



### About the Author

Thomas R. North is a writer, poet, and adventurer. As the 11<sup>th</sup> of the 20 Beardsley children made famous in the film "Yours, Mine and Ours", Tom had first hand experience of what it was really like to grow up in that family in Carmel, California. Having spent his formative years growing up in the forests of the Pacific Northwest, Tom was guided to seek solace and sanity in nature and later, Eastern Meditation.

He has become a successful financial advisor, writer, poet, and motivational speaker. Tom has written extensively about scuba diving, jade hunting in the wilds of Big Sur, and spiritual topics as well. He is working on his second book, *The Economics of Spiritual Transformation*.

**Author: Tom North**

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## TRUE NORTH - The Shocking Truth about "Yours, Mine and Ours"

**An inspirational story of survival and hope**

Tom North is one of the eight North children, who together with the ten Beardsley children, became the family which was featured in the 1968 film, "Yours, Mine and Ours" starring Lucille Ball and Henry Fonda, and again in the 2005 version starring Rene Russo and Dennis Quaid.

The book begins in the 1950s on Whidbey Island, Washington, where Tom's mother, Helen North, becomes a widow when she was just 30 years old and pregnant with her eighth child. Tom was six years old, the fourth child in the North family. Not long after, Helen North met and married Frank Beardsley, a man with 10 children, and they moved to Carmel, California. The North children were adopted and their names were changed to Beardsley.

But, it wasn't one big happy family as the movies depicted. The stepfather's violence, abuse, and even sexual abuse created a life of intimidation, confusion, turmoil, fear and depression for the North children. All hope seems lost as Tom realizes that he is caught in a prison and there is no way out. When he finally leaves home, he travels on a journey of self-discovery, survival and healing.

Years later, Tom miraculously leads his family in counseling sessions where *shocking truths are revealed*. He then comes full circle as he reclaims his father's name and is finally, *True North*.

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*"True North captures the devastating emotional toll that childhood trauma can have upon us, and how the powerful nature of self awareness, group healing, and forgiveness can set us free."*

**-Chris Powell, Celebrity Trainer  
& New York Times Best-Selling Author**

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*"True North gave me both the inspiration and encouragement to "follow my heart and, by so doing, I am discovering a uniting and loving presence that is always there to guide and nurture me.  
Thank you for writing this book. It is truly life-changing."*

**-Shane Murphy, Student  
Maharishi University of Management**

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*"True North is a raw, gritty, incredible story of suffering, courage, healing and redemption. It helps us understand that human beings are ever so fragile, and at the same time, remarkably resilient. It will deeply move you, and encourage you to see the shimmering beauty and innocence in everyone, including yourself."*

**-Scott Kalechstein Grace, Author of Teach Me How to Love, and If Dr. Seuss Studied Eckhart Tolle.**

## TOM NORTH - MOTIVATIONAL/INSPIRATIONAL GUEST AND SPEAKER



Thomas R. North is a writer, poet, and adventurer. As the 11<sup>th</sup> of the 20 Beardsley children made famous in the film “Yours, Mine and Ours,” Tom had first hand experience of what it was really like to grow up in that family in Carmel, California. Having spent his formative years growing up in the forests of the Pacific Northwest, Tom was guided to seek solace and sanity in nature and later, Eastern Meditation.

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*We need not necessarily isolate ourselves because of the pain we carry; we see the divine in ourselves and in others, and we are happy because that is what happiness is.*

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### Why this story must be told.

**The silence which surrounds domestic violence and child abuse in America is deafening.**

*True North - The Shocking Truth about “Yours, Mine and Ours”* is an important literary work whose purpose is to advance discussion of this national epidemic; a discussion which is critical to the process of identifying solutions to a problem that will only grow if left alone.

Tom North is the author of *True North - The Shocking Truth about “Yours, Mine and Ours,”* an inspirational story of survival and hope. He is a dynamic speaker who touches the hearts and minds of audiences from all walks of life, and helps them realize and recognize that they are not walking alone.

Tom explains: “My mission is to reach out to people who feel isolated, or misunderstood in the world and help them understand that they are not alone, and that their feelings may well be related to experiences they had in their early lives where they felt victimized by those who had greater power than they did. Those experiences may have caused great pain. I want people to understand they are not alone and that most everyone feels the same way. The more they experience their own divinity and essential nature, the more they will actually relate to humanity and see the beauty in the world, and not the pain.”

Sometimes entertaining and funny, sometimes serious, but always moving and inspiring, Tom North brings a fresh approach to a very serious problem. Your audience will gain:

- a better understanding of their own behavior patterns that have resulted from their trauma.
- a new feeling of hope.
- a realization that they are not alone and that many people feel the same way.
- a new inspiration to discover their own divinity, their true essential nature, and their connectedness to humanity and all life.
- an understanding of how and why their connection to humanity is a necessary key to their happiness and fulfillment.

Tom North appears on radio and television programs, and speaks at schools, professional associations and self-help organizations.