra coffee beans, Inulin.		

* Percent Daily Values (DV) are based on a 2,000 calorie diet.

FIT Healthy Metabolism

Fucoxanthin

Fucoxanthin promotes weight-loss and helps fight diabetes. Clinical research has proven this extract from Wakame seaweed promotes fat loss in the abdomen and liver by increasing the rate at which we burn fat.

Momordica Charantia

Momordica Charantia (Bitter melon) has demonstrated hypoglycemic (blood sugar lowering), anti-viral, anti-bacterial and cardio-protective properties in numerous clinical studies. It is used in Asia, South America and Africa to treat diabetes, lower cholesterol, expel intestinal gas, prevent tumors and fight infections. Bitter melon has been found to increase insulin sensitivity, and contains a lectin that has insulin-like activity, suppressing appetite. Bitter melon may have additive effects when taken with other glucose-lowering agents.

EGCG

Found in green tea, EGCG's antioxidant properties help reduce blood glucose levels to assist in the treatment and prevention of diabetes. Experts have found that it boosts metabolism, which means more calories burned. It has also been proven to promote the burning of fat for energy.

White kidney beans

White kidney beans help to balance blood sugar levels to reduce insulin response, providing a slow but steady release of energy to your body. White kidney beans help slow down the absorption of sugar into your blood stream, causing your body to work harder during digestion, and in turn, give your metabolism a small boost.

THIS SUPPLEMENT IS DESIGNED TO:

- 1. Aid and accelerate weight loss in conjunction with a healthy diet**
- 2. Reduce the dietary absorption of carbohydrates**
- 3. Reduce glucose synthesis in the liver**
- 4. Accelerate glucose uptake from the bloodstream.**
- 5. Mobilize carbohydrates (glucose) from fat cells**
- 6. Increase the sensitivity of insulin receptors, making insulin more efficient and reducing the risks of the metabolic syndrome**

FIT Healthy Metabolism

Momordica Charantia (bitter melon), inulin, fucoxanthin, white kidney bean extract, ellagic acid, green tea extract, noni fruit, chromium polynicotinate, coffee beans, organic chocolate solids, vanilla, natural flavors, organic cocoa butter, xylitol, organic soy lecithin, stevia.

Fit is formulated with Momordica Charantia (bitter melon), fucoxanthin, white kidney bean extract, ellagic acid, green tea extract, chromium polynicotinate to attack the metabolic syndrome by reducing the absorption of carbohydrates, increasing the efficiency and sensitivity of insulin, and reducing glucose synthesis and fat storage in the liver as well.



SYMPTOMS OF OMEGA 3 DEFICIENCY

Dry skin and scalp

Omega-3 fatty acids derived from marine animals offer substantial protection against sun damage, skin cell damage, wrinkles and sagging skin.

Memory decline

Reduced intake of omega-3 fatty acids is associated with increased risk of age related cognitive decline. Scientists believe the omega-3 fatty acid DHA is protective against Alzheimer's disease and dementia.

Poor circulation

Omega 3s can improve circulation to the extremities by increasing the flexibility of the membranes in the red blood cells that carry oxygen through capillaries.

Mood swings or depression

Omega 3 is an essential component of the neurotransmitter serotonin, which is known to improve mood. Several studies have found omega 3 could be beneficial for improving depression and mood swings.

Heart problems

Clinical evidence suggests that EPA and DHA help reduce risk factors for heart disease, including high cholesterol and high blood pressure. These omega 3 oils have been shown to lower levels of triglycerides and the risk of heart attack and stroke, as well as help prevent and treat atherosclerosis (hardening of the arteries) by slowing the development of plaque and blood clots, which can clog arteries.

Fatigue

Higher intake of omega-3 fatty acids decreases inflammation and physical aspects of fatigue, according to several studies involving breast cancer, chronic fatigue syndrome, fibromyalgia patients.

