

## St. Mary's Named a Top 100 Hospital for Orthopedic Services

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**SAN FRANCISCO** – St. Mary's Medical Center, a member of Dignity Health, has been recognized as one of 100 hospitals in the U.S. with outstanding orthopedic programs, according to *Becker's Hospital Review*.

Hospitals included on *Becker's* list have orthopedic surgery departments, programs or dedicated centers that have earned considerable recognition. Exceptional orthopedic departments often include physicians who provide outstanding patient care, advanced breakthrough orthopedic research and treat professional athletes.

Many of these hospitals have earned recognition for orthopedic excellence from *U.S. News & World Report*, Healthgrades, CareChex and Blue Cross Blue Shield. To devise this list, the *Becker's* editorial team weighed the aforementioned rankings and recognitions in addition to utilizing their own research to find the hospitals as those with great orthopedic programs.

St. Mary's Medical Center has pioneered orthopedic care since it performed the first total hip replacement in California in the 1970's. Total joint replacement continues to be the cornerstone of high quality services St. Mary's provides, and today surgeons continue to use the latest techniques, such as the anterior approach to hip replacement.

Also among the orthopedic services offered at St. Mary's is the renowned Spine Center, the oldest continuously operating multidisciplinary spine center in the western United States. In 2005, top surgeons at St. Mary's invented the X-Stop implant for the treatment of spinal stenosis and are recognized year after year by *Becker's Spine Review* "Top Spine Surgeons to Know."

St. Mary's has also been recognized for rehabilitation programs, which include occupational therapy, outpatient therapy and the Acute Rehabilitation Center.

*Becker's* recognition of St. Mary's orthopedic services adds to a lengthy list of honors the hospital has received recently. In November, Healthgrades named St. Mary's as one of America's 100 best hospitals for stroke care, gastrointestinal care and general surgery. That same month, St. Mary's received an "A" grade for hospital safety from the Leapfrog Group.

To view the complete list of hospitals recognized for their orthopedic programs by *Becker's*, click here: <http://www.beckershospitalreview.com/lists/100-hospitals-with-great-orthopedic-programs-2013.html>

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### **ABOUT ST. MARY'S MEDICAL CENTER**

St. Mary's Medical Center, a Dignity Health Member, is an accredited, not-for-profit community hospital that has been caring for the people of the San Francisco since 1857. Located across from Golden Gate Park, it is longest continual running hospital in San Francisco. St. Mary's is home to the nation's first digital cardiac catheterization laboratory and has pioneered spine surgery like the X-Stop for the treatment of spinal stenosis. St. Mary's has also been designated as a 2012 Blue Distinction Center for Spine and Hip/Knee Replacement Surgery and is a Certified Stroke Center by the Joint Commission. In 2011, St. Mary's opened a state-of-the-art Cancer Center, offering the full-range of oncology, radiation and imaging services. Beyond clinical care, St. Mary's is committed to furthering the healing ministry, and to providing high-quality, affordable healthcare to the community we serve. For more information, please call 415-668-1000 or visit [www.stmarysmedicalcenter.org](http://www.stmarysmedicalcenter.org).