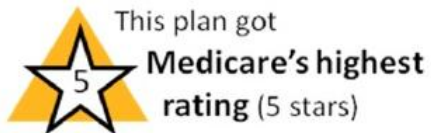


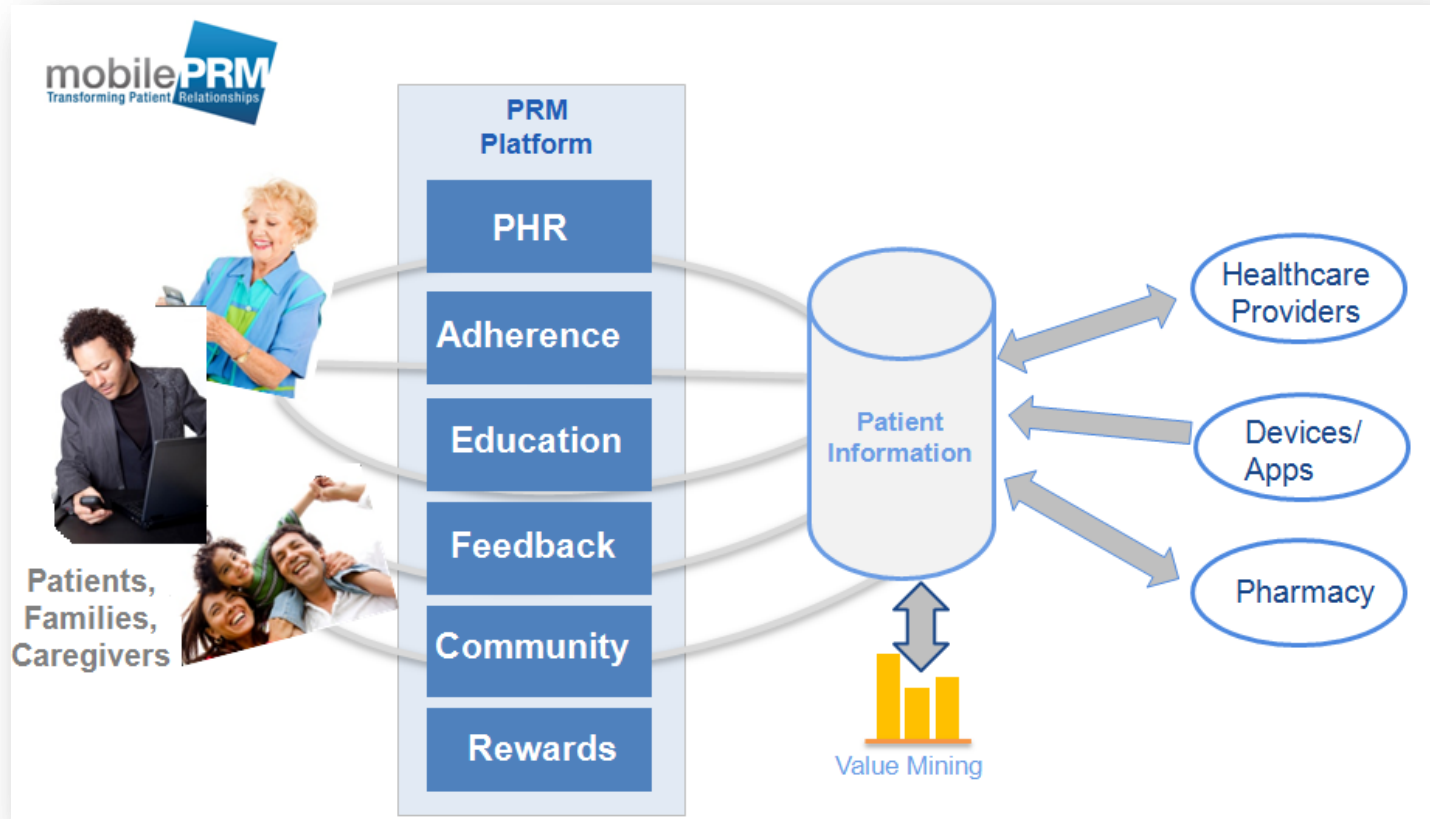


Helping you:

Achieve and Maintain a Five-Star Rating



Mobile PRM >> Patient relationship platform, mobile software, and analytics



Mobile PRM >> Desktop, mobile, tablet solutions for patients and their health team

Current Medications [Close](#)

- Flagyl, 500mg
- Avapro, 150 mg
- Lisinopril, 20mg
- Plavix, 70mg
- Metformin, 500 mg

Journal [Close](#)

Tuesday, May 21, 2013

9:52 pm by me General wellness: ★★★★★

Tuesday, May 14, 2013

8:44 am by me General wellness: ★★★★★

Walked this morning around the block. Hio is feeling stronger. Felt good to get

Contacts [Close](#)

- ★ Doctor Allen, Healthcare
- ★ William Weisenberger, Healthcare
- ★ Tammy Woodson, Caregivers
- ★ Beatrice Gonzales, Caregivers
- ★ Staggs, Gerald, Emergency

Calendar for today, May 28, 2013 [Close](#)

- 6:00 am Plavix, 1 pill, With water, avoid any type of dairy products.
- 7:30 am Evette - home care
- 8:00 am Take notes of General wellness
- 8:00 am Take notes of Weight
- 8:00 am Take notes of Pain

Favorite Links [Close](#)

- ★ AZ Health Connections Blog
- ★ AZ&Me Prescription Savings Programs
- ★ PatientPower - Knowledge can be the best medicine of all.
- ★ Drug Digest

[Back](#) **Dashboard**

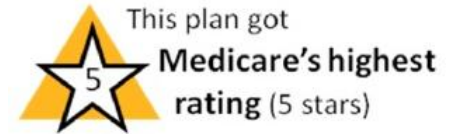
- Contacts
- Medications
- Calendar
- My Stats
- Journal
- Resources
- Medical History
- My Vaults
- Twitter Channel

Home Profile Settings

Engage Members >> 2-way, mobile, patient-centric applications support and reward behavior changes to maximize ratings and reimbursements