Attention deficit/hyperactivity disorder (ADHD)

Children with attention deficit/hyperactivity disorder (ADHD) may have low levels of certain essential fatty acids (including EPA and DHA). Eating foods that are high in omega-3 fatty acids is a reasonable approach for someone with ADHD.

SMART
BRAIN BOOSTING
NUTRACEUTICALS

1. Increase mental agility and alertness
2. Improve memory and concentration
3. Optimize fetal , infant and toddler brain and eye development
4. Maintain healthy cardiovascular functions

GREAT FOR

- 1. Infants and toddlers
- 2. Pregnant and nursing women
- 3. Individuals who wish to improve their cardiovascular health



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KCAL

SUPPLEMENT FACTS

Serving Size 1 Piece
Serving Per Container: 24

Amount Per Serving		% DV
Calories 33	Effective Calories 27	
Total Carbohydrate 3 g		1%
Dietary Fiber 1 g		2.83%
Effective Carbs 0 g		
Sugars 0 g		
Trans Fat 0 g		0%
Cholesterol 0 mg		
Proprietary Blend	939 mg	
DHA, Chia seeds (containing 40% Omega 3), Freeze dried strawberries, Bacillus coagulans (probiotics), Bacopa, Tangerine oil, Inulin.		

* Percent Daily Values (DV) are based on a 2,000 calorie diet.

SMART Brain Boosting Nutraceuticals

Creamy, naturally sugar free chocolate is fused with delicious strawberries for a fantastic brain-healthy treat. A healthy blend of vegetarian, mercury-free DHA, Omega 3, bacopa and probiotics are incorporated into all natural, organic chocolate to make Smart Cocoa Antidote the most easily absorbed and delicious omega 3 mind support supplement on the market. Smart is the chocolate you can give to your children with the confidence that this yummy treat is both satisfying and healthy. Woman who are expecting or nursing should enjoy Smart Cocoa Antidotes to help fetal brain and vision development. Maan Health's Smart Cocoa Antidote has proven cognitive-enhancing herb bacopa and your full daily dose of DHA and Omega 3 fatty acids that promote a healthy heart and help to improve cognitive health in adults and children alike.

Bacopa

Bacopa is a powerful brain enhancer used for centuries in Ayurvedic medicine. Clinical studies show bacopa to be effective in improving concentration, enhancing cognitive processes and reducing anxiety in both adults and children. The herb is popular among students for improving mental clarity, concentration, and memory recall. It may also be helpful to children with Attention Deficit Hyperactivity Disorder (ADHD).

Omega-3

Omega-3 is an essential fatty acid that provides numerous health benefits including reduction of inflammation, improvement of cardiovascular health and lowering of triglycerides. We need essential fatty acids for our bodies to work normally. Because Omega 3s like ALA, DHA, EPA are not made in the body, we need to get them from our diet or supplementation.

DHA

DHA is a type of omega-3 fatty acid with fantastic antioxidant properties that can help reduce inflammation and the risk of cardiovascular issues. It further improves cognitive health and mental acuity. DHA has proven to lower elevated triglycerides and improve visual and neurological development of infants and toddlers.

Xylitol

Xylitol is a low-calorie sweetener derived from birch trees that tastes like sugar. Xylitol retards growth of bacteria that cause tooth decay, as well as flu and cold viruses. It does not increase blood sugar levels unlike other sweeteners like maltitol nor does it tax the liver like sucralose. Sugar free chewing gums and candies made with xylitol as the principal sweetener have already received official endorsements from multiple international dental and health associations.

