

Home Health & Hospice Private Duty Hospice Foundation

> Pathways Family of Services includes: Hospice Home Health Private Duty Hospice Foundation

Winner of the American Hospital Association Circle of Life Citation of Honor



Joint Commission Accredited

Pathways **KIDS**

PALLIATIVE CARE FOR CHILDREN

Pathways **KIDS** is a family-centered program specifically designed to provide home visits for children with life-threatening illnesses. The focus is on enhancing quality of life for the child and family through the medical expertise of the Pathways **KIDS** Team and its supportive care. The team is on call 24 hours a day for consultation or home visits when needed.

The Pathways \mathbf{KIDS} Team works with the child, family, and child's doctor to plan individualized care based on the family's goals. The entire family, including brothers and sisters, receive support. The team also provides the resources of a medical director certified in Hospice and Palliative Medicine and pediatric specialty nurse consultants.

We want to help families continue life as normally as possible. To do this we help to control pain and other uncomfortable symptoms. One of the innovative ways we do this is with our rich Integrated Therapies program. This provides creative ways to complement medicine to manage symptoms—things like aromatherapy, comfort touch, music therapy, and guided imagery.

We also can give families emotional and spiritual support. While the goal of our program is comfort, any treatment option can be explored. Pathways comfort care can be provided at the same time as treatments aimed at curing.

When a child has been diagnosed with a life-threatening illness, making the right decisions can be hard. We listen to what families want and help them steer through the healthcare system. We attend to the physical, psychological, social, and spiritual needs of each family — with respect for their cultural traditions.

> "With Pathways **KIDS**, we knew we had someone on our side all the time, looking out for us and our best interests." -Jennifer, mother of baby Jordan

Pathways Home Health & Hospice A community based, not-for-profit agency 1.888.755.7855

It Takes a Team

Pathways **KIDS** team of healthcare professionals will teach your family and help you find other support in the community to give your child the best care. We give parents the confidence to care for seriously ill children at home. We become part of the medical team you already have—the part that sees you at home. We are always just a phone call away, available 24 hours a day.

You are in charge of the care we give, and can choose as many of our professionals as you need or want. In addition to your nurse case manager, your Pathways **KIDS** team may include:

Palliative care doctor Medical social worker Pharmacist Volunteers Pediatric nurse Home health aide Spiritual care counselor Bereavement counselors

A team member is available to visit you at home or in the hospital to give you information. We may also participate in hospital care conferences.

Grief Support

For parents, siblings, grandparents and others grieving the loss of a child, individual counseling sessions and support groups help transform grief into healing, growth, strength and hope.

Losing a loved one at an early age is a life-altering experience. Support for children in the year after the loss will make their path easier. Through counseling, art, music and other expressive ways, children can tell their story in a safe and comfortable environment, while developing healthy coping skills.

Making the Call

Anyone can call for information about Pathways KIDS; however, we need an order from the doctor to begin service. Call us anytime after a diagnosis of a life-threatening illness when you need medical expertise and support at home. If going to the doctor's office becomes harder and harder for the child.... if family members are feeling more stressed...if the child's symptoms are getting harder to manage.... call 1.888.755.7855 and a member of the team will contact you.

Pathways Home Health & Hospice is a community based, not-for-profit organization. Our services may be covered by your private health insurance plan or Medi-Cal. We will help you determine your coverage and advocate for you. The KIDS team will also explore support available through community organizations and Pathways Hospice Foundation.

A Caring Community

We believe that everyone is entitled to full support during a life-threatening illness. Pathways receives private donations, memorial gifts, and grants from the community to help support Pathways **KIDS** and other programs. To find out more about how you can help, please call our Foundation at 1.800.753.3071, or make a donation online at www.pathwayshealth.org.