Supports 32 measures for improving scores



Watch our video





Improve Scores >> For Keeping Members Healthy





Measure	Star Label
C01	Breast Cancer Screening
C02	Colorectal Cancer Screening
C03	Cholesterol Screening for Patients with Heart Disease
C04	Cholesterol Screening for Patients with Diabetes
C05	Glaucoma Testing
C06	Annual Flu Vaccine
C07	Improving or Maintaining Physical Health
C08	Improving or Maintaining Mental Health
C09	Monitoring Physical Activity
C10	Checking to See if Members are at a Health Weight (BMI Assessment)



Annual Screenings >> remind and track

Dr. Darell Tan's events Close

View

What	Start	End	Time	Frequency
 Annual Colonoscopy with Dr. Darell Tan	5/26/13	Until canceled	09:00am - 11:00am	1 Year
 Annual Colonoscopy with Dr. Darell Tan	5/02/12	5/02/12	10:00am - 12:00pm	1 Year
 Annual Colonoscopy with Dr. Darell Tan	6/14/11	6/14/11	08:30am - 11:00am	1 Year
 Annual Colonoscopy with Dr. Darell Tan	5/20/10	5/20/10	08:30am - 11:00am	1 Year

Vaccinations >> remind and track



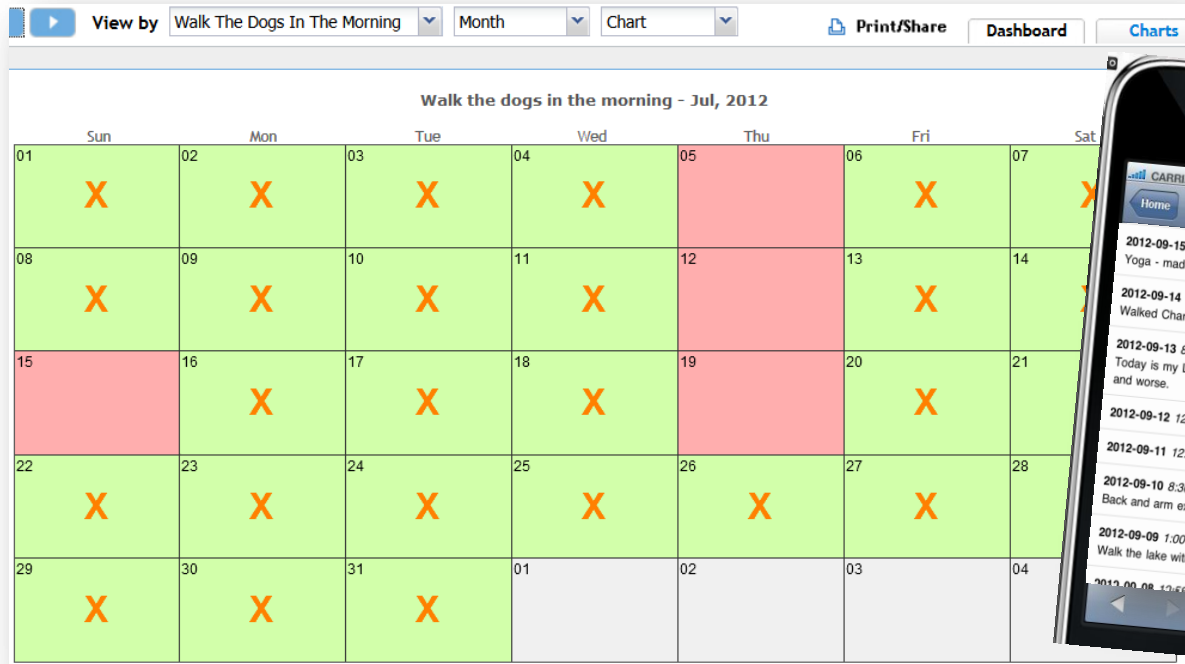
 Print/Share

Medical History

My Records

Medical Event	Start	End	Type	Doctor	Detail	
Shoulder Surgery	11/12/10	11/25/10	Injury, Hospitalization, Surgery	Doctor Allen	Tore muscle tendons during swim practice.	Edit Notes
Flu Shot	10/8/09	10/8/09	Immunizations (shots)	Doctor Allen	H1N1	Edit Notes
Aseptic Colitis	9/16/09	9/21/09	Hospitalization	Dr. William Weisenberger	Congestive heart failure - not enough blood to lower intestines, and this does re-occur occasionally...	Edit Notes
Stroke	11/6/03	12/10/09	Illness, Hospitalization	Dr. David Brown	Followed by four days in intensive care.	Edit Notes
2 Stints inserted into heart	6/17/03	6/20/03	Surgery	Dr. Samir Patel	Hospitalized for three days.	Edit Notes
Assigned numerous medications from surgery and stopped bowel movement.	6/12/03	6/20/03	Other, A lot of Prescriptions!	Dr. Samir Patel	In a lot of pain, but still on all the meds, bowel movement stopped. Hospitalized as outpatient again.	Edit Notes
Heart attack	6/4/03	6/5/03	Illness	Dr. David Brown	Heart attack and hospitalized for the next day.	Edit Notes

Physical Activity >> monitor based on member preferences





Improve or Maintain Mental Health >> collect scores, analyze, report

9:00 am, Lisinopril, 1 pill, with food and water...

