As the season gradually transitions into spring, a number of aspiring medical school candidates have begun finalizing a checklist for the upcoming medical school admissions process.

According to experts at MedicalSchoolsInUSA.com, although prospective med school students will start to send in their application packets sometime this late summer or early fall, the season for medical school final preparation, review and assessment have started to heat up.

And to aid aspiring medical school students in their review, MedicalSchoolsInUSA.com, a leading source for medical school resources, rankings and advice, has compiled an informative guide for medical school requirements and prerequisites.

"The months leading up to the big medical school application wave can be the most stressful for a lot of prospective medical school students," explained Ben Davidson, a spokesperson for MedicalSchoolsInUSA.com. "There's a lot they'll be needing to factor into their medical school requirements. From the perfect MCAT score to stellar letters of recommendation, it can certainly be a daunting process."

However, according to Davidson, the key to beginning a medical school application prep is to hone in on the basics before anything else.

"Individuals interested in applying for medical school this fall will need to take the time to thoroughly review and assess where they stand in terms of gaining acceptance to their dream school," he explained. "Prospective med school candidates will need to figure out where they stand in terms of core medical school requirements and prerequisites."

According to experts at MedicalSchoolsInUSA.com, there are a few basic components to any medical school application.

The first, not surprisingly, is proof of a previous degree. While this most commonly comes in the form of a bachelor's degree from a four-year university, according to Davidson, that requirement isn't necessarily black and white.

"Medical school applicants need to show dedication and passion, regardless of the institution they've attended," he stressed. "Although the prestige of your undergraduate university will have a major say in the way that admissions teams assess your application, so long as you're showing consistency and dedication to your craft, you'll be fine."

According to Davidson, applicants with a baccalaureate degree (as a single example) can have just as good standing as an applicant with a BA or BS degree.

However, as the experts at MedicalSchoolsUSA.com strongly stress, acquiring a degree won't guarantee a one-way ticket to medical school acceptance. Medical school requirements and prerequisites encompass the kinds of courses you took in college, the grades you received in those courses (especially the ones associated with science), your overall GPA, and your MCAT score.

"There's a lot of unique puzzle pieces to medical school requirements," said Davidson. "And what's more, applicants need to weigh their strengths and weaknesses before applying to their favorite schools. With a lackluster GPA - but stellar MCAT score - will you be a serious contender for Harvard Med or John Hopkins?"

While MedicalSchoolsInUSA.com's listing of core medical school requirements will play an integral role in the upcoming application season for a number of individuals, it's merely the foundation to a long and complex admission road.

MedicalSchoolsInUSA is a leading source for resources, tips, rankings and advice concerning medical schools, the application process, and MCAT prepping. Be sure to explore our various other guides and national rankings to assess where you stand this upcoming application season.