



Justice Resource Institute

jri.org

Sponsors



24th Annual International Trauma Conference

PSYCHOLOGICAL TRAUMA:

Neuroscience, Attachment,
and Therapeutic Interventions

May 29 - June 1, 2013

Seaport World Trade Center
Boston, Massachusetts

CONFERENCE DIRECTOR:

Bessel A. van der Kolk, MD

WITH KEYNOTE SPEAKERS:

Alan Sroufe, PhD • Patricia Crittenden, PhD
Karlen Lyons-Ruth, PhD • Ed Tronick, PhD
Alexander McFarlane, MD • Ralph Savarese, PhD

PRE-CONFERENCE INSTITUTES

Wednesday, May 29, 2013

Each pre-conference workshop meets all day Wednesday, May 29.

Please note workshops 1 and 2 run TWO days: Wednesday, May 29, and Thursday, May 30.

Workshop 1 Fostering Resilience in Trauma-impacted Youth and Families: The Attachment, Self-regulation, and Competency (ARC) Treatment Framework

Workshop 2 Incorporating Trauma-sensitive Yoga into Individual Psychotherapy Practice

Workshop 3 Advanced Applications of Trauma-focused Cognitive Behavioral Therapy (TF-CBT)

Workshop 4 The Commercial Sexual Exploitation of Girls: Understanding and Responding to Girls

Workshop 5 Psychological First Aid: Traumatic Stress Management for the 21st Century

Thursday, May 30, 2013

Each pre-conference workshop meets all day Thursday, May 30.

Workshop 1 Continued (see above)

Workshop 2 Continued (see above)

Workshop 6 Trauma Processing in Child Treatments: When, How, and Why

Workshop 7 Attachment Trauma: Integration of Attachment Theory into Clinical Practice

Workshop 8 Trauma, Mindfulness and Neurobiology of Self

Workshop 9 Safety, Risk and Transformation: Attachment-focused Therapy at the Regulatory Boundaries of the Window of Tolerance

Workshop 10 Enhancing Therapeutic Outcomes in Severe Disorders: Neurofeedback in Clinical Practice

2-Day Workshops

Wednesday, May 29, & Thursday, May 30

WORKSHOP 1

Fostering Resilience in Trauma-impacted Youth and Families: The Attachment, Self-regulation, and Competency (ARC) Treatment Framework

Margaret E. Blaustein, PhD

The Attachment, Self-regulation, and Competency (ARC) framework is a core-components treatment model, developed to provide a guiding framework for thoughtful clinical intervention with complexly traumatized youth and their caregiving systems. Drawing from the fields of trauma, attachment, and child development, the framework recognizes the importance of working with the child-in-context, of acknowledging the role of historical experiences and adaptive responses in current presentation, and of intervening with the surrounding environment – whether primary caregivers or treatment system – to support and facilitate the child's healthy growth and development. Rather than identify step-by-step intervention strategies, the framework identifies 10 key “building blocks,” or intervention targets, key skills/goals within each domain, developmental and cultural considerations, and potential applications across settings.

WORKSHOP 2

Incorporating Trauma-sensitive Yoga into Individual Psychotherapy Practice

Jenn Turner, LMHC, RYT • Elizabeth Hopper, PhD

Over the past several years, the Trauma Center has developed a regular yoga program for traumatized individuals, as well as a national training course for yoga instructors. In addition, the TC has conducted the first NIH-funded scientific research looking at how hatha yoga affects the symptomatology of PTSD. With compelling subjective feedback from trauma survivors (e.g., “I feel like I can now use my body”), we have shown that yoga can change core physiological functioning. In this two-day training, we will present background information, simple practices to address the most fundamental and persistent symptoms of PTSD, and tools for self-care. We also stress that working with severely traumatized clients is challenging and requires special attention to one's own health and well-being.

Special Wednesday Event

The Bawdy Changes the Score: The Transformative Power of Improv

Wednesday, May 29

7 p.m. - 8:30 p.m.

Participants registered for Wednesday workshops will be treated to a bonus event that evening. Special guest instructors from the Boston Improv community will lead an interactive workshop introducing the building blocks of improvisational theater and comedy.

1-Day Workshops

Wednesday, May 29

WORKSHOP 3

Advanced Applications of Trauma-focused Cognitive Behavioral Therapy (TF-CBT)

Jessica Griffin, PsyD • Jessica Wozniak, PsyD

This workshop will provide participants with advanced training in applications of TF-CBT for special populations and nontraditional settings, including military families, court-involved youth, in-home therapy, play therapy with young children, and children with developmental disabilities. Presenters will combine didactic training with hands-on exercises, as well as videos, music, and role-play demonstration of techniques. Strategies for troubleshooting and overcoming implementation barriers will be discussed, including lessons learned from previous implementation initiatives in Massachusetts and around the country. This workshop is intended for audience members who have previous TF-CBT training, as well as prior experience implementing TF-CBT.

