THE FEMALE FACE OF ALZHEIMER'S DISEASE

As Mother's Day approaches, our thoughts turn to all things "mom." The lives of an increasing number of mothers, grandmothers, daughters, granddaughters and other women have been touched by Alzheimer's disease – either through their own diagnosis or that of a family member. Here's a look at women and Alzheimer's disease:



MANY MILLIONS OF MOMS

85.4 MILLION = Number of mothers

of all ages in the U.S.



SHOULDERING THE **RESPONSIBILITY OF CAREGIVING**





- 66% of caregivers are female Source: National Alliance for Caregiving and AARP, 2009)
- Female caregivers' average age:

(Source: National Alliance for Caregiving and AARP, 2009)



THE AGING AMERICAN FEMALE

POPULATION 65+



WOMEN

LIFE EXPECTANCY **AFTER AGE 65**



MEN

83

(Source: Social Security Administration, 2013)

WOMEN AT 30% HIGHER RISK **OF DYING FROM ALZHEIMER'S DISEASE**

(Source: Centers for Disease Control, 2013)

75% of females who had a memory screening on the Alzheimer's Foundation of America's National Memory Screening Day reported memory concerns

(Source: Alzheimer's Foundation of America, 2010)

(Source: U.S. Department of

Health and Human Services, 2012)



THE FINANCIAL AND EMOTIONAL **COSTS OF ALZHEIMER'S CARE**

Average cost of care per dementia case in 2010 was between

\$41,000 and \$56,000

(Source: RAND Corporation study, 2013)

76% of female caregivers report either physical or emotional exhaustion from their caregiving duties

(Source: Alzheimer's Foundation of America/ Harris Interactive, 2012-61% of respondents female)

48% Male

35% Female

Percentage of caregivers who feel they are well able to cope with the aggressive behavior of the person they care for

(Source: Alzheimer's Foundation of America/ Harris Interactive, 2012)

Caregivers' most common health changes as a result of behavioral and cognitive symptoms of the person they care for:

- FatigueDifficulty sleepingWeight gain
- Headaches

(Alzheimer's Foundation of America/ Harris Interactive, 2008)



ALZHEIMER'S DISEASE

5.1 MILLION AMERICANS HAVE ALZHEIMER'S DISEASE

(Sources: National Institute on Aging, 2013 and U.S. Department of Health and Human Services, 2012)



 Prevalence doubles every five years beyond age 65

(Source: National Institute on Aging, 2013)

 6th leading cause of death in the U.S. (Source: Centers for Disease Control, 2013)



AND A POSITIVE NOTE:

Sandwich caregiving (caring for child/children under 21 and someone with Alzheimer's disease) has positive aspects:

63% of women reported becoming stronger