

Biotrust's IC-5, an advanced insulin and carbohydrate management supplement whose natural ingredients lower blood sugar and insulin levels has caught the attention of HealthAvenger.com's Stan Stevenson, prompting an investigative review.

"Developed by two nutritionists named Josh Benzoni and Joe Marion after intense research with a new formulated technique, BioTrust Nutrition's IC-5 is a new health supplement," reports Stevenson. "It works in three different ways; increases the sensitivity to the insulin, maintains the sugar level, and converts all the consumed carbohydrate into muscles instead of fat. IC-5 increases carbohydrate uptake in the liver and muscle cells and also helps regenerate and repair insulin-secreting cells."

IC-5 is full of specialized ingredients like Berberine, a plant alkaloid, which improves how the insulin receptors function, ensuring they respond better to the natural signals, 4-Hydroxyisoleucine, a phytochemical extracted from fenugreek that lowers how much fat is stored in the body, Cinnamomum burmannii derived from the bark of the Indonesian cinnamon plant and is a potent ingredient that can manage the levels of blood sugar, particularly after eating a meal heavy in carbs, and Pterocarpus marsupium that is mainly used in treatment of diabetes.

"In order to lose weight, you need to not only control how much fat your body burns, but also lower the amount of fat that is already stored in your body. Some scientists believe that your hormones have a big part to play in this, and BioTrust Nutrition's IC-5 is a supplement that works specifically on those hormones," says Stevenson. "IC-5, a natural product is completely safe and it includes only healthy ingredients. Furthermore, those people who find themselves running out of energy quickly and who find themselves relying on either chocolate or caffeine to get through the day can really benefit from taking it."

"IC-5 helps the body respond naturally and correctly and in safe and healthy way to insulin, fighting through the resistance that many of us have built up. Besides helping you burn fat and making weight loss easier, this healthy supplement also helps you control your insulin levels. As a result, you will no longer find highs and lows during the day, which generally leave you feeling weak and exhausted. Increased levels of energy help you get through the day and you will also sleep better at night."

Those wishing to purchase IC-5, or for more information, click here: <http://healthavenger.com/go/IC5/>

To access a comprehensive IC-5 review, visit <http://healthavenger.com/ic-5-review-insulin-carb-regulator-supplement-biotrust-nutrition>