



October is National Bullying Prevention Month. During this time, we want to help encourage kids to treat each other with compassion and respect. And to make it more fun, we've created these printable Kindness Tokens. Here's how they work: If you notice your children showing kindness, recognize the behavior by handing them one of these tokens. Encourage your children to give them to others as a way to recognize acts of kindness in their friends and the community. Create your own by writing in an act of kindness you witnessed. Just print and pass around!



THANK YOU FOR BEING
polite.

You're so
BRAVE.

YOU ARE
KIND. 

THAT WAS SO
nice. 

Thank you for being
HELPFUL.

You're
AWESOME.

You're so
THOUGHTFUL.

THANK YOU FOR BEING
caring.

You are
GENEROUS.

CREATE YOUR OWN!

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