

YMCA Camp Carson

An Experience That Lasts A Lifetime!

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For
Children & Youth
with Type 1
Diabetes



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YMCA Camp Carson, 2034 Outer Lake Rd, Princeton, IN 47670
812-385-3597 - www.campcarson.org

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ST. MARY'S



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/Ndependence Diabetes Camp - June 23 - 28

One Week Camp Sun - Fri. (co-ed) ages 9-15

All the fun of a week of traditional summer camp while learning more about living successfully with Type 1 Diabetes. This week will look and sound like our traditional Shoshone Camps. A great opportunity to participate in all the excitement of traditional camp activities from swimming, arts and crafts, to archery, canoeing, climbing, water-ziplines and so much more.

While having a fun week of camp that focuses on camp (not diabetes), campers will have the advantage of living with other campers who deal with diabetes as the norm, so everyone understands the concerns about nutrition, exercise and blood sugar. In the midst of all the fun and at an age appropriate level, campers will also learn more about counting carbs, checking blood sugar and how to balance food, insulin and exercise. In the midst of all the fun we'll also learn to count carbs, check blood sugar and balance food, insulin and exercise. Supporting the traditional camp staff we will also have a physician, nurses, and nutritionists who will provide additional education and care for this session.

/Ndependence Diabetes Camp - June 16 - July 5

Counselor in Training (CIT - D)

Two-Week Camp (rising 11th graders co-ed)

Incorporated with our traditional CIT program we will be offering this unique opportunity for those campers with Type 1 Diabetes who one day desire to be counselors in our traditional camps and also assist with our Diabetes camps.

Check the camp website www.campcarson.org to download the application for both the Diabetes camps OR call the camp office. The cost of these camps have been significantly underwritten thanks to the generosity of the Foundation of Chicago Bears Quarterback, Jay Cutler.

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