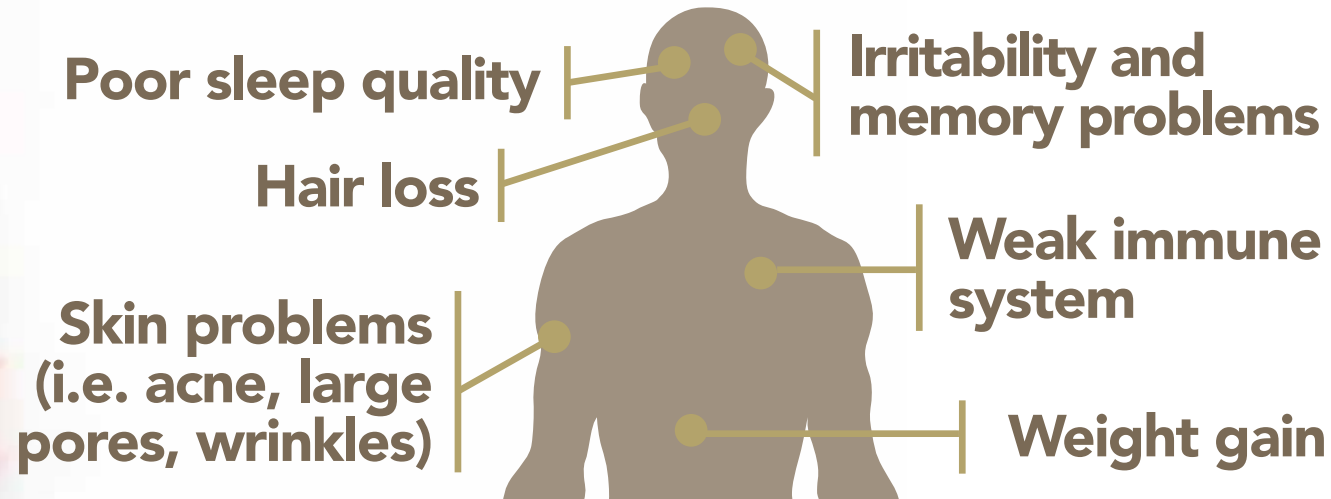
SMART Brain Boosting Nutraceuticals

This Smart Cocoa Antidote is designed to promote optimal mental growth, increased concentration as well as lowered blood pressure and cholesterol, reduced chronic inflammation, and improved heart health.

DHA, bacillus coagulans, inulin, bacopa, chia seeds (Omega 3), strawberries, organic chocolate solids, vanilla, organic cocoa butter, xylitol, organic soy lecithin, stevia.



EFFECTS OF STRESS ON THE BODY



1. Reduce stress and anxiety
2. Promote feelings of relaxation and quality of sleep
3. Decrease cravings and addictions (such as food, drugs, alcohol) and ease addiction-associated anxiety
4. Improve mental focus, clarity and concentration (sport performance, education)
5. Help combat the impact of stress on immune-suppression
6. Improve sports performance

SERENITY

CALMING AROMATHERAPY

THIS SOOTHING SUPPLEMENT IS GREAT FOR:

Kids or adults experiencing anxiety, nervousness and/or insomnia

Low GABA function in the brain is associated with anxiety, depression, insomnia, and epilepsy. The ingredient in Serenity Cocoa Antidotes, PharmaGABA, has been shown to significantly improve sleep quality. PharmaGABA can help patients fall asleep faster by 20% as well as achieve deeper levels of sleep and stay in this deep sleep for a longer period.

Cigarette smokers who are trying to quit

The anti-anxiety effects of PharmaGABA have been shown to be potentially helpful to those trying to quit cigarette smoking according to a new double-blind study (Yogohoshi H, et al, 2010).

Weight loss patients whose weight gain is stress related

Chronic stress can lead to an increase in appetite, elevation of cortisol and adrenaline, as well as mindless, emotional eating. To exacerbate the matter, stress related weight gain increases "visceral fat" around the midsection. These fat cells that lie deep within the abdomen have been linked to an increase in both diabetes and heart disease.

Individuals under extra stress or going through life changes

Brain waves are classified by their frequencies. The greater the alpha to beta ratio, the more relaxed and alert a person is. Research has shown that PharmaGABA quickly and efficiently increases the alpha to beta brain waves ratio, a state often achieved by meditation and characterized by greater mental focus and alertness.





