



## SUMMER 2013 - FAMILY ADVENTURE ESCAPE

**Package Dates** June 2013 – August 2013

**Package Price** \$2300 per person double occupancy - Adult  
\$1150 per child 15 and under  
Children under 3 no charge

**Day One** **Arrive Tranquilo Bay. Guided Hike or Kayak at Tranquilo Bay.**  
We will meet you at the airport in Bocas Town and assist you with your entry into Bocas del Toro. We then take a tour of the historic and eclectic main streets of Bocas Town. Following your tour of Bocas Town we will transfer you to Tranquilo Bay. Upon arrival at Tranquilo Bay you and your family leisurely settle into your cabana. Once you settle in, you have the choice between a guided hike on our two -mile nature trail watching for wildlife or a leisurely afternoon kayak and snorkeling session searching out water life above and below the surface.

**Day Two** **Snorkel & Beach trip to Zapatilla Cayes**  
These two unspoiled islands are protected by Bastimentos National Marine Park. These pristine white sand islands are covered in coconut palms, tropical hardwoods, sea grapes, and almond trees draped in a collage of bromeliads, ferns, orchids and other epiphytes. It is possible to walk around these islands while stopping to explore the white sand beaches and reefs covering the entire circumference. Snapper, barracuda and vivid tropical fish abound on the beautiful reefs surrounding the area.

**Day Three** **Salt Creek Village - Indian Village Visit & Jungle Hike**  
Following breakfast, we will leave the facility for a 15-minute boat ride to Salt Creek. Here we will continue up the creek beneath the canopy of dense mangrove forest to the indigenous village of Quebrada Sal. To access the trailhead into Bastimentos National Marine Park, we will cross the rolling open pastures of the village. As we enter the park, the dense rainforest canopy is full of exotic tropical plants. Wildlife sightings may include white-faced monkeys, two- and three-toed sloths, green iguanas, Jesus lizards, poison dart frogs, butterflies, and a plethora of exotic birds as we hike toward Playa Larga. Surrounded by the jungle, we will begin to hear the ocean swells. Then all of a sudden, as if someone turned on the lights, we exit the canopy onto the long, sweeping beach. This pristine beach is a nesting ground to four species of endangered sea turtles and is protected by the national park. After a refreshing swim, and lunch on the secluded beach, we head back through the jungle and return to the boat.

**Day Four** **Cacao Plantation Tour**  
Following breakfast, we will deploy by boat on a 15-minute passage trek across Dolphin Bay for the Green Acres Cacao Plantation. Guided by Dave and Linda Cerutti, the owners and operators of the facility, we will their gardens as Dave presents us with extensive information about his farm. It is here where one of the rarest strands of cacao plant in the world, the Criollo, is grown. Details of his modest but extraordinary chocolate manufacturing techniques will accompany; including growth of the trees, a step-by-step process of how chocolate is made from bean to bar and a sample of the farm's product. The day trip includes lunch onsite at an immaculately built stone-structured home, surrounded by

grounds with an exotic collection of tropical plants from around the world. Multiple varieties of tropical birds and the dendrobates auratus (black and green poison dart frog) all live onsite for your discovery. This humble couple and their unique project of growing cacao to save the rainforest, while making unparalleled chocolate, are not to be missed.

#### **Day Five**

##### **Cave Nivida Exploration**

Following breakfast we will leave the facility in a support boat for a 15-minute ride across the Bastimentos National Marine Park. In kayaks we will meander through the glassy calm backwaters of Bahia Honda. Following the jungle's edge of Isla Bastimentos we will paddle through channels, deep bays, mangrove cayes, and patch reef. Dolphins like the deep water of Bahia Honda and can often be seen breaching the surface for air. Many birds can be seen feeding near the waters edge, and the jungle is home to white-faced capuchins, two- and three-toed sloths, green iguanas, and caimans. In the back of Bahia Honda we will paddle up a small creek through lush vegetation. A short jungle walk leads to the entrance of cave Nivida. Entering the cave with lights, we will explore this subterranean phenomenon while wading through cold spring water and passing nectar bats. A support boat will be waiting at the mouth of the creek for our return to Tranquilo Bay.

