

Voyages for Growth, a program funded by generous donations from our community to North Central Health Foundation, was developed to provide opportunities for participants to **Grow & expand** their level of interest and community

unique travel experiences.

engagement through



The Foundation is a 501(c)(3) dedicated to raising funds that help support the programs and services of North Central Health Care. The Foundation's philanthropic efforts are led by its Board of community leaders who seek to enrich and improve our community by servicing those individuals in need of skilled nursing, developmental, mental health, crisis, protective and addiction therapies and resources.





The North Central Health Foundation appreciates every donor, regardless of the amount they contribute. If you would like to make a donation, or want more information about Voyages for Growth, North Central Health Foundation or the programs or services at North Central Health Care, please call or visit our website. We are eager to share our knowledge, compassion and motivation for improving the quality of life for everyone in Central Wisconsin.



www.NOTCEN.org
1100 Lake View Drive, Wausau 715.848.4600



opportunities of a lifetime through unique travel experiences



Person centered. Outcome focuse

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Every one of us has limits, strengths and personal preferences that help us define our lives as independent individuals.



We believe that all individuals with developmental or physical disabilities, mental illness or addiction issues can reach their full potential!

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Life experiences stimulate the mind,

xpand our interests and increase developmental growth – which as a whole, helps define our individuality and promote a positive state of mind.

Toni Kellner
 Prevocational & Adult Day Services Directo
 North Central Health Care

Removing Barriers

Everyday, North Central Health Care works with individuals of all ages to

- provide diverse opportunities to empower decision making
- provide support to establish independence
- promote community integration.

Often, individuals with disabilities are not able to obtain many typical life experiences. There are many financial and physical barriers preventing individuals with physical and mental disabilities from successful and enjoyable life experiences. We are removing those barriers!

Collaboration for Success Mamme

Voyages for Growth is collaborating with a professional travel agency that specializes in custom travel arrangements for those with disabilities. Teamed with familiar faces from North Central Health Care and the experts from Hammer Travel, each individual in North Central Health Care's Residential Program will experience the opportunity of a lifetime in unique vacation travel!

Empower & Motivate!

Upon approval from each individual or guardian, all the Voyagers will take part not only in choosing their destination, but planning, organizing and setting goals for their unique trip.

The Benefits for Our Voyagers

- Stimulate personal growth and social development through individual interests
- Stimulate interest in community and positive state of mind through a sense of belonging
- Promote physical health through active engagement and participation
- Build long-lasting relationships
- Build self confidence and awareness
- Motivate and drive