RememberitNow
to pswingley 8:50 AM (9)

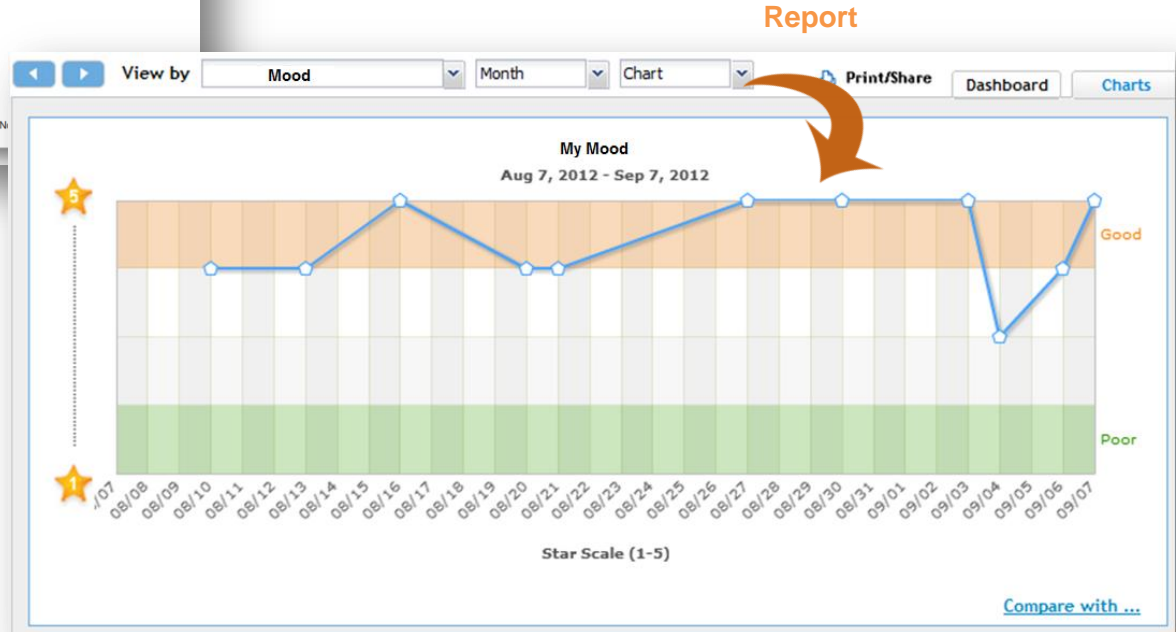
Sep 3, 12
9:00 am, Lisinopril, 1 pill, with food and water

Have you taken this medication?
Yes, I have!

Rate your mood today
☆☆☆☆☆

This reminder was sent from: RememberitN
account and turn them off.

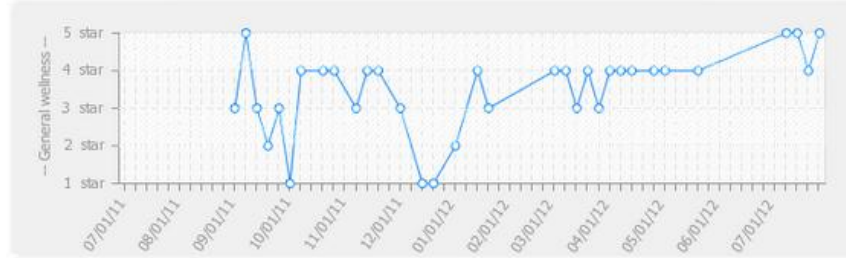
Record



Improve or Maintain Physical Health >> collect, compare, improve

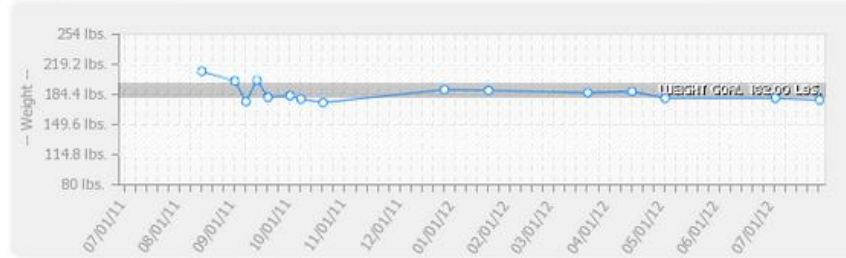


General Wellness



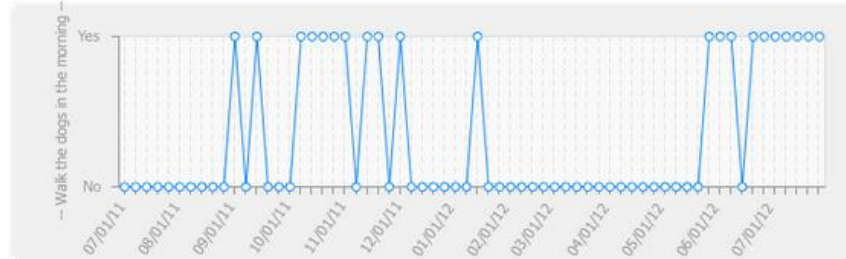
Weight

[Remove](#)



