

	EndoMune Adult	Align	Culturelle	Lactinex Tabs	Florastor	Primal Defense	Natren Healthy Trinity
Serving Size	16 Billion BACTERIA	1 Billion BACTERIA	10 Billion BACTERIA	4 Million BACTERIA	5 Billion YEAST	5 Billion BACTERIA	30 Billion BACTERIA
Recommended servings/day	1	1	1	3-4	2	3	1
Varieties of Bacteria	10	1	1	2	1 (YEAST)	13	3
PKG in dark glass bottles	Yes	No	No	No	No	Yes	Yes
Contains prebiotics*	Yes	No	No	No	No	No	No
Total Cost per day	\$.70	\$1.07	\$.76	\$2.94	\$1.98	\$1.15	\$1.19
Dairy free	Yes	No	No	No	Yes	Yes	Yes

*Nutrients that stimulate the growth of healthy bacteria and enhance intestinal function

	EndoMune Jr.	Culturelle for kids	Florastor for kids	Flora Udo's Children's	Primal Defense for kids	iFlora for Kids	Primado-philus children	Florajen 4 for kids
Serving Size	10 Billion BACTERIA	1 Billion BACTERIA	5 Billion YEAST	4 Billion BACTERIA	4 Billion BACTERIA	4 Billion BACTERIA	3 Billion BACTERIA	3 Billion BACTERIA
Recommended servings/day	1	1	2	1	2	1	1	1
Varieties of Bacteria/yeast	4	1	1	8	4	7	8	4
PKG in dark glass bottles	Yes	No	No	Yes	No	Yes	No	No
Contains prebiotics*	Yes	No	No	No	No	No	No	No
Total Cost per day	\$.29	\$.89	\$2.18	\$.24	\$.32	\$.44	\$.21	\$.66
Gluten/Dairy free	Yes	Yes	Yes	No	No	Yes	No	Yes

*Nutrients that stimulate the growth of healthy bacteria and enhance intestinal function