WORKSHOP 4

The Commercial Sexual Exploitation of Girls: Understanding and Responding to Girls

Audrey Porter • Lisa Goldblatt Grace, LICSW

This workshop represents a full basic training in the “My Life My Choice” curriculum, a trauma-informed model for prevention and intervention with female victims of Commercial Sexual Exploitation of Children (CSEC). Participants will be trained to understand, recognize, and intervene on behalf of girls and young women experiencing trauma related to sexual exploitation. The training will illuminate how girls become involved in CSEC, how to identify victims, and strategies to help girls find paths to safety. “My Life My Choice” is a national leader in mentoring and case management for victims of CSEC.

WORKSHOP 5

Psychological First Aid: Traumatic Stress Management for the 21st Century

Kari Beserra, LMHC • Andre Solomita, LICSW •

Tara Sagor, LMHC • Bryan Lary, LICSW • Meredith Rapoza

The experience of a traumatic event can significantly impact a person's ability to function, both in the immediate and long-term future. This is true for those experiencing the event and for any responders. In an effort to encourage resiliency and provide support post-event, models of intervention have been developed for both immediate support for those impacted by trauma and for provider self-care. This one-day workshop represents a full basic training in Psychological First Aid (PFA), the evidence-informed critical incident prevention and intervention model developed by the National Child Traumatic Stress Network. Over the past half-decade, PFA has become the mostly highly regarded and widely disseminated traumatic incident response model in the world. It has been at the forefront of first response to every major U.S. disaster since Hurricane Katrina. PFA works to build and sustain resiliency in the aftermath of traumatic events, and to equip providers, systems, and communities to anticipate, prepare for, more rapidly respond to, and mitigate the effects of exposure to future incidents.

Please choose workshops on the registration form.

1-Day Workshops

Thursday, May 30

WORKSHOP 6

Trauma Processing in Child Treatments: When, How, and Why

Elizabeth Warner, PsyD • Jessica Griffin, PsyD •
Gilbert Kliman, MD • Erika Lally, LMHC, ATR-BC •
Alexandra Cook, PhD • Debra Wesselmann, MS, LIMHP

In the field of child and adolescent trauma treatments, practitioners now have some distinct choices in therapeutic approach. The question of how trauma processing occurs and fits into treatment remains a provocative one. The goal of this workshop is twofold: to offer experienced child practitioners a view of trauma processing in a variety of child treatment models through case presentations, and to have the opportunity to compare and contrast models. The models to be presented with videotape clips of actual therapy sessions are: Eye Movement Desensitization Reprocessing (EMDR), Trauma Focused-Cognitive Behavioral Therapy (TF-CBT), Reflective Network Therapy, Art Therapy, and Sensory Motor Arousal Regulation Treatment (SMART).

WORKSHOP 7

Attachment Trauma: Integration of Attachment Theory into Clinical Practice

Mark F. Schwartz, ScD • Lori D. Galperin, MSW, LCSW •
Laura Wood, MA, LPC

At the core of addiction treatment is the acquisition of earned secure attachment, an attachment category first delineated by Mary Main. Early attachment interactions form the blueprint for later response to trauma exposure. Individuals with avoidant and/or preoccupied attachment perpetuate schemas of shame and fears of intimacy. Isolation fosters further developmental deficits, including an inability to repair interpersonal ruptures; a craving for nurturing exists alongside intense fears of rejection and abandonment. Once these structural patterns are established, they influence the individual's thoughts, feelings, and behaviors around self in relationship, making him/her unaware of how the past constrains or mandates the present. This workshop will delineate techniques to establish such Earned Secure attachment.

WORKSHOP 8

Trauma, Mindfulness and Neurobiology of Self

Jon Kabat-Zinn, PhD • Jenny Phillips, PhD • Jim Hopper, PhD •
Wendy D'Andrea, PhD • Tomas Ros, PhD • Ruth Lanius, MD, PhD •
Paul A. Frewen, PhD, C.Psych • Bessel A. van der Kolk, MD

In recent years there has been increasing recognition of mindfulness and self-awareness as the foundations of emotional responsiveness, psychological change, and personal growth. This workshop brings together a group of practitioners and neuroscientists whose work constitutes the cutting edge on the neurobiological foundations of stress resilience, mindfulness, the effects of trauma on self-awareness and self-organization, and how mindfulness meditation and yoga can change the brain. We will explore the psychological and biological foundations of self-experience, both in the laboratory and in clinical settings, such as prisons and residential treatment.