#### **Day Six**

##### **Bird Tranquilo Bay Trails**

Tranquilo Bay's grounds include over 100 acres with several kilometers of forested trails covering different habitats. This forest and its edge are home to many of Isla Bastimentos common favorites including multiple raptors, Montezuma Oropendolas, Red-lored Parrots, hummingbirds, 5-species of kingfishers, Green Ibis, tityras, woodpeckers, honeycreepers, tanagers, pigeons, antbirds, manakins, seedeaters, and herons, and, in season Three-wattled Bellbirds. Our sixty-foot rainforest canopy observation tower gives you amazing access to these creatures. White-faced Capuchins, three and two toed sloths, green iguanas, basilisk lizards, butterflies and poison dart frogs are also common on these trails. After dinner try to spot some of the local nocturnal residents such as the Common Potoo, Owls, Western Night Monkey, Four-eyed opossum, Woolly opossum, Crab-eating raccoon, Speckled Caiman and bats.

#### **Day Seven**

##### **Cliffs and Beaches**

Following breakfast, we will leave the facility in a support boat for a 15-minute ride to a beautiful palm covered beach called Punta Vieja. From there, we will begin our exhilarating open-ocean paddle down the dramatic windward shoreline, en route to Playa Larga. Playa Larga is a three-mile-long uninhabited beach located within the Bastimentos National Marine Park. We will paddle over reef, rock and sand bottom as we observe the jungle flora and fauna on the shoreline. This entire coastline includes beautiful white sand beaches, rock cliffs and offshore rock outcroppings. We will stop at a pristine and secluded beach for a picnic-style lunch. After lunch we can swim, snorkel, or just relax on the beach before heading back to the support boat.

#### **Day Eight**

##### **Bird, Hike, Kayak or Snorkel At Your Leisure. Depart Tranquilo Bay.**

Depending upon the time of your domestic flight returning to Panama, you have the choice between a guided hike on our one-mile nature trail watching for wildlife or a leisurely kayak and snorkeling session searching out water life above and below the surface. Transfer to Bocas del Toro, for your departure from Bocas del Toro.

#### **Package Includes**

Transfers between Bocas Town and Tranquilo Bay on either Wednesday or Saturday

Meals and Beverages at Tranquilo Bay

Breakfast

Lunch

Appetizers

Dinner - 3-5 course meal

Snacks available all the time

Beverages - Non alcoholic, Panamanian beer, House South American Wine, Panamanian Rum

Deluxe Air Conditioned Cabanas

Access to water and land activities directly from Tranquilo Bay

Activities daily as designated in the itinerary

## Four Day Itinerary

**Package Price** \$1540 per person double occupancy - Adult,  
\$770 children 15 and under, Children under 3 - no charge

Day One Arrive Tranquilo Bay. Activities at Tranquilo Bay.  
Day Two Salt Creek Village - Indian Village Visit & Jungle Hike  
Day Three Snorkel & Beach trip to Zapatilla Cayes  
Day Four Cave Nivida Exploration & Bastimentos High Point Hike  
Day Five Activities at Tranquilo Bay. Return to Panama City.

## Three Day Itinerary

**Package Price** \$1210 per person double occupancy  
\$606 children 15 and under, Children under 3 - no charge

Day One Arrive Tranquilo Bay. Activities at Tranquilo Bay  
Day Two Snorkel & Beach trip to Zapatilla Cayes  
Day Three Salt Creek Village - Indian Village Visit & Jungle Hike  
Day Four Activities at Tranquilo Bay. Return to Panama City

## Policies

### Reservations:

Tranquilo Bay's policy is that 50% of the amount due is payable upon making the reservation in order for us to hold the spot for you. The remaining 50% is due thirty (30) days prior to your arrival. In the event that you have to cancel or reschedule your trip, we will provide you with a 100% refund less a \$100 processing fee per person as long as you cancel more than sixty (60) days prior to your arrival. If you cancel within the sixty (60) days prior to your arrival we will refund 70% of your vacation package amount. If you reschedule, we will credit the amounts you have paid to your rescheduled trip.

### Activities:

All activities are subject to agreeable conditions and weather. Tranquilo Bay does not control such so we cannot guarantee all activities will be available at all times.

### Gratuities:

We suggest that you bring cash with you to pay tips to your guides, etc. throughout your trip. We suggest \$10 per person (in your party) per guided day as a basic tip for your guides. We suggest \$5 per person (in your party) per day for your domestic staff gratuity.

### Travel Days:

Tranquilo Bay travels to Bocas town on Isla Colon on Wednesdays and Saturdays. All guests should arrive in Bocas town by 5:00 pm on either Wednesday or Saturday. Transportation for guest arrivals on any other day or at any other location to or from Tranquilo Bay is available for an incremental \$100 charge for each boat trip. This charge covers the boat and is not per person.