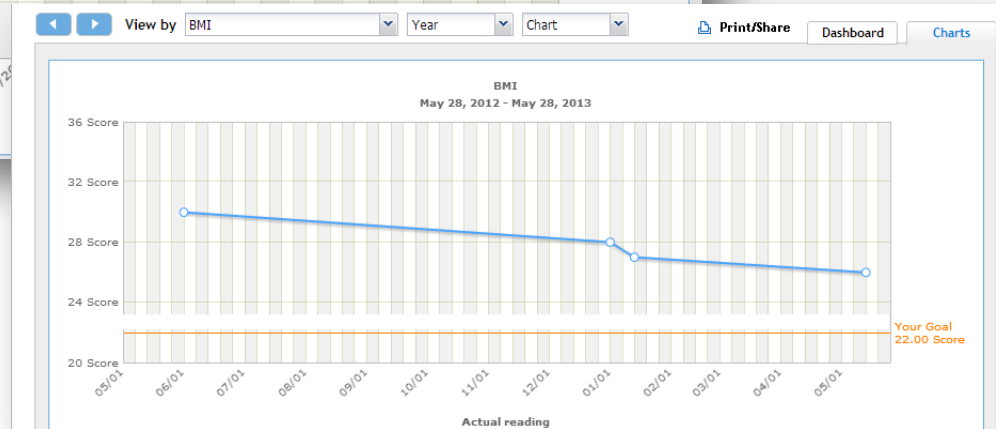
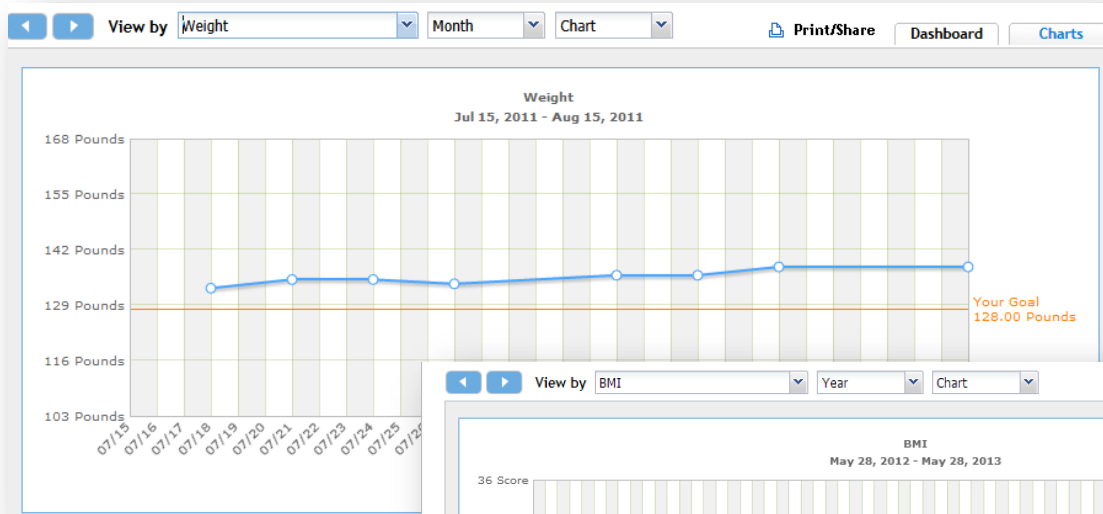
Walk The Dogs In The Morning

[Remove](#)





Healthy Weight >> monitor progress toward goals





Reward Members >> for staying healthy

View by

Date	Description	Type	Points	Balance
4/1/2012	March Med Compliance	Deposit	25	2,525.5
4/1/2012	March Med Compliance	Deposit	30	2,555.5
4/1/2012	March Med Compliance	Deposit	35	2,590.5
4/1/2012	March Exercise	Deposit	10	2,600.5
4/5/2012	Flu Shot	Deposit	5	2,605.5
4/7/2012	Complete profile	Deposit	5	2,610.5
4/10/2012	Social Share	Deposit	0.5	2,611.0
4/10/2012	Social Share	Deposit	2	2,613.0
4/15/2012	Wellness Webinar	Deposit	10	2,623.0
4/22/2012	Reorder	Deposit	25	2,648.0
4/22/2012	Reward Purchase	Redeem	-400	2,248.0
4/22/2012	Social Share	Deposit	2	2,250.0
4/23/2012	Reward Purchase	Redeem	-150	2,100.0
4/23/2012	Reorder	Deposit	3	2,103.0
4/24/2012	Quarterly Bonus	Deposit	35	2,138.0
4/25/2012	Social Share	Deposit	1	2,139.0
4/30/2012	Health Risk Appraisal	Deposit	30	2,169.0



Educate Members >> on healthy behaviors

Recent Tweets Close

Tweets4Diabetes Try choosing calorie-free "diet" beverages instead of just a regular soda, sweet tea, fruit juices and other sugar-sweetened drinks. 8 months ago via Twitter

Tweets4Diabetes There's No Shame in Taking Insulin Injections in Public <http://t.co/6e815Kmy> 16 months ago via Twitter

Tweets4Wellness Reading @TeachingKarate Complete the mission <http://t.co/e2img> months ago via Twitter

Tweets4Diabetes Raise your glass and have a laugh! A cup of tea with a side of churros can help to prevent heart disease. 17 months ago via Twitter

Tweets4Diabetes If you have diabetes, you're more likely to be depressed than people without the disease. Try our @Tweets2Succeed to stay upbeat. 17 months ago via Twitter

Tweets4Diabetes Tried CSA yet? Support local farmers by buying food directly from the Community Supported Agriculture system, 17 months ago via Twitter

Back Tweets Channel +

- tweets4wellness >
- tweets4heart >
- tweets4baby >
- tweets4care >
- tweets4diabetes >
- tweets4succeed >



Improve Scores >>> Chronic Disease Management

Measure	Star Label
C11	Yearly Review of All Medications and Supplements Being Taken
C13	Yearly Pain Screening or Pain Management Plan
C14	Osteoporosis Management
C15	Eye Exam to Check for Damage from Diabetes
C16	Kidney Function Testing for Members with Diabetes
C17	Plan Members with Diabetes whose Blood Sugar is Under Control
C18	Plan Members with Diabetes whose Cholesterol Is Under Control
C19	Controlling Blood Pressure
C20	Rheumatoid Arthritis Management
C23	Readmission to a Hospital within 30 Days of Being Discharged
C27	Overall rating of healthcare quality
C28	Members overall rating of health plan
C29	Coordination of Members' Health Care Services



Yearly Medication Review >> with compliance history

Medication	Start	End	Time	Dosage	Frequency	Prescription	Special Instructions
Avapro 150 mg Blood sugar control	4/23/09	Until canceled	6:00 pm 7:30 pm 10:00 pm	1 pill 2 pills 1 pill	Daily	4900112678 90 Dr. Samir Patel Walgreens Pharmacy	take with water Edit History
Exelon Patch 4.6mg To prevent dementia	3/01/12	Until canceled	3:00 pm	1 patch	Daily	6723405990 01 Doctor Allen Walgreens Pharmacy	Change every 24 hours Edit History
Flagyl 500mg Kidney colitis and high blood pressure	4/23/09	Until canceled	10:45 am	1 pill	Daily	2134457782 64 Dr. David Brown	
Lisinopril 20mg High blood pressure	4/26/09	Until canceled	9:00 am	1 pill	Daily	4569367686 89 Dr. David Brown	
Metformin 500 mg Type 2 Diabetes	4/28/09	Until canceled	7:00 pm	1 pill	Daily	2380123098 39 Dr. Samir Patel	
Plavix 70mg Prevents strokes and blood clots	4/28/09	Until canceled	6:00 am 7:00 pm	1 pill 1 pill	Daily	7824734901 45 Dr. Brown David Walgreens Pharmacy	