WORKSHOP 9

Safety, Risk and Transformation: Attachment-focused Therapy at the Regulatory Boundaries of the Window of Tolerance

Pat Ogden, PhD • Janina Fisher, PhD

Drawing from principles of interpersonal neurobiology and highlighting the centrality of body experience as a primary source of therapeutic action, this workshop will address traumatic attachment, social engagement, embedded relational mindfulness, and embodied mentalizing, with an emphasis on the critical importance of both safety and risk as agents of therapeutic change.

WORKSHOP 10

Enhancing Therapeutic Outcomes in Severe Disorders: Neurofeedback in Clinical Practice

Sebern Fisher, MA, BCN • Lawrence Hirshberg, PhD •
Richard Jacobs, PsyD • Ed Hamlin, PhD

Neurofeedback is an exciting and highly promising approach for improving self-regulation of the central nervous system, and it has been applied in a variety of settings. In this workshop, participants will be exposed to an overview of brain dysregulation in severe emotional disorders and the relationship between brain functioning and the mind. Application of neurofeedback to help regulate arousal and improve emotional and behavioral functioning will be described, and evidence supporting its efficacy will be reviewed. Using case examples, experienced practitioners will describe how they have integrated neurofeedback and psychotherapy to benefit clients who often have not succeeded with other therapeutic approaches.

Poster Submission and Student Submission Contest

The Trauma Center at JRI is pleased to offer its poster submission and student submission contest. We are accepting research posters from graduate students, interns, post-doctoral fellows, and junior investigators. Also welcome are submissions from more senior clinical practitioners, describing assessment approaches, treatment frameworks, and program models. Practicing clinicians who use the arts/expressive arts in their work with traumatized clients and who are interested in a poster display should include one or more jpeg pictures depicting the products they are developing with their clients. Developers of innovative trauma services and interventions who are interested in showcasing their intervention/treatment/assessment models also are welcome.

Selected posters will be prominently featured on Thursday, May 30, with a formal poster session beginning at 5:15 p.m. Posters will be displayed on 6-x 2-foot flat/horizontal tables. All student, intern, and fellow submissions will automatically be entered into a poster competition, with special prizes (medals and cash) awarded to the three strongest submissions.

Proposals should be no longer than 200 words, excluding proposal title, author names, author affiliations, and email/phone of the lead author. Submissions should be submitted electronically to the attention of Dr. Joseph Spinazzola, by April 13, 2013: jspinazzola@traumacenter.org. Applicants will be notified electronically of acceptance by May 1.

COURSE DESCRIPTION

The study of psychological trauma has been accompanied by an explosion of knowledge about how experience shapes the central nervous system and the formation of the self. Developments in the neurosciences, developmental psychopathology, and information processing have contributed to our understanding of how brain function is shaped by experience, and the understanding that life itself can continually transform perception and biology. Within the disciplines of psychiatry and psychology, the study of trauma has probably been the single most fertile area in developing a deeper understanding of the relationships among the emotional, cognitive, social, and biological forces that shape human development. Starting with post-traumatic stress disorder (PTSD) in adults and expanding into early attachment and overwhelming experiences in childhood, this endeavor has elucidated how certain experiences can “set” psychological expectations and biological selectivity.

We have learned that most experience is automatically processed on a subcortical level, i.e., by “unconscious” interpretations that take place outside of awareness. Insight and understanding have only a limited influence on the operation of these subcortical processes. When addressing the problems of traumatized people who, in a myriad of ways, continue to react to current experience as a replay of the past, there is a need for therapeutic methods that do not depend exclusively on understanding and cognition.

OBJECTIVE

The objective of this course is to present current research findings on how people’s brains, minds, and bodies respond to traumatic experiences; how they regulate emotional and behavioral responses; and the role of relationships in protecting and restoring safety and regulation.

We will explore post-traumatic responses at different developmental levels, as well as the treatment implications of these findings. We also will explore how affect regulation and the interpretation of innocuous stimuli as threats require interventions aimed at restoring active mastery and the capacity to focus on the present. Traumatic memories often are dissociated and may be inaccessible to verbal recall or processing. Therefore, close attention must be paid to the development of inner resources to deal with dysregulation and helplessness, as well as to the careful timing of the exploration and processing of the traumatic past.

In closing, the course will examine cutting-edge treatment interventions for various trauma-based symptoms.

A Perfect Waterfront Location

The Seaport World Trade Center is located on Boston Harbor, a beautiful place for a conference/short vacation in the spring and early summer. With an abundance of sun and temperatures in the low 70s, the harbor is one of Boston’s best-kept secrets this time of year.

Located within easy walking distance of the Silver Line subway, the hotel offers convenient access to all of Boston’s sites and visitor attractions.



