



# Olympic\* Winter Games

by Adelaide Coles

Every four years, the best **athletes\*** in the world **compete\*** in the Olympic Games. This year, the Winter Olympics will be from February 7 to February 23. Twenty-five hundred athletes from 90 countries will go to Sochi, Russia. It will be the biggest winter