Lisinopril		
Friday 11th of May 2012		
✓	8:50 am	May 11, 12 9:00 am, Lisinopril, 1 pill, with food and water
✓	8:50 am	May 11, 12 9:00 am, Lisinopril, 1 pill, with food and water
Thursday 10th of May 2012		
✓	8:50 am	May 10, 12 9:00 am, Lisinopril, 1 pill, with food and water
✓	8:50 am	May 10, 12 9:00 am, Lisinopril, 1 pill, with food and water
Wednesday 09th of May 2012		
✓	8:50 am	May 9, 12 9:00 am, Lisinopril, 1 pill, with food and water
✓	8:50 am	May 9, 12 9:00 am, Lisinopril, 1 pill, with food and water
Tuesday 08th of May 2012		
✓	8:50 am	May 8, 12 9:00 am, Lisinopril, 1 pill, with food and water
✓	8:50 am	May 8, 12 9:00 am, Lisinopril, 1 pill, with food and water



Annual Eye Exam >> remind and track history

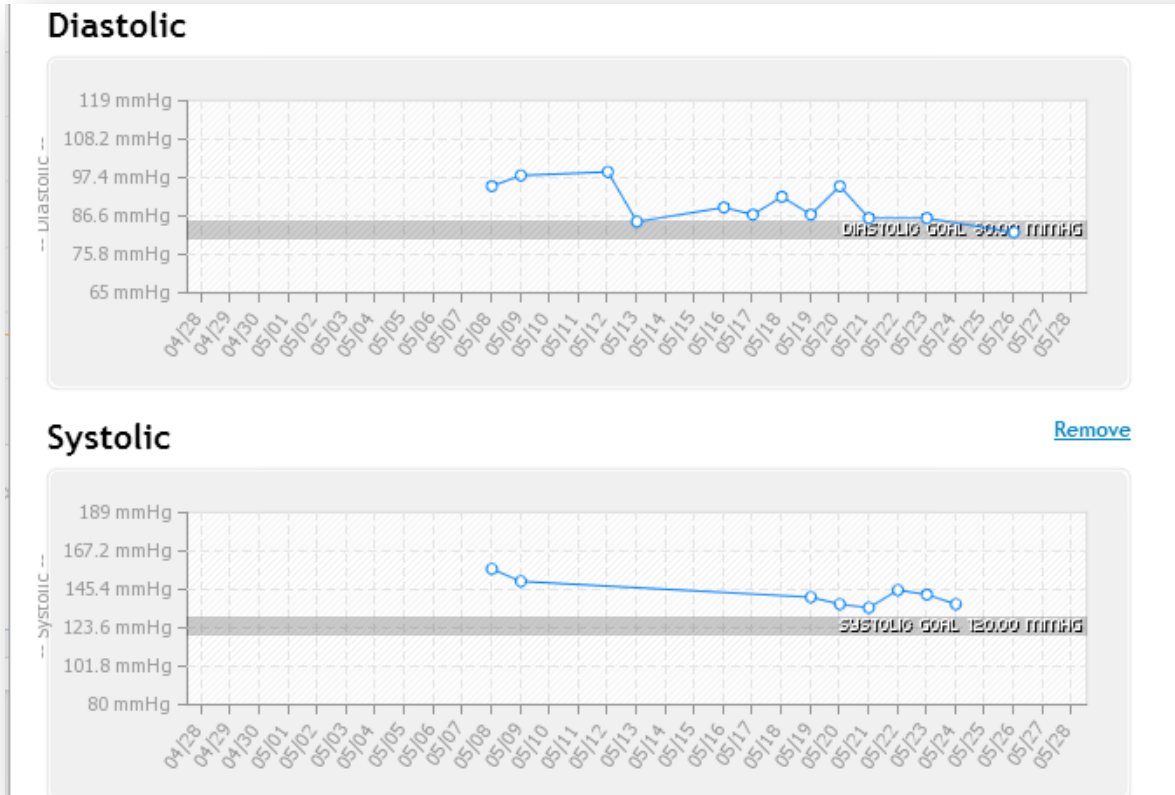
Dr. Eva Huan's events Close

View

What	Start	End	Time	Frequency
 Eye Exam with Dr. Eva Huan	7/28/09	Until canceled	10:00am - 11:00am	1 Year
 Follow-up visit to see improvement from meds with Dr. Eva Huan	8/12/09	8/12/09	10:00am - 11:00am	Once
 Annual Eye Exam with Dr. Eva Huan	8/10/10	8/10/10	03:30pm - 04:30pm	Once
 Annual eye exam with Dr. Eva Huan	7/11/11	7/11/11	09:00am - 11:00am	Once
 Annual eye exam with Dr. Eva Huan	7/25/12	7/25/12	09:00am - 11:00am	Once

