

ECO-ADVENTURE GUIDE



ZIP LINE CANOPY TOUR



Traverse cables high above an ever-babbling mountain stream and spend time among centuries-old hemlocks, mature sugar maples and paper birches on Vermont's first "World-Class" zip line canopy tour.

Designed to educate, entertain and inspire, the Zip Line Canopy Tour consists of a series of 8 interconnected zip lines through dense mountain forest, 2 suspension bridges, and 2 rappels. Navigating in small groups, each tour is accompanied by two guides familiar with the local ecology and natural history, who are prepared to deliver an unforgettable experience.

The Zip Line Canopy Tour is the pinnacle of the ArborTrek brand and has been designed to accommodate participants aged 8 and older of moderate to good mobility who are in moderate to good health. While designed for the leisure traveler, it will thrill even the most experienced adventure seeker.



TREETOP OBSTACLE COURSE



Come prepared to climb, swing, balance, jump, zip, and dash through the forest on our Treetop Obstacle Course. Designed for those who like to get physical, the Treetop Obstacle Course blends beautiful views with a variety of elements ranging from easy to extremely challenging, including wobbly bridges, balance beams, rope swings, cargo nets, log swings, and more.

Following thorough instruction at our ground school, participants may select from five different courses. Supervised and encouraged from below by trained guides, participants move through the course connected to a flexible lifeline system that uses SmartBelay technology to ensure 100% connectivity.

The course is designed for participants of good mobility and health. Children between 4 and 8 may complete the first two courses; participants ages 8 to adult who can reach 66 inches with feet flat on the ground, have access to all five courses.



FOR MORE INFORMATION

(802) 644-9300 office | www.arbortrek.com | reservations@arbortrek.com
1239 Edwards Road, Jeffersonville, VT 05464 | GPS: 44.597832, -72.800817



SMUGGLERS' NOTCH
V·E·R·M·O·N·T

America's Family Resort™

* Rates above are quoted *per participant*. All programs are subject to 6% sales tax and 1% booking fee. Pricing does not include gratuities. Groups of more than 16 persons participating in the zip line canopy tour or treetop obstacle course will have an 8% gratuity automatically added to their final bill. Prices are subject to change without notice and subject to course availability. Tour lengths as presented for the canopy tour treetop obstacle course are for estimated time on course per participant. Large groups will need to stagger starts. Call for more details on program length.

PARTICIPANT REQUIREMENTS & PROGRAM RESTRICTIONS

The adventure challenge programs at ArborTrek are designed for participants in moderate to good health with average to good mobility.

ALL PROGRAM REQUIREMENTS

- **All participants must agree to and sign a participant agreement. Participants under the age of 18 must have a signed agreement by a parent or legal, court-assigned guardian.**
- All of our courses incorporate short nature walks at various inclines on unpaved trails, which participants must be able to complete.
- Participants must be able to understand and comply with instructions in English or bring their own translator.
- **Sturdy, closed-toe shoes are required.**

ZIP LINE CANOPY TOUR

The canopy tour is the least physically demanding of our adventure challenge programs, but it is also the most remote. For most of the program, participants are elevated high in the forest canopy above a mountain stream, some distance from the ArborTrek Welcome Center and Resort Village.

- **Weight:** 70 – 250 lbs. (< 5'4", max weight is 220 lbs.; < 5'0" max weight is 180 lbs.); Must fit properly into the harness and other protective equipment. All participants will be weighed prior to entering the course. Failure to meet requirements will result in forfeiture of tour and no refund will be provided. Weight limits have been set by the manufacturer for your safety and ours.
- **Minimum Height:** 48 inches
- **Age Requirements:** Must be at least 8 years old; children under age 16 must be accompanied on the tour by a parent or legal guardian; children under age 11 are not allowed on the tour without a 1:1 ratio of parent to child.. If this 1:1 ratio is not possible, it may be necessary to hire an additional guide at the rate of \$65.00. Please call 802-644-9300 to discuss options with the Course Manager.

