



Hysterectomy . Hot Flashes Hormones . Health

HYSTERECTOMY

600,000 Approximate number of annual hysterectomies in the United States

20 million The estimated number of U.S. women who have had a hysterectomy

50% Number of HysterSisters members reporting the removal of ovaries during their hysterectomy. Removing ovaries causes immediate menopause.

What 4,500 Women Have To Say About Hot Flashes, Hormones & Health*

HOT FLASHES



93%*

Women suffer from mild to severe hot flashes

42%

Women reporting severe hot flashes **DO NOTHING** about them

HORMONES



Estrogen is the most popular therapy for hot flashes



BUT 4 out of 5 women have concerns about taking it

Almost **2 in 5** say they've **avoided** treatment altogether for hot flashes

Nearly **1/3** focus on alternative treatments instead of hormone therapy



9 out of 10 women are interested in FDA-approved, non-hormonal treatments for hot flashes

HEALTH



Women said their hot flashes negatively impact or affect:

83% Sleep

52% Mood

22% Family Relationships

18% Relationship
with partners or spouses

30% Sex Life

About HysterSisters.com

Since 1998 HysterSisters has been the premier Internet destination for patient-to-patient support for women considering or undergoing a hysterectomy. More than 25,000 women a day use the new app or log on through their desktop computer to visit active message boards, videos, Hysterectomy Checkpoints, hundreds of articles, a doctor directory, and the answers they need to make the best decision for their OBGYN health.

Sources:

Hystersisters.com Registered Member Profiles

HysterSisters.com conducted an online survey of more than 4,500 women from February 4 to 24, 2013; margin of error ~1.5% *

<http://www.cdc.gov/reproductivehealth/womensrh/hysterectomy.htm>

