

FREE Day of Classes!



Saturday, January 5th
8 am - 5 pm

Enjoy a full day of **FREE**
yoga, Pilates and Meditation!

No
experience
necessary for
any of the
classes.

8 – 8:45	YogaSoul Pilates Barre
9 – 9:45	Pilates Mat
9 – 9:30	Pilates Reformer Mini Sessions
10 – 10:45	Fitness Yoga
10 – 10:30	Pilates Reformer Mini Sessions
11 – 11:45	Yoga Hips
12 – 12:45	Restorative Yoga
1 – 1:30	Pilates Bosu Workout
1 – 1:45	Yoga Abs
2 – 2:45	Hatha Yoga & Meditation
3 – 3:45	Kundalini Yoga & Meditation
4 – 4:45	Healing Gong Meditation

FREE Day Promotions:

- Schedule healing appointments and receive a 10% discount!
- Receive a 10% discount a 10-Class Pass!
- Save on the famous Pilates 5 Pack Promotion Package!

Enter a drawing to win 5 FREE classes!



This is a FREE event!

Android

iPhone



Visit us online at www.yogasoul-center.com
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