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Serving Per Container: 24

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Calories 35	Effective Calories 28	
Total Carbohydrate 4 g		1%
Dietary Fiber 1 g		2.83%
Effective Carbs 0 g		
Sugars 0 g		
Trans Fat 0 g		0%
Cholesterol 0 mg		
Proprietary Blend	835.50 mg	
PharmaGABA®, Bacopa, Inulin,		
Lavender (essential oil, food grade),		
Freeze dried kiwi, Freeze dried strawberries.		

* Percent Daily Values (DV) are based on a 2,000 calorie diet.

SERENITY Calming Aromatherapy

PharmaGABA®, bacopa, lavender, dried strawberries, dried kiwi, organic chocolate solids, vanilla, organic cocoa butter, xylitol, organic soy lecithin, stevia.

Feel an increase in your clarity of mind and ability to concentrate thanks to this effective combination of cognition-enhancing herb, bacopa, with patented, effective PharmaGABA®, and aromatic lavender. Serenity Cocoa Antidotes are perfectly suitable for children as young as one year of age and are also a great way to improve performance and accelerate recovery for athletes and students.

SERENITY Calming Aromatherapy

Take a load off, kick your feet up and enjoy this enticing Cocoa Antidote from Maan Health. Serenity helps to ease your stress levels, reduce anxiety and give you a sense of tranquility. Serenity Cocoa Antidotes feature a delicious sugar-free chocolate over fragrant lavender to create a unique taste sensation and aromatic experience. Serenity Cocoa Antidote features a carefully selected blend of PharmaGABA® and bacopa. Our mood can easily be dictated by our brainwaves. Alpha brainwaves are an indication of a relaxed, calm state, while beta brainwaves can determine anxiety and depression. High levels of a substance known as GABA in our brain chemistry can result in a rise in alpha waves, improving our mood and helping us relax. Unfortunately GABA isn't so easy to supplement in the body because conventional GABA supplements fail to break the barrier between the blood stream and brain to achieve therapeutic effects. Maan Health's breakthrough formulation conquers this barrier.

Bacopa

Bacopa is a powerful brain enhancer used for centuries in Ayurvedic medicine. Clinical studies show bacopa to be effective in improving concentration, enhancing cognitive processes and reducing anxiety in both adults and children. The herb is popular among students for improving mental clarity, concentration, and memory recall. It may also be helpful to children with Attention Deficit Hyperactivity Disorder (ADHD).

Lavender

Lavender grows in small shrubs that have tiny, fragrant purple flowers. Lavender is used to prepare a series of natural remedies with antiseptic, calming, and relaxing effects. Aromatherapy and holistic medicine practitioners use lavender to soothe digestive disorders, correct hypertension, cardiac disorders, headaches, insomnia, melancholia, dizziness, and bronchial asthma. This sweet smelling herb is rich in esters, which gives it anti-spasmodic, relaxing, anti-bacterial and anti-inflammatory properties.

PharmaGABA®

PharmaGABA® is an advanced, effective form of GABA supplement that can cross the barrier between the bloodstream and brain to set the body to 'relaxation and optimized mode.' The result of taking PharmaGABA® is a much calmer state of mind, a major reduction in stress and anxiety, and an improvement in concentration. GABA (short for Gamma Amino Butyric Acid) is a brain chemical used for regulating nerve function and inhibiting excitation in the brain. PharmaGABA® is proven safe and effective in both adults and children as young as one year old, and commonly taken to treat stress disorders, anxiety and ADHD. PharmaGABA® has also important benefits to athletes in speeding recovery and reducing fatigue. PharmaGABA® is patented and unique as the only GABA supplement that is effectively absorbed by your body to show benefits.



