The Complete Testosterone Solution that claims to be a simple method to increase testosterone, and therefore men's metabolism, despite getting older caught the attention of QuickMuscleBuildingTips.com's Stan Stevenson, prompting an investigative review.

"The Complete Testosterone Solution is a well-rounded, whole diet, and fitness program. It is the method used by celebrity trainers who work with Hollywood movie stars, NFL and NBA players, and others who seem to be able to cheat the passage of the years," reports Stevenson. "Increasing your testosterone not only gives you the training results you need, but also protects your prostate and improves your libido and performance in bed. Training with Billy Beck III who has been featured no less than a dozen times on the cover of Men's Health magazine is guaranteed to get you the results you desire and the body you've only ever dreamed of getting in the past."

The Complete Testosterone Solution includes an e-book and mobile training portal that provides a training regime that's quite different from the mainstream fitness industry. The fitness program offers celebrity trainers for each and every workout to one's smart phone or tablet, Billy Beck III's advanced fat burning and muscle building techniques, advanced diet and nutrition, and Supplementation and antiaging formulas that only movie stars, and million dollar contract NFL and NBA players are privy to knowing. Users also get The Complete Testosterone Solution e-book that includes valuable information from some of the world's top personal trainers. It is written by fitness author, Dan Robey and Research Scientist, Dr. James Pendleton who take them inside The University of Testosterone training portal for the inside story on how the celebs work out.

"One of the best things about The Complete Testosterone Solution is that it doesn't matter what shape you're in when you start. Whether you want to lose 10lbs or 100lbs, what you get is the services of your very own virtual celebrity personal trainer, Billy Beck III each and every day for your own personal training session," says Stevenson. "He leads you through each and every workout that will tone, build muscle, and literally pummel you into the shape that you've always dreamed of having. It doesn't matter where or when you want to work out because all the information can be saved on your tablet or smart phone for your training sessions."

"The great thing about The Complete Testosterone Solution is that this really is the fast track way to the body to die for. You have to treat your body as a complete package and this program does just that. Training, nutrition, supplements, and rest; they're all essential parts of your training regime, and none works in isolation. It's so refreshing to see a complete program with added health benefits, and not one that just concentrates on the workouts or the nutrition. The 21st century answer to a very 21st century problem, anyone who is serious about losing weight, gaining muscle, and improving their health should know that it's definitely worth giving The Complete Testosterone Solution a try!"

Those wishing to purchase The Complete Testosterone Solution, or for more information, click here: http://quickmusclebuildingtips.com/go/CTS/

To access a comprehensive The Complete Testosterone Solution review, visit http://quickmusclebuildingtips.com/complete-testosterone-solution-review