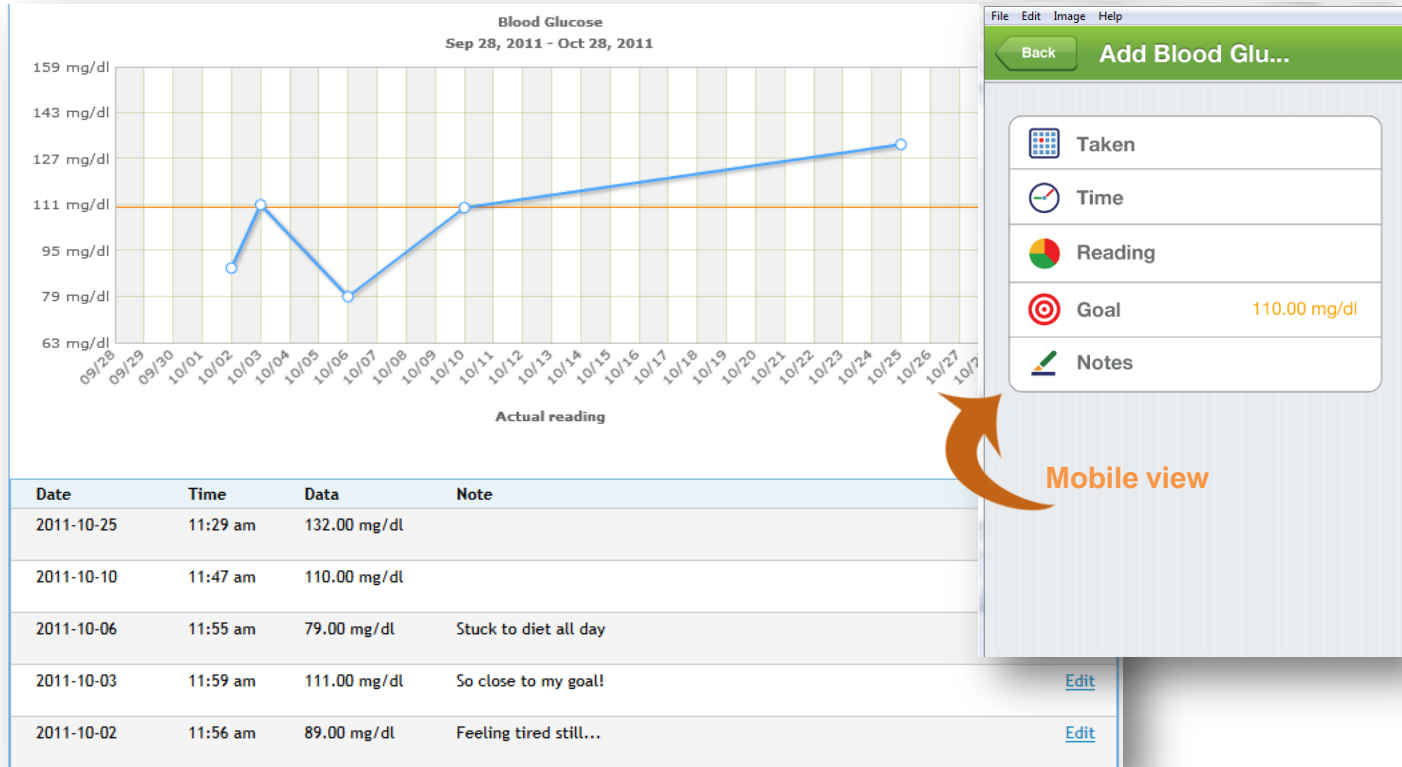


Blood Pressure Control >> remind, track, alerts for early intervention





Blood Sugar Control >> remind, track, alerts for early intervention





Care Coordination >> share health record and coordinate care

Account Users

Account Users	Access
alexremembers Manual Court Account Ovner	View data Add/Change medications and events Add/Change contacts Add journal entries Add readings for charts Reminders & Profile access Users & Plan/Billing access
alibettencourt Alex Bettencourt User	View data Add/Change medications and events Add/Change contacts Add journal entries Add readings for charts Reminders & Profile access Users & Plan/Billing access

View by Week

Print

Invite new user

Today, December 9, 2008

9:00 am
by mary_jones ★★

6:35 am
by busy_daughter Mom was up several times last night - she will probably need to nap today.

Monday, December 8, 2008

8:02 pm
by mary_jones Great day - we had lunch at Uncle Yus - she ate well, and then went to the hairdresser. Scheduled Dr. Smith.

6:35 am
by busy_daughter Mom looking forward to hair appt. Complaining about stomach pain. Please schedule an appt. [Edit](#) w/ Dr. Smith.

August 5, 2009 View by Events

Print Schedule Day Week Month

	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm
Evette - home care			8am - 11:30am														
Talitha										11:30am - 8pm							
Therapy with Dr. Judy..									2pm - 3:30pm								



Reward members >> for improving chronic disease management

View by [Print](#) [Dashboard](#) [Reward Programs](#) [Bank](#) [Catalog](#)

Date	Description	Type	Points	Balance
4/1/2012	March Med Compliance	Deposit	25	2,525.5
4/1/2012	March Med Compliance	Deposit	30	2,555.5
4/1/2012	March Med Compliance	Deposit	35	2,590.5
4/1/2012	March Exercise	Deposit	10	2,600.5
4/5/2012	Flu Shot	Deposit	5	2,605.5
4/7/2012	Complete profile	Deposit	5	2,610.5
4/10/2012	Social Share	Deposit	0.5	2,611.0
4/10/2012	Social Share	Deposit	2	2,613.0
4/15/2012	Wellness Webinar	Deposit	10	2,623.0
4/22/2012	Reorder	Deposit	25	2,648.0
4/22/2012	Reward Purchase	Redeem	-400	2,248.0
4/22/2012	Social Share	Deposit	2	2,250.0
4/23/2012	Reward Purchase	Redeem	-150	2,100.0
4/23/2012	Reorder	Deposit	3	2,103.0
4/24/2012	Quarterly Bonus	Deposit	35	2,138.0
4/25/2012	Social Share	Deposit	1	2,139.0
4/30/2012	Health Risk Appraisal	Deposit	30	2,169.0



Improve Scores >> Member Satisfaction

Measure	Star Label
C27	Overall Rating of Health Care Quality
C28	Members' Overall Rating of Health Plan
C29	Coordination of Members' Health Care Services
C32, D08	Members Choosing to Leave the Plan
D10	Drug Plan Provides Information or Help When Members Need It
D12	Ease of Getting Prescriptions Filled When Using the Plan

Overall Rating >> complete chronic disease management support

Monthly health report

RememberItNow!
eHealth made easy

Congrats! Check your wellness points: **2,169**

Hello **AlexRemembers**

- Read all your health news.
- Tweets4Happiness
- Log in to RememberItNow!
- Tweets4Diabetes

FREE Diabetes Off Coupons, Product Samples and more

How Are You Feeling?