CONFERENCE LOCATION

Seaport World Trade Center

CONFERENCE HOTEL

The Seaport Hotel (adjacent to the World Trade Center)
One Seaport Lane
Boston, MA 02210
877-732-7678
seaportboston.com

RESERVATIONS

The conference attendee rate is \$234 per night. Reservations can be made directly with the hotel; call toll-free 1-877-SEAPORT. Please mention that you are attending the Trauma Conference.

TRANSPORTATION

Air travelers can reach the Seaport by taxi in less than 10 minutes from Logan International Airport.

MASS TRANSIT

Traveling on the T: Take the Silver Line to the World Trade Center stop. You also can take the Silver Line from the airport to the WTC stop. Detailed information can be found at mbta.com.

ACCREDITATION

The Meadows is approved by the following boards to offering continuing education. NAADAC-approved Provider, Provider # 000217. The Meadows is an NBCC-approved Continuing Education Provider (ACEP) and may offer NBCC-approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program. Provider # 5687. Course meets qualification for continuing education credit for MFTs and/or LCSW as required by the California Board of Behavioral Sciences, Provider # 2645. Provider Approved by CAADAC, Provider # OS-03-960-0813. Provider Approved by CAADE, Provider # CP40 905 C 0713. MFT for the State of Illinois, Provider # 168-000155. LCSW/LSW for the State of Illinois, Provider # 159-000839. Texas State Board of MFT Approved. MSW for the State of Texas, Provider # 2462. This program has been approved for up to 27 Social Work Continuing Education hours for relicensure, in accordance with 258CMR. Collaborative of NASW and the Boston College and Simmons Schools of Social Work Authorization # D50623.

“The Justice Resource Institute is approved by the American Psychological Association to sponsor continuing education for psychologists. The Justice Resource Institute maintains responsibility for this program and its content.”

Pre-conference Workshops 1 and 2 meet criteria for 14 credit hours; Workshops 3 through 10 meet criteria for 7 credit hours each. The Psychological Trauma Conference meets criteria for 13 credit hours; combined programs meet criteria for up to 27 hours, depending on number of days attended.



Boston Public Garden, courtesy of Tim Grafft/MOTT.

Friday

- 8:00 – 8:30 a.m. **Registration**
- 8:30 – 8:45 a.m. **Introduction**
Bessel A. van der Kolk, MD
- 8:45 – 10:00 a.m. **Trauma and the Developmental Process: Lessons from the Minnesota Longitudinal Study of Risk and Adaptation**
Alan Sroufe, PhD
- 10:00 – 10:20 a.m. **Coffee Break**
- 10:20 – 11:45 a.m. **A Dynamic-maturational Perspective on Danger, Attachment and Adaptation Across Generations**
Patricia Crittenden, PhD
- 11:45 – 12:30 p.m. **Panel Discussion**
Alan Sroufe, PhD • Patricia Crittenden, PhD • Ed Tronick, PhD • Karlen Lyons-Ruth, PhD
- 12:30 – 1:45 p.m. **Lunch (On Your Own)**
- 1:15 – 1:45 p.m. **Chair Yoga (Optional)**
- 1:45 – 2:45 p.m. **Attachment, Trauma, and Neurobiology: Parsing the Contributions of Early Attachment and Later Trauma**
Karlen Lyons-Ruth, PhD
- 2:45 – 3:00 p.m. **Coffee Break**
- 3:00 – 5:00 p.m. **Afternoon Workshops**
(Sign up for afternoon workshops on the day of the conference – see below.)

FRIDAY-AFTERNOON WORKSHOPS

Consultation Time

Karlen Lyons-Ruth, PhD • Alan Sroufe, PhD

Consultation Time

Patricia Crittenden, PhD

MDMA-assisted Psychotherapy for Post-traumatic Stress Disorder (PTSD): An Update on Completed and Ongoing Research • *Michael Mithoefer, MD*

Working with Relational Parts in Therapy, as it Relates to Transference, Countertransference, and Creating Narrative Meaning • *Frances K. Grossman, PhD, ABPP*

A Novel Method for Treating Early Childhood PTSD: Reflective Network Therapy in the Preschool Classroom
Gilbert Kliman, MD

Creating Change: A New Past-focused Therapy Model for Trauma and Addiction • *Lisa M. Najavits, PhD, ABPP*

A Neurobiological Perspective on Trauma and Attachment and the Role of Mindfulness in the Healing Process
Shelley Uram, MD • Jon G. Caldwell, DO, PhD

