

2012-2013 MARLBORO THE ACADEMY



CERTIFIED REGIONAL



TRAINING CENTER

The Academy at Marlboro



WHITE RED BLUE

Centercourt Athletic Club facilities hold the distinguished honor of being designated as USTA Certified Regional Training Centers. This is a result of offering a wide range of high quality junior tennis programs.

The Tennis Academy is based on 3 tiers of progression development (white, red, blue). In each tier players are placed according to their proficiency level, age, USTA ranking and athletic ability.

The program is geared for players from the ages of 9 to 18 years old. Our Academy focuses on a variety of competitive levels consisting of players from USTA National, USTA Sectional, High School and Middle School levels.



	AGE GROUP RANKING	FOREHAND	BACKHAND	SERVE/RETURN	VOLLEY
WHITE	Open to players 9 years old and up. No ranking requirements. Green balls will be used at times as a transitional tool in classes	Form Developing; Prepared for moderately paced shots	Grip & preparation problems; Often chooses to hit forehand instead of backhand	Attempting a full swing; Can get the ball in play at slow pace; Inconsistent toss; Can return a slow-paced serve	Uncomfortable at net, especially on the backhand side; Frequently uses forehand racquet-face on backhand volleys
RED	BG(10)s Top 50 BG(12)s Top 100 BG(14)s Top 150 BG(16)s Top 200	Fairly consistent with some directional intent; Lacks depth control	Frequently prepared; Starting to hit with fair consistency on moderate shots	Developing rhythm; Little consistency when trying power; 2nd serve is often much slower than 1st; Can return serve with fair consistency	Consistent forehand volley; Inconsistent backhand volley; Has difficulty with low and wide shots
BLUE	BG(10)s Top 25 BG(12)s Top 75 BG(14)s Top 125 BG(16)s Top 175	Improved consistency and variety on moderate shots; Developing spin	Hits with directional control on moderate shots; Has difficulty on high or hard shots; Returns difficult shots defensively	Starting to serve with control and some power; Developing spin; Can return serve consistently with directional control on moderate shots	More aggressive net play; Some ability to cover side shots; Uses proper footwork; Can direct FH volleys; Controls BH volleys but with little or no offense