Articles

- Is There a Tele-health Doctor in your Future?
- Are Generic Medications the Same?
- The Danger in Taking Multiple Medications.
- 10 Tips to make a Home Senior Friendly.
- Will Medicare Cover That? Find out Fast.

Your Progress

July 1 - July 31, 2010

- Average blood pressure: 148/99 mmHg, goal 120/80. [See](#)
- Weight: 198 pounds, goal 165. Congratulations, you lost [See history](#).

Tips for Using RememberItNow!

- Be prepared for an emergency. Update your profile for
- Use your journal to share updates with your Facebook fr
- Set event reminders for annual screening tests.

Medications

- Aspirin, pain
- Avapro, blood sugar control
- Lisinpril, high blood pressure
- Plavix
- Xanax, as needed for anxiety

Events

- August 9, 8:45 am, Dr. Henson, Lafayette
- August 14, 2:30 pm, Mulr Labs, Blood Work
- August 24, 8:00 am, Reorder test strips
- August 25, 8:00 am, Lam's Bday
- August 28, 9:45 am, Mulr Labs, WC, Xray

Medication Adherence

July 1 - July 31, 2010

84%

Super job! You reported taking your medications correctly 84% of the time. Studies show that taking your medications at the right time, in the right dose will keep you healthier and reduce healthcare costs.

Goal: Stop Smoking

40%

Keep up the good work. You reports Smoking 40% fewer cigarettes than last month. [Get support to stop smoking.](#)

Goal: Exercise for 30 minutes each day.

Don't break the chain. Next month aim for 100%

75%

July 2010						
1	2	3	4	5	6	7
					X	X
X	X				X	X
X	X	X	X	X	X	X
		X	X			
X	X	X	X	X	X	X



Overall Rating >> valued incentives tied to behavior changes

View by: Month | Print | Dashboard | Reward Programs

Date	Description	Type	Points	Balance
4/1/2012	March Med Compliance	Deposit	25	2,525.5
4/1/2012	March Med Compliance	Deposit	30	2,555.5
4/1/2012	March Med Compliance	Deposit	35	2,590.5
4/1/2012	March Exercise	Deposit	10	2,600.5
4/5/2012	Flu Shot	Deposit	5	2,605.5
4/7/2012	Complete profile	Deposit	5	2,610.5
4/10/2012	Social Share	Deposit	0.5	2,611.0
4/10/2012	Social Share	Deposit	2	2,613.0
4/15/2012	Wellness Webinar	Deposit	10	2,623.0
4/22/2012	Reorder	Deposit	25	2,648.0
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4/24/2012	Quarterly Bonus	Deposit	35	2,138.0
4/25/2012	Social Share	Deposit	1	2,139.0
4/30/2012	Health Risk Appraisal	Deposit	30	2,169.0

Redeem points in leading rewards programs

congratulations! you've earned points/miles in:

UNITED HEALTH PLAN

name

Store Name

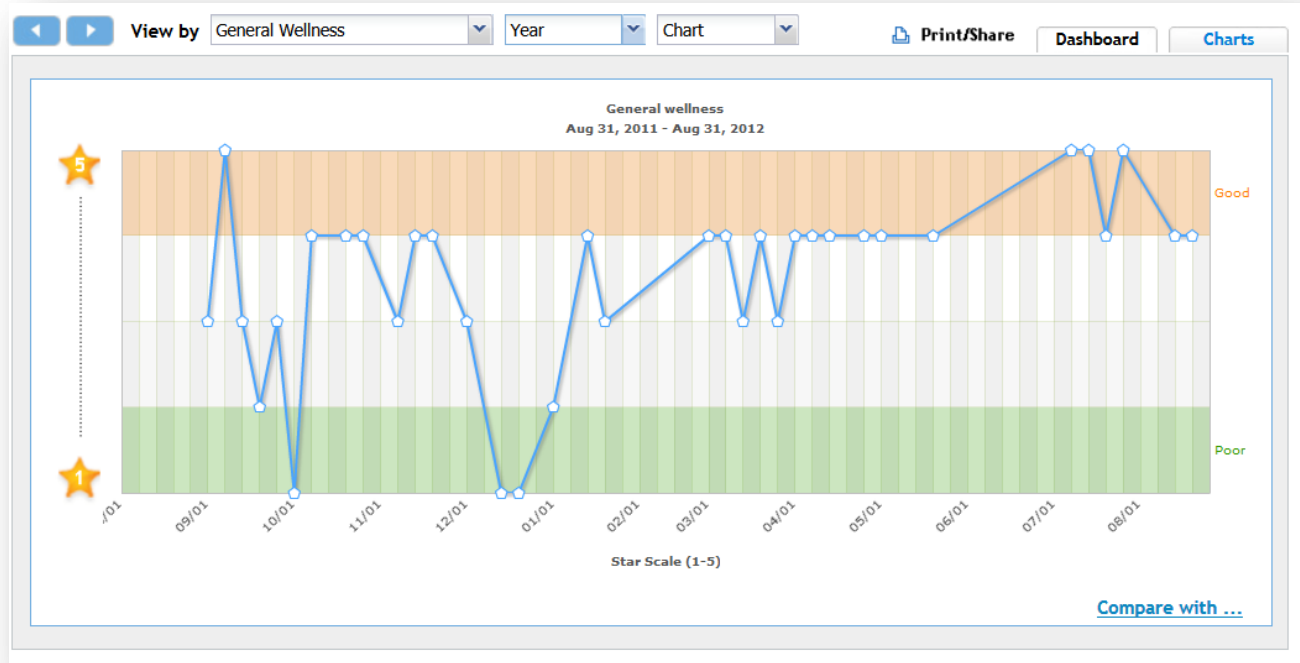
redeem this certificate for: **1,000** points/miles

to redeem this certificate please visit:
www.pointsloyaltydirect.com/daim

Be sure to have your loyalty program membership number ready.