Saturday

- 8:00 – 8:30 a.m. **Registration**
- 8:30 – 9:40 a.m. **How War Affects Mind, Brain and Biology: A Prospective Study of 13,000 Australian Servicemen Deployed to Afghanistan and Iraq**
Alexander McFarlane, MB BS (Hons), MD
- 9:40 – 10:40 a.m. **Healing Attachment Trauma in Deeply Troubled Children: An EMDR Integrative Model**
Debra Wessellmann, MS, LIMHP
- 10:40 – 11:00 a.m. **Coffee Break**
- 11:00 – 12:00 p.m. **Bridging the Sensory/Linguistic Divide in Trauma: What Teaching Autistic Children to Write Poetry Might Tell Us**
Ralph Savarese, PhD
- 12:00 – 12:30 p.m. **Panel Discussion and Questions**
- 12:30 – 1:45 p.m. **Lunch (On Your Own)**
- 1:15 – 1:45 p.m. **Chair Yoga (Optional)**
- 1:45 – 3:45 p.m. **Afternoon Workshops**
(Sign up for afternoon workshops on the day of the conference – see below.)
- 3:45 – 4:00 p.m. **Coffee Break**
- 4:00 – 5:00 p.m. **Transformation of Trauma Through Theater**
Paul Griffin
- 5:00 – 5:30 p.m. **Closing: Quaker-style Sharing and Debriefing (Optional)**

SATURDAY-AFTERNOON WORKSHOPS

Freeze: Documenting the Biology of Shutting Down, and Measuring the Process of Coming to Life • *Wendy D'Andrea, PhD*

Transforming Foster Care Youth with Theater • *Paul Griffin*

Psychopharmacological Approaches to Complex Trauma
Frank Guastella Anderson, MD

Developmental Trauma Disorder:

Update on Concept and Field Trial

Bessel A. van der Kolk, MD • Joseph Spinazzola, PhD • Julian D. Ford, PhD

Vandalized Lovemaps: Treatment of Trauma-bonding and Destructive Attachments in Sexual and Romantic Relationships Following Complex Trauma
Mark F. Schwartz, ScD • Lori D. Galperin, MSW, LCSW

Beyond Stabilization: Three Breathing Exercises for Personal Transformation • *Dana Moore, LPCC, CADS*

Avoiding Rejection: Tips on Publishing Your Trauma Research in Academic Journals • *Nnamdi Pole, PhD*

Yoga Dance: Movement, Creativity and Spontaneity
Daniel Leven, RSMT

Faculty

Frank Guastella Anderson, MD

Supervising Psychiatrist, Trauma Center at JRI.

Margaret E. Blaustein, PhD

Director of Training, Trauma Center at JRI; co-author, *Treating Traumatic Stress in Children and Adolescents: How to Foster Resilience Through Attachment, Self-regulation, and Competency*.

Kari Beserra, LMHC

Vice President, JRI.

Jon G. Caldwell, DO, PhD

Adult psychiatrist and researcher at The Meadows, where he treats psychological trauma and addiction with a framework rooted in attachment theory and contemplative practices like mindfulness.

Alexandra Cook, PhD

SMART team member; Associate Director, Trauma Center at JRI; author, *With the Phoenix Rising and A White Paper: Complex Trauma in Children and Adolescents*.

Patricia Crittenden, PhD

Developer of the Dynamic-Maturational Model (DMM) of attachment and adaptation. Faculty of Psychiatry, Dalhousie University, Halifax, NS. Author, *The Organization of Attachment Relationships: Maturation, Culture, and Context*; *Raising Parents: Attachment, Parenting, and Child Safety*; *The Adult Attachment Interview: Assessing Psychological and Interpersonal Strategies, Attachment and Family Systems Therapy*.

Wendy D'Andrea, PhD

Assistant professor of psychology, The New School for Social Research NYC. Her NIMH-funded study investigates how information processes, especially attention and emotion, are impacted by prolonged trauma exposure and reshaped through therapeutic interventions.

Janina Fisher, PhD

Instructor, Trauma Center at JRI; Assistant Director, Sensorimotor Psychotherapy Institute; EMDRIA-approved Consultant; co-author (with Pat Ogden), *The Body as Resource*.

Sebern Fisher, MA, BCN

Psychotherapist and neurofeedback consultant, Northampton, Mass.

Julian D. Ford, PhD

Professor, Department of Psychiatry, University of Connecticut Health Center; Director, Center for Trauma Response, Recovery and Preparedness (www.ctrp.org); co-author, *Complex Traumatic Stress Disorders: A Practice Guide for Clinicians*; author, *Post-traumatic Stress Disorder: Scientific and Professional Dimensions*; co-editor, *Treating Complex Traumatic Stress Disorders*; Developer of the TARGET treatment model.

Paul A. Frewen, PhD, C.Psych

Assistant Professor, Department of Psychiatry and Psychology, University of Western Ontario; Chair, Traumatic Stress Section, Canadian Psychological Association. Author of 35 papers on trauma, affect regulation, mindfulness, dissociation, and the self.