All children must be able to participate independently of the adult.

- **Ground School:** Prior to embarking on the course proper, participants must complete a short training at our Ground School by demonstrating the ability to observe and respond to guide signals, control their speed by applying downward pressure with a gloved hand to a steel cable, maintain proper zip-lining posture, and to pull themselves along a short length of cable.
- **Independence:** Participants must be able to perform tour activities independent of an aid or parent.

TREETOP OBSTACLE COURSE

The Treetop Obstacle Course and climbing adventures require participants to step, balance, jump, swing, and pull themselves up or along elements. Participants engaging in these activities should be prepared for a physical challenge.

- **Weight:** 40-250 lbs.; must fit properly into the harness and other protective equipment.
- **Minimum Reach:** 66 inches standing with both feet flat on the ground; Participants who cannot reach 66 inches must be accompanied by an adult and can only complete the Apple Creek portion of the course.
- **Age Requirements:**
 - Ages 12 and under must be accompanied by an adult on the course.
 - Ages 4 to 7 years are limited to the Apple Creek portion of the course (approximately 15 elements).
- **Ground School:** Prior to embarking on the course proper, participants must demonstrate the dexterity to transfer their SmartBelay lanyard and the ability to observe and respond to guide signals.
- **Private Guides:** Private guides are available with adequate notice for \$65.00/guide.

CLIMBING ADVENTURES

Participants engaging in our climbing programs should be prepared for a physical challenge and note that these activities utilize auto-belay technology, meaning should they fall, or upon completion of the climb, they will be automatically lowered to the ground at a controlled rate of descent.

- **Weight:** 40-250 lbs.; must fit properly into the harness and other protective equipment.
- **Minimum Height:** While no minimum height is required, routes are designed with teens and adult participants in mind.
- **Age Requirements: Ages 4 and up.**

YOU CANNOT PARTICIPATE IF YOU:

- Are under the influence of alcohol, illegal drugs or legal drugs that impair you in any way (*all courses*).
- Are pregnant or think you might be pregnant (*treetop obstacle course, climbing, and canopy tour*)
- Have recent or recurring neck, back, or musculo-skeletal injuries (*treetop obstacle course, climbing, canopy tour*)
- Have epilepsy or seizure disorders that do not permit you to drive (*treetop obstacle course and canopy tour only*)
- Suffer from a heart condition that may require immediate medical attention (*treetop obstacle course, canopy tour only*)

WHAT TO WEAR

Guests should come dressed for the weather and be prepared to be outside in the elements for the duration of the tour. We recommend wearing several layers as conditions on the courses can change during the span of the tour. **Consideration should be given to the type of program: in general, the Zip Line Canopy Tour is a passive activity; the Treetop Obstacle Course and climbing are highly active.**

Warm Weather (60°F or above): Pants or longer shorts, long- or short-sleeved shirt or wind jacket, sturdy, closed-toe shoes or light hiking boots, rain gear, bug repellent and/or sunscreen.

Cool Weather (30°F to 60°F): Long underwear, turtleneck or long-sleeved shirt; sweatshirt, sweater or fleece jacket; long pants, light-weight jacket, athletic shoes or light hiking boots, light fleece or wool gloves, and rain gear.

Cold Weather (30°F and below): All cool weather gear plus a pair of insulated, waterproof boots, winter-weight jacket, ski pants, neck warmer, fleece or wool hat, ski goggles or wrap-around sunglasses with retainer strap.

CLOTHING NOTES

- For best comfort in the harnesses, we recommend long pants or longer shorts. Shirts should be long enough to tuck into pants to prevent the harness from rubbing on skin.

- Guests with long hair should bring a hair tie or clip to pull their hair back.
- Sunglasses or ski goggles are recommended during cold weather and on days where rain or snow is predicted. We recommend that all glasses be secured with a retainer strap.
- Dress prepared for periods of inactivity.
- **Guests must wear sturdy, closed-toe shoes or boots. Sandals, flip-flops, slip-ons, barefoot running shoes, and Crocs are NOT acceptable and guests without proper footwear will be turned away without refund.**
- ArborTrek cannot be responsible for lost or stolen goods. Please leave all valuables, including jewelry, at home.