LOVE

POTENT NATURAL
APHRODISIACS

Ready to spice up your love life? Maan Health's Love Cocoa Antidote encompasses time honored aphrodisiacs from Latin America and Asia that are bound to entice and delight. A seductive combination of kiwis and naturally sugar free cherry dark chocolate creates a mouthwatering treat, where a potent blend of maca and epimedium helps to fight fatigue and increase vitality. Additionally, libido and sensory enhancing herbs muira puama and damaiana are added to achieve a potent, rich aphrodisiac affect.

Regulate the levels of the sex hormone testosterone

Increase oxygen flow to the genitals

Decrease levels of the stress hormone cortisol in the body

Epimedium in Love Cocoa Antidotes regulates the levels of the sex hormone testosterone and decreases levels of the stress hormone cortisol in the body. High levels of cortisol depress libido and the body's immune system.

Increase libido and sexual function

Because of their ability to increase blood flow to the pelvic region and effects on sexual function, this 4-part herbal remedy is also thought to cause an increase in women's sex drive. This increase in libido can lead to sustained periods of sensation and possibly multiple orgasms.

Increase your body's level of nitric oxide and relax the smooth muscles

Nitric oxide is a chemical that the prostate gland releases, which helps dilate your veins in the penis.

Boost energy level

Maca is also called "Peruvian Ginseng," and has been used to increase energy and sexual health through its adaptogenic and strengthening effects upon the endocrine (hormonal) system in the body.

LOVE

We've put the best time-honored aphrodisiacs from around the world into a seductive blend of luscious kiwi and sugar free dark cherry chocolate that's sure to delight. Exotic ingredients epimedium and maca help energize, increase circulation and invigorate the body. Our formulation also contains damiana to stimulate libido and muira puama to heighten and sustain arousal.

Maca, muira puama, epimedium, damiana, dried kiwi, organic chocolate solids, vanilla, organic cocoa butter, xylitol, organic soy lecithin, stevia.

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LOVE

SUPPLEMENT FACTS

Serving Size 1 Piece
Serving Per Container: 24

Amount Per Serving

Calories 34	Effective Calories 28	% DV
Total Carbohydrate 4 g		1%
Dietary Fiber 1 g		2.83%
Effective Carbs 0 g		
Sugars 0 g		
Trans Fat 0 g		0%
Cholesterol 0 mg		

Proprietary Blend 700 mg

Epimedium, Muira puama, Maca,
Damiana, Freeze dried kiwi.

* Percent Daily Values (DV) are based on a 2,000 calorie diet.

Epimedium

Epimedium, according to legend, was discovered by a Chinese goat herder who noticed dramatically increased sexual activity in his flock after they ate the weed, thus the nick name "Horny Goat Weed" for the herb. Epimedium may help sexual dysfunction and osteoporosis, and increases our body's level of nitric oxide and relaxes the smooth muscles.

Maca

Maca is a root plant native to the Andean Mountains that has traditionally been used to increase energy, stamina, athletic performance and virility. It has been shown that maca can have an effect on sperm count and fertility. Maca may also enhance sexual desire in men. Scientists have discovered that this root vegetable is remarkable at enhancing all endocrine functions.

Muira puama

Muira puama is an herb from South America well known for enhancing the male libido, but has uses that benefit women as well. Muira puama works by improving circulation and increasing blood flow throughout the body, including the pelvic region. Both men and women may experience enhanced sexual arousal from taking muira puama. The increased circulation can also affect the gastrointestinal tract and raise energy levels. If taken for long periods of time, this herb may also increase the production of sexual and reproductive hormones.

Damiana

Damiana is a wild shrub that grows in Mexico, Central America, and the West Indies. The leaf and stem are used to make medicine. Historically, it was used mostly to increase sexual desire (as an aphrodisiac). Damiana is an excellent strengthening remedy for the nervous system, particularly useful as an anti-depressant and anti-anxiety agent.



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These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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