Lori D. Galperin, MSW, LCSW

Clinical Co-director, Monarch Cove Treatment Center for Eating Disorders, Pacific Grove, Calif.

Lisa Goldblatt Grace, LICSW

Co-founder & Director, "My Life My Choice" at JRI; Co-chair, Training and Education Committee, Massachusetts Attorney General's appointed Task Force on Human Trafficking; Adjunct Faculty, Boston University School of Social Work.

Jessica Griffin, PsyD

Assistant Professor of Psychiatry and Pediatrics; Principal Investigator, University of Massachusetts Child Trauma Training Center. Dr. Griffin is the sole national-level TF-CBT Trainer in Commonwealth of Mass.

Paul Griffin

Founder and President, The Possibility Project, a NYC nonprofit that uses the performing arts to bring teenagers together to transform the negative forces in their lives into positive action; he also teaches "The Performing Arts for Social Change" at Sarah Lawrence College.

Frances K. Grossman, PhD, ABPP

Professor Emeritus, Boston University Department of Psychology; Senior Supervisor, Trauma Center at JRI.

Ed Hamlin, PhD

Clinical Director, Pisgah Institute's Center for the Advancement of Human Potential; adjunct faculty, East Tennessee State University Medical Center and Western Carolina University.

Laurence M. Hirshberg, PhD

Director of The NeuroDevelopment Center; Clinical Assistant Professor at Brown University Medical School; guest editor of *Child and Adolescent Psychiatric Clinics of North America* on applied neuroscience and neurofeedback.

Hilary Hodgdon, PhD

Assistant Director of Research, Trauma Center at JRI; Trauma Programming Director, The van der Kolk Center.

Elizabeth Hopper, PhD

Associate Director of Training, Trauma Center at JRI; co-author, *Overcoming Trauma Through Yoga: Reclaiming Your Body*.

Jim Hopper, PhD

Independent consultant and Clinical Instructor of Psychology, Cambridge Health Alliance and Harvard Medical School.

Richard Jacobs, PsyD

Private practice in Brookline, Mass., focusing on mind/body psychotherapy, the integration of Eastern and Western psychologies, and neurofeedback.

Jon Kabat-Zinn, PhD

Professor of Medicine Emeritus at the University of Massachusetts Medical School; Founding Executive Director, Center for Mindfulness in Medicine, Health Care, and Society (1995); founder (in 1979) and former director of world-renowned Mindfulness-based Stress Reduction (MBSR) Clinic; author of numerous books and scientific papers on mindfulness and MBSR.

Gilbert Kliman, MD

Distinguished Life Fellow and Diplomate, American Psychiatric Association; Senior Life Fellow and Diplomate, American Academy of Child & Adolescent Psychiatry; Medical Director, The Children's Psychological Health Center, Inc., San Francisco, Calif.

Erika Lally, LMHC, ATR-BC

Art therapist and SMART team member; adjunct faculty, Lesley University.

Ruth Lanius, MD, PhD

Professor, Department of Psychiatry, University of Western Ontario, Canada; co-editor (with Eric Vermetten and Clare Pain), *The Impact of Early Life Trauma on Health and Disease: The Hidden Epidemic*.

Bryan Lary, LICSW

Program Director, Cohannet Academy, JRI.

Daniel Leven, RSMT

Founder and director of the Leven Institute for Expressive Movement; Faculty of the Kripalu Center and the Hartford Family Institute for Body-centered Gestalt Therapy.

Karlen Lyons-Ruth, PhD

Professor of Psychology, Harvard Medical School; Director, Biobehavioral Studies Lab at Cambridge Health Alliance. Author of more than 90 research articles and book chapters on infant development, early attachment relationships, and the interplay between genetic and environmental factors in young adult psychopathology.

Alexander McFarlane, MB BS (Hons), MD

Professor of Psychiatry, Head CMVH, University of Adelaide Node, The Centre for Military and Veterans' Health, Australia; Past President, ISTSS. Author of more than 300 peer-reviewed scientific articles on PTSD. Co-author, *Traumatic Stress: The Effects of Overwhelming Experience in Mind, Body and Society*. Principal investigator, Australian Department of Defense longitudinal study of combat exposure.

Michael Mithoefer, MD

Clinical Assistant Professor of Psychiatry, Medical University of South Carolina. Completed the first FDA-approved clinical trial of MDMA-assisted psychotherapy for treatment-resistant PTSD; currently conducting second MDMA-assisted study of psychotherapy in military veterans, firefighters, and police officers with PTSD.

Dana Moore, LPCC, CADS

Former faculty member of the Trauma Center Professional Training Institute. Currently teaches professional training programs at Esalen and Kripalu Center for Yoga & Health.

