

New Mood: Review Examining Onnit Labs' Supplement Released

New Mood reviews have been flooding the Internet and GentlemensUniversity.com reveals the truth about this all-natural pill that that people can take to gently ease away the stresses of modern day living.

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New Mood, a serotonin and 5-HTP Pill that claims it can improve mood, lower stress, and lead to a happier outlook, has caught the attention of GentlemensUniversity.com's Stan Stevenson, prompting an investigative review.

"The stresses of life cause the body to create cortisol, and over time, an abundance of this can play havoc on the chemistry of your body. New Mood is a supplement that contains various natural substances that are linked to happiness, a positive outlook on life, and ultimately, your mood," reports Stevenson. "Any product that lowers your stress can only be a good thing. Every component included in New Mood has been scientifically tested, and proven to be great for sound sleep, emotional well-being, and a far more positive attitude towards life in general."

New Mood contains 5-HTP, a precursor of a naturally occurring neurotransmitter called serotonin, L-Tryptophan that helps one rest when converted to 5-HTP, Vitamin B6 that aids the conversion of convert 5-HTP to serotonin, vasodilator Niacin that helps with blood supply to the brain, skin and organs of the body, Vitamin D3 that is known have a positive effect on moods and overall health, Chamomile, which is the most popular herbal supplement for relaxation across the globe, Valerian Root, a nutrient that's been clinically proven to promote a good night's sleep, a mild, mood enhancing herb called Lemon Balm this is traditionally used in many cultures, and Jujube or zzyphus that lowers stress levels and aids relaxation.

"Several studies that show that serotonin honestly can improve the mood significantly. Currently, this data suggests that 5-HTP and L-tryptophan supplementation can aid in promoting a positive mood. New Mood also contains magnesium, a mineral that lower stress and elevates your serotonin levels," says Stevenson. "Traditionally used for lowering anxiety levels and promoting restfulness, the various other extracts in this supplement are only natural products, which makes it suitable for anyone."

"If you've got a stressful life either from looking after the kids, or spending too many hours at the office, or even simply feeling down, tired, and stressed for no reason that you can put your finger on, then New Mood could well be the supplement you've been looking for. It might be the key to giving you more energy as well as helping you feel more positive. The complete package included in the supplement rounds out to help not only your mood, but to lower your stress levels, improve your sleep, and makes you feel more positive overall. Backed with a

whole host of scientific evidence that proves it does exactly what it says on the packet, New Mood comes could be exactly what you need to help you de-stress.”

Those wishing to purchase New Mood, or for more information, click here:

<http://gentlemensuniversity.com/go/NewMood/>

To access a comprehensive New Mood review, visit <http://gentlemensuniversity.com/new-mood-review>