

Small Incision Hip Resurfacing



ORTHOPEDIC SURGEONS



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What is Hip Resurfacing?

Hip resurfacing is a surgical procedure designed to relieve hip pain without the need for a total hip replacement. It does this by conserving more of your bone than total hip replacement.

- Hip resurfacing uses two man-made parts, a metal cup and a cap.
- The metal cup replaces the damaged hip socket.
- The cap covers the ball-shaped bone or the femoral head bone.
- Both parts are made from highly polished metal, commonly called a metal-on-metal hip resurfacing device.

What are the Benefits of Hip Resurfacing?



Arthritis Hip X-Ray

The most important benefit of hip resurfacing?

- The retention of more of your healthy bones.
- The damaged portions are resurfaced, not totally removed.
- It is easier to structure your replacement parts closer to your original bone size, providing a better fit and a more stable joint.
- Regain a greater range of motion.
- Reduce chances of dislocation.
- A quicker recovery so you can return to your normal level of activity.
- Potential for better longevity of hip.



Hip Implant Model

Am I a Candidate for Hip Resurfacing?

Hip resurfacing is appropriate for younger, active patients. If you have good bone quality but suffer from osteoarthritis or rheumatoid arthritis, you may benefit from this type of surgery. It is not recommended for patients with infections of the hip joint, weak bones, cysts, allergies to metal, obesity, immature bones, weak immune systems or kidney failure. Your surgeon will help you decide the best solution to your hip pain problem.



Success Rate

Clinical studies evaluating the effectiveness, results and safety of hip resurfacing show 95% of the patients had good to excellent results from their surgery.

Why Have Hip Resurfacing?

With modern-day implants and surgical techniques, many advantages exist for a “retread” compared to hip replacement in the past.

Benefits

▶ **Smaller Incisions/Hidden Sutures**

A smaller incision is made, rather than the 8” incision required for total hip replacement. For a more pleasing appearance after surgery, small self-dissolving sutures (like those used by cosmetic surgeons) are hidden underneath the skin. No skin clips or staples are used and no stitches have to be removed.

▶ **No Blood Needed**

Often, people must donate blood before hip resurfacing to replace the amount lost during surgery. We do not.

▶ **Hospital Stay**

Benefits of a less invasive procedure include less discomfort, a shorter hospital stay and more rapid healing.

▶ **No Physical Therapy**

A few gentle exercises and progressive stretching to strengthen muscles is the only physical therapy needed for more than 95% of patients.

▶ **No Motion Machines**

Keeping You In The Comfort Zone

Several methods of pain control keep you comfortable.

During your brief surgery, either general anesthesia or spinal anesthesia with enhancement (to help you relax and give you a light snooze) will be used. After surgery, medications could include narcotics by mouth or intravenously.

Hotel-Style Luxury/Hospitality

Florida Knee and Orthopedic Pavilion

As soon as you get off the elevator, the concierge greets you and escorts you to your room. You and a family member join other guests in the Key Largo Theatre for a buffet. You hear music coming from a baby grand piano in the Piano Bar down the hall.

You’re not at the Ritz-Carlton. You’re at the Florida Knee and Orthopedic Pavilion, a penthouse facility atop Largo Medical Center.

In addition to outstanding nursing and surgical care, you’ll enjoy upscale perks and special touches in a relaxing, comforting atmosphere that help you feel better and recover quicker.

**Concierge Services • Golf Course Views
24-Hour Room Service**

Door-to-Door Transportation



Piano & Latte Bar



Family Member Stay