Lisa M. Najavits, PhD, ABPP

Professor of Psychiatry, BUSM; Lecturer, HMS, VA Boston; clinical associate, McLean Hospital. Author, *Seeking Safety: A Treatment Manual for PTSD and Substance Abuse* (2002), *A Woman's Addiction Workbook* (2002), and over 150 professional publications. Past President, Society of Addiction Psychology.

Pat Ogden, PhD

Founder and Director, Sensorimotor Psychotherapy Institute, Boulder, Colo.; Faculty, Naropa University; first author, *Trauma and the Body: A Sensorimotor Approach to Psychotherapy*.

Jenny Phillips, PhD

Psychotherapist, Boston, Mass.; Board of Trustees Member, Justice Resource Institute; vipassana meditation teacher; author, *Letters from the Dhamma Brothers: Meditation Behind Bars*, an account of vipassana meditation in a maximum-security prison.

Nnamdi Pole, PhD

Associate Professor of Clinical Psychology at Smith College; Associate Editor, *Psychological Bulletin*; editorial board member, *Journal of Anxiety Disorders and Psychological Trauma: Theory, Research, Practice, and Policy*.

Audrey Porter

Associate Director, "My Life My Choice" at JRI; Co-chair, Victim Services Committee, Massachusetts Attorney General's appointed Task Force on Human Trafficking.

Meredith Rapoza

Clinical Director, Swansea Wood School, JRI.

Tomas Ros, PhD

Postdoctoral Fellow, Laboratory for Neurology and Imaging of Cognition, University of Geneva, Switzerland.

Tara Sagor, LMHC

Clinical Director, Walden Street School, JRI.

Ralph Savarese, PhD

Fellow, Duke University Institute for Brain Sciences. Poet, essayist, translator and author, *Reasonable People*. Co-editor, *Autism and the Concept of Neurodiversity*. Grants, National Endowment for the Humanities, and the Mellon Foundation Professor, Grinnell College, Iowa.

Mark F. Schwartz, ScD

Former Executive Director, The Masters and Johnson Institute and Inpatient Treatment programs. Author, *Sexual Abuse and Eating Disorders*; *Sexually Compulsive Behavior*; and *Sex and Gender*. Consulting Clinical Director, Castlewood Treatment Centers for eating disorders; Clinical Co-director, Monarch Cove.

Joseph Spinazzola, PhD

Executive Director, Trauma Center at JRI; Director of Trauma Programming, The van der Kolk Center; Vice President, Behavioral Health & Trauma Services, Justice Resource Institute.

Alan Sroufe, PhD

Professor Emeritus, Child Psychology, Institute of Child Development at the University of Minnesota; Associate Editor, *Developmental Psychology* and *Development and Psychopathology*. Author of seven books, including *The Development of the Person: The Minnesota Study of Risk and Adaptation from Birth to Adulthood* and 140 articles on related topics. Honorary Doctorate Degree, University of Leiden.

Andre Solomita, LICSW

Program Director, Pelham Academy, JRI.

Jenn Turner, LMHC, RYT

Trauma Center Yoga Services Coordinator and Staff Clinician, Metrowest Behavioral Health Center.

Ed Tronick, PhD

University Distinguished Professor, University of Massachusetts Boston; Director of Child Development Unit, Children's Hospital Boston; author, *The Neurobehavioral and Social Emotional Development of Infants and Children*.

Shelley Uram, MD

Harvard-trained, triple Board Certified psychiatrist; Clinical Associate, Professor of Psychiatry at the University of Arizona College of Medicine; senior faculty at The Meadows.

Bessel A. van der Kolk, MD

Professor of Psychiatry, Boston University School of Medicine; Medical Director, Trauma Center at JRI; Past President, International Society for Traumatic Stress Studies; Director, National Complex Trauma Treatment Network (NCTSN); author, *Psychological Trauma*; editor, *Traumatic Stress: The Effects of Overwhelming Experience on Mind, Body, and Society*.

Elizabeth Warner, PsyD

SMART Project Director; Senior Supervisor, Trauma Center at JRI.

Debra Wesselmann, MS, LIMHP

Co-founder, The Attachment and Trauma Center of Nebraska, Omaha, Neb.; author, *EMDR for Attachment Trauma: Healing Children Through an Integrative Team Approach*.

Laura Wood, MA, PLPC

Castlewood Treatment Center. Specializes in the treatment of trauma and dissociation, attachment, grief and loss, and the use of drama therapy and expressive action-based methods.

Jessica Wozniak, PsyD

Clinical Grants Coordinator, Baystate Children's Hospital's Family Advocacy Center; Co-principal Investigator, SAMHSA/NCTSN funded TF-CBT dissemination grant; Clinical Instructor, Tufts Medical School; Adjunct Professor, University of Hartford.