WHAT TO BRING

- An adventurous spirit!
- Cameras and video cameras with retaining straps are welcome. Due to the difficulty of retrieving dropped objects from below the courses, we do not recommend bringing cameras that lack secure retaining straps.
- All sunscreen and bug repellent must be applied prior to the start of the tour and may not be re-applied once the harnesses and equipment have been put on.
- Necessary medications. Our courses traverse areas with limited access where medical help could be some time away. Please bring with you all medication that might be immediately necessary to prevent onset of a more serious condition such as asthma inhalers, nitroglycerine pills, EpiPens, insulin, etc.
- Food, water, and snacks for before or after the program. Picnic tables and lawn games are available at the Welcome Center during warmer months. You are welcome to hang out, enjoy the views, and watch others as they prepare for the Zip Line Canopy Tour or make their way through the Treetop Obstacle Course.
- Money to purchase ArborTrek gear and to tip your guides. 8-10% is the customary gratuity.

WHAT NOT TO BRING

- Cell phones are not permitted on the canopy tour or Treetop Obstacle Course. Please leave them at home or in your car.
- Pets. No accommodations will be made for pets on the tour or at the ArborTrek Welcome Center. Please leave pets at home. The only exception to this policy is for trained leader dogs or animals. If you require the assistance of a leader dog or animal, we request you provide us advanced notice.
- Smoking and chewing tobacco, alcohol, or drugs are not allowed on the tour or on the grounds.
- Food and chewing gum are not allowed on the course. Picnic tables and benches are available for use before and after the program.
- Backpacks, hip sacks, and purses are not allowed on the Zip Line Canopy Tour or Treetop Obstacle Course because they can distort balance and cause participants to invert while traversing lines.

PROGRAM PREPARATION

Most of our programs take 2.5 to 3.0 hours to complete. For larger groups participating in the Treetop Obstacle Course and Zip Line Canopy Tour, additional time will be required to space out groups. The majority of this time is spent outdoors and some distance from the Welcome Center and other facilities. Please arrive prepared to be outdoors for up to 3.0 hours, rain or shine!

Programs leave promptly at the scheduled time. We recommend that participants arrive 20-30 minutes prior to their scheduled departure time. Large youth groups should arrive 30 minutes prior to their scheduled departure time with participant agreements already signed and members divided into sub groups with assigned chaperones or staff. During the warmer months, yard games and picnic tables are available. Hiking trails depart from right next to the Welcome Center. In the winter, cross-country ski access is available for Smugglers' Notch Resort guests and pass-holders. For guests with children too young to participate, daycare and youth programs are available through the Resort with prior notice.

BAD WEATHER POLICY

We operate rain or shine. Rarely must programs be cancelled due to inclement weather. During periods of electrical storms, heavy icing, or high winds, we will first delay the program start and only cancel as a last option. In the event that we must cancel a program, we will provide you the option to reschedule or receive a full refund. If you have questions about the weather, please call. We will only call if we know the program you are scheduled on will definitely need to be cancelled or rescheduled.

Note: Some of the most memorable tours come during or after storms. Coming prepared helps ensure a positive experience in any weather.

