## The 2nd Annual Whole Woman® Conference

July 26 - 28th, 2013 Albuquerque, New Mexico USA ~ A New, Smaller, More Intimate Venue ~



Would it be useful for you to have your Whole Woman posture assessed and corrected by a Certified Whole Woman® Practitioner?Would you be interested in hearing, seeing and experiencing Christine Kent's latest research on the relationship between Whole Woman® posture and hip joint health?

Would it be valuable to spend a weekend

with a small group of women who are focused on and **committed to taking charge of their own health**?

If so, then mark these dates on your calendar.

The Second Annual Whole Woman Conference is scheduled for July 26-28 in Albuquerque, New Mexico, USA.

Because we are moving the conference venue to the Whole Woman Center, a much smaller, more intimate space, attendance will be strictly limited.

Last year, at the First Annual Whole Woman Conference, we had more than 70 attendees from around the world. We had three tracks of breakout sessions. While it was a wonderful conference, it was very complex and costly to organize and run.

Given the demands on Christine's time with Practitioner training and working on her new book and DVD, we have decided to streamline and simplify the conference. By holding it at the Whole Woman Center, we can have an exclusive, intimate experience, and with only a single track, all participants can share the same information.

But, because of the small size of the venue, conference attendance will be strictly limited to only 24 participants on a first-come, first-served basis.

The theme of the conference this year is The Whole Woman Way - Beyond Prolapse

The conference program will include:

- Each participant's postural assessment and correction by a Certified Whole Woman® Practitioner
- Christine's latest research on posture and hip joint health
- A demonstration of the Saving Your Hips Intensive Program
- Full Human Extension™ work with all participants
- Herbs, Nature & Healing with herbalist Beverly McFarland
- Women's circle for clarity, focus and momentum with Susi Wolf.
- The Conference will be led by Christine Kent and, like last year, the Conference will coincide with the final practicum and assessment of the Whole Woman<sup>®</sup> Practitioner Students.

We will share the graduation ceremony for the newly certified Practitioners, who will also be on hand to help with the postural assessments and *Saving Your Hips* work.

The Conference schedule...

Friday, July 26, 2013	
6:00 PM	Check-in
6:30 PM	Opening Ceremony by Susi Wolf, Shaman & Story Teller
7:00 PM	Opening Keynote by Christine Kent, CEO, Whole Woman Inc.
8:00 PM	Whole Woman® Certified Practitioners Graduation Ceremony
8:30 PM until ??	Reception and Mixer

Saturday, July 27, 2013	
7:30 AM	Whole Woman Yoga® with Christine Kent (optional)
9:00 AM	Block 1 - Posture Assessment for all participants
10:30 AM	Break
11:00 AM	Block 2 - Saving Your Hips - Critical Information for all Women by Christine Kent
12:30 PM	Lunch on your own
2:00 PM	Block 3 - Hips Program Demonstration with Christine Kent
3:30 PM	Break
4:00 PM	Block 4 - Full Human Extension™ Work (all participants)
5:30 PM	Break for the day. Dinner on your own.
	Sunday, July 28, 2013
7:30 AM	Whole Woman Yoga® with Christine Kent (optional)
8:30 AM	Break
9:30 AM	Block 5 - Herbs, Nature & Healing with noted herbalist Beverly McFarland
11:00 AM	Break
11:30 AM	Block 6 - Women's Circle with Susi Wolf
1:00 PM	Adjourn and return home enlivened, inspired, and with a new appreciation of your body's ability to heal itself.

The conference will be an opportunity to meet and mingle with Christine, the Practitioners and other women who, like you are working to live the *Whole Woman*<sup>®</sup> *Way*.

Attendees will be participants. Come in your loose, comfortable clothing, bring your yoga mat, a notebook and writing instrument, and be prepared to experience the *Whole Woman Way* at a new level.

## Logistics

The Whole Woman Center is five minutes from Albuquerque airport (ABQ). It is an easy and relatively inexpensive destination to reach by air. Southwest airlines has regular service from both east and west coasts and a number of Midwest cities.

American Airlines connects through Dallas or Chicago to anywhere in the world. United connects through Denver to its world-wide network.

Albuquerque is about a day's drive from anywhere in Arizona, Oklahoma, Colorado and Western Texas.

Plentiful accommodations exist within a few blocks ranging from \$55 to \$179 per night. Limited rooms are available at a lovely bed and breakfast, four blocks from the Center.

Four excellent restaurants are within three blocks of the Center, so renting a car is unnecessary, and in fact, Christine discourages it and prefers that attendees walk as an opportunity to reinforce the postural learning from the conference.

Upon registration, you will receive a detailed package with a list of hotels and restaurants with contact information. Because of the small size of the conference and differing lodging desires of participants, we have not reserved a block of rooms with any hotel, so you are encouraged to make your reservations early.

## **Conference Cost**

Due to the very limited and exclusive nature of the Conference, the cost is US \$499, payable upon registration. Once the conference is full, we will maintain a waiting list, but we will strictly adhere to the limit of 24 attendees and can make no guarantees of space availability.

The annual Whole Woman Conference is a powerful opportunity to invest in yourself, your health and your network of relationships. This new, more intimate, and exclusive format will give you the opportunity to build and renew important relationships, gain new knowledge and insight and take your postural health to a new level.

For further information, feel free to call Whole Woman Customer Service at 505-314-1455 and Nikelle or Lanny will be happy to answer any questions you have. Customer service hours are normally 9 AM to 5 PM Monday through Friday MDT (GMT -6).

We expect the conference to sell out quickly, so start planning now to attend and be sure to register as soon as possible.