Registration

Please complete the form below or register online at themeadows.com

COURSE - CHOOSE ONE	FULL PRICE	EARLY REGISTRATION 30 DAYS PRIOR	RESIDENTS, FELLOWS-IN-TRAINING, FULL-TIME STUDENTS
2-day Workshop Only – Weds., May 29 - Thurs., May 30, 2013 Choose One Workshop: <input type="checkbox"/> 1 <input type="checkbox"/> 2	<input type="checkbox"/> \$295	<input type="checkbox"/> \$240	<input type="checkbox"/> \$215**
One 1-day Workshop Only – Weds., May 29, or Thurs., May 30, 2013 Choose One Workshop: <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5 <input type="checkbox"/> 6 <input type="checkbox"/> 7 <input type="checkbox"/> 8 <input type="checkbox"/> 9 <input type="checkbox"/> 10	<input type="checkbox"/> \$200	<input type="checkbox"/> \$160	<input type="checkbox"/> \$135**
Two 1-day Workshops – Weds., May 29, and Thurs., May 30, 2013 Choose One Workshop for Day One (Weds.): <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5 Choose One Workshop for Day Two (Thurs.): <input type="checkbox"/> 6 <input type="checkbox"/> 7 <input type="checkbox"/> 8 <input type="checkbox"/> 9 <input type="checkbox"/> 10	<input type="checkbox"/> \$325	<input type="checkbox"/> \$295	<input type="checkbox"/> \$205**
Psychological Trauma Conference Only – Fri., May 31 - Sat., June 1, 2013	<input type="checkbox"/> \$325	<input type="checkbox"/> \$295	<input type="checkbox"/> \$205**
Conference and a 2-day Workshop – Weds., May 29 - Sat., June 1, 2013 Choose One Workshop: <input type="checkbox"/> 1 <input type="checkbox"/> 2	<input type="checkbox"/> \$520	<input type="checkbox"/> \$475	<input type="checkbox"/> \$370**
Conference and One 1-day Workshop – Weds., May 29 - Sat., June 1, 2013 Choose One Workshop: <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5 <input type="checkbox"/> 6 <input type="checkbox"/> 7 <input type="checkbox"/> 8 <input type="checkbox"/> 9 <input type="checkbox"/> 10	<input type="checkbox"/> \$430	<input type="checkbox"/> \$400	<input type="checkbox"/> \$290**
Conference and Two 1-day Workshops – Weds., May 29 - Sat., June 1, 2013 Choose One Workshop for Day One (Weds.): <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5 Choose One Workshop for Day Two (Thurs.): <input type="checkbox"/> 6 <input type="checkbox"/> 7 <input type="checkbox"/> 8 <input type="checkbox"/> 9 <input type="checkbox"/> 10	<input type="checkbox"/> \$550	<input type="checkbox"/> \$505	<input type="checkbox"/> \$400**

** Letter of verification is required from your training program; fax to 928-684-7821 or email to events@themeadows.com

**Support the Trauma Center at JRI
30th Anniversary Endowment Campaign**

\$30

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Name _____
 Credentials _____
 Address _____
 City _____
 State _____ Zip _____
 Daytime Phone _____
 Fax _____
 Email _____

Method of Payment:

Please include payment to ensure registration. You will receive a confirmation letter by mail or email if registering online; receipt of payment will be given at the event.

Check enclosed in the amount of:

\$ _____
 (Make checks payable to The Meadows.)

Charge \$ _____
 to my Visa MC AMEX

Credit Card# _____

Exp. Date _____ *Credit Card Security # _____

Signature _____

* The credit card security number is the last three digits located on the back of your credit card.

RSVP at least one week prior to event.

GENERAL INFORMATION

Send to:

ATTN: Registration Desk
 MAIL: The Meadows
 1655 N. Tegner Street
 Wickenburg, AZ 85390
 PHONE: 800-240-5522
 FAX: 928-684-7821 (secured fax)
 EMAIL: events@themeadows.com

Refund Policy: An administrative fee of \$60 is deducted for cancellation. Refund requests must be made in writing to The Meadows, 1655 N. Tegner Street, Wickenburg, AZ 85390, fax: 928-684-7821, or email: events@themeadows.com; requests must be postmarked by May 1, 2013. No refunds will be made thereafter.

Special Accommodations: For ADA accommodation, please call 800-240-5522 no later than three weeks prior to the course.

Course Location and Hotel Accommodations: The conference will be held at the Seaport World Trade Center. A limited number of rooms have been reserved at the Seaport Hotel until April 26, 2013, at a discounted rate for conference attendees. Call 877-SEAPORT for reservations. Please mention that you are attending the Trauma Conference.

For FAST registration, register online at:
themeadows.com