expiration date: 2000-0000-00
award code: 000000000000

Overall Rating >> patient-centric services that improve outcomes





Overall Rating >> prescription refill reminders

Medication Info

Reminder ON

Lipitor

For High Blood Pressure


Strength 10 mg


Special As Needed

Start February 18, 2012

Stop

Repeat Every Day

 Dosage 1 Pill


 Time 12:00 pm

Prescription # February 18, 2012

Prescribed By Robert Smith

Remind Me April 18, 2012

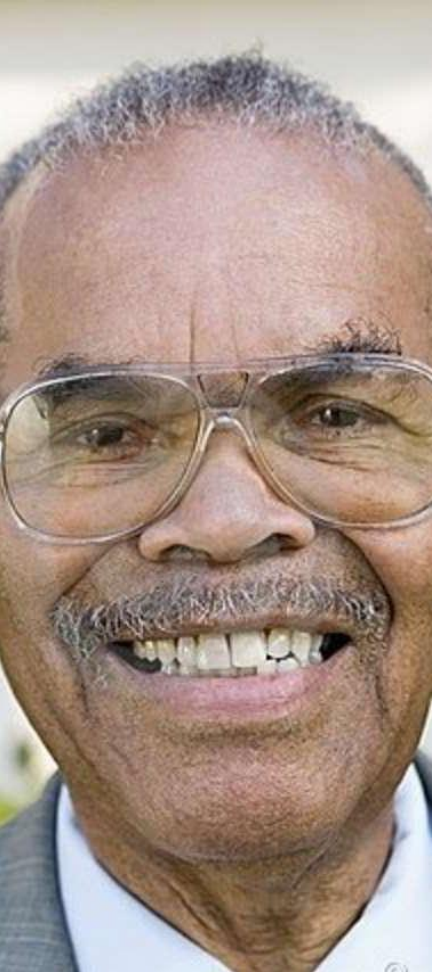
Pharmacy Walgreens





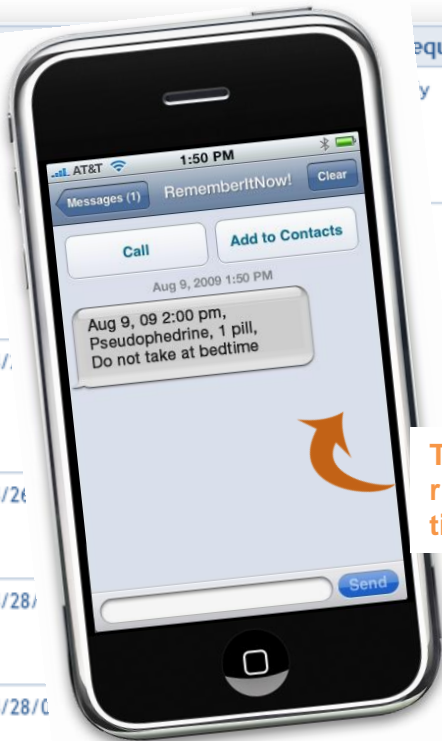
Improve Scores >> Member Safety

Measure	Star Label
D14	Plan Members 65 and Older Who Received Prescriptions for Certain Drugs with a High Risk of Side Effects, When There May Be Safer Drug Choices
D16	Taking Oral Diabetes Medication as Directed
D17	Taking Blood Pressure Medication as Directed
D18	Taking Cholesterol Medication as Directed



Take Medications as Directed >> consolidate, remind, instruct

Medication
Avapro 150 mg Blood sugar control
Exelon Patch 4.6mg To prevent dementia
Flagyl 500mg Kidney colitis and high blood pressure
Lisinopril 20mg High blood pressure
Metformin 500 mg Type 2 Diabetes
Plavix 70mg Prevents strokes and blood clots



Frequency	Prescription	Special Instructions
y	4900112678 90 Dr. Samir Patel Walgreens Pharmacy	take with water Edit History
	6723405990 01 Doctor Allen Walgreens Pharmacy	Change every 24 hours Edit History
	2134457782 64 Dr. David Brown	take with food Edit History
	2380123098 39 Dr. Samir Patel	Edit History
	7824734901 45 Dr. Brown David Walgreens Pharmacy	With water, avoid any type of dairy products. Edit History

Text, email, or push reminders;
right medication, right dose, right time



Take Medications as Directed >> monitoring for early intervention

9:00 am, Lisinopril, 1 pill, with food and water...

RememberItNow!
to pswingley

Sep 3, 12
9:00 am, Lisinopril, 1 pill, with food and water

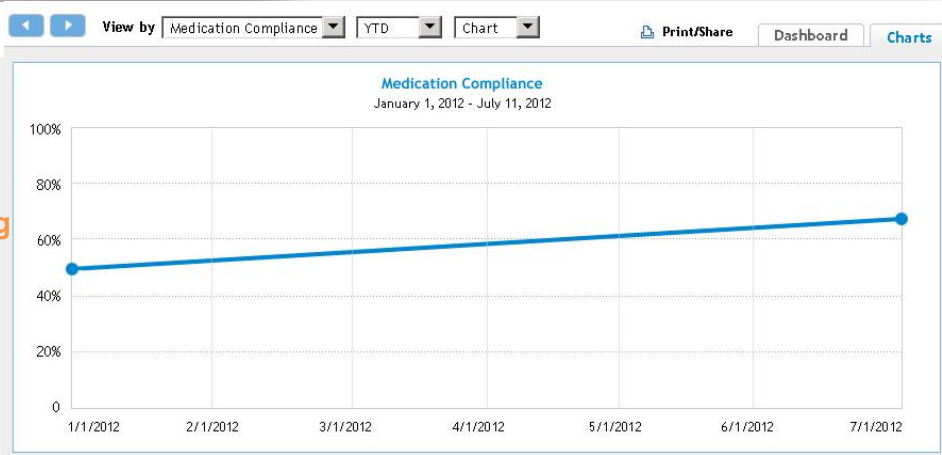
Have you taken this medication?
✔ [Yes, I have!](#)

Rate your wellness today
☆☆☆☆☆

This reminder was sent from: RememberItNow! To stop receiving reminders, login to your [RememberItNow! account](#) and turn them off.



Patient confirmation



Clinician monitoring





Improved Outcomes; Rewards for All