CANCELLATION POLICY

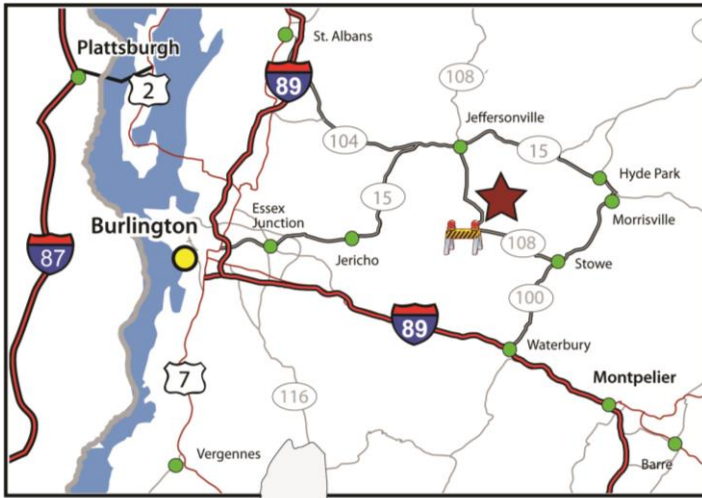
When you make a booking, you are arranging for a program that requires us to reserve course space and equipment, and to hire and train guides and support staff. When you cancel or reschedule, we often incur the same costs and may have turned other people away. For this reason, **we require 14 days notice for cancellations or rescheduling for groups of less than 8, and 30 days notice for cancellation or rescheduling for groups of 8 or more.** Groups who cancel a reservation for any reason with more than 14 days notice (30 days for groups of 8 or more) will receive a full refund less a 20% non-refundable booking deposit. Participants may make one date-change outside of cancellation period without fee. **No refund will be provided with less than 14 days notice.**

Participants should carefully review all program requirements and restrictions prior to booking. In booking, group leaders and all participants acknowledge that the final screening process will take place on-site upon arrival. Guides are authorized to deny any guest participation if they fail to meet any of the participation requirements, or if it is deemed they might pose a risk to themselves, other members of the group, or our staff. No refunds will be issued if participants are denied access to the course for failure to meet screening or participation requirements (including weight limits), choose to depart the course early, or are removed from the course for their inability to follow guide instructions or to participate safely.



ECO-ADVENTURE GUIDE

MAP & DIRECTIONS



Site Address:
ArborTrek Canopy Adventures
1239 Edwards Road
Jeffersonville, VT 05464



The historic Smugglers' Notch Pass on Hwy 108 between Stowe and ArborTrek is closed from Mid-October to Mid-May for passenger vehicles and closed year round to motor coaches, motorhomes, and commercial vehicles.

From Burlington: Follow Route 15 East to Jeffersonville. Turn right on Route 108S at Jeffersonville. Follow for 4.5 miles to Edwards Road on the left. Note: Edwards Road intersects with Route 108S twice. Turn left at the second entrance to Edwards Road. Drive 0.3 miles and turn right into ArborTrek.

From I-89/Stowe/Waterbury (Summer): Take Exit 10 (I-89) in Waterbury, VT. Follow Route 100N to Stowe. In Stowe, turn left on Route 108N/Mountain Rd. through Smugglers' Notch pass to Edwards Road on the right, about 4.5 miles from the top of the pass. Drive 0.3 miles on Edwards Road and turn right into ArborTrek

From I-89/Stowe/Waterbury (Winter): Take Exit 10 (I-89) in Waterbury, VT. Follow Route 100N through Stowe to Morrisville. In Morrisville, pick up Route 15W through Johnson to Jeffersonville. In Jeffersonville, turn left on Route 108 South. Follow for 4.5 miles to Edwards Road on the left. Note: Edwards Road intersects with Route 108S twice. Turn left at the second entrance to Edwards Road. Drive 0.3 miles and turn right into ArborTrek.

From St. Albans: From I-89 and St. Albans State Hwy, head south on VT-104 S/Fairfax Rd. for 18 miles. Turn left on Route 15E for 3.0 miles. Turn right onto Church St. at Jeffersonville. Keep right on Route 108 South. Follow for 4.5 miles to Edwards Road on the left. Note: Edwards Road intersects with Route 108S twice. Turn left at the second entrance to Edwards Road. Drive 0.3 miles and turn right into ArborTrek.

From Smugglers' Notch Village: Turn right on Route 108S and drive for 0.6 miles. Turn right on Edwards Road. Drive 0.3 miles and turn right into ArborTrek.

TO
JEFFERSONVILLE
AND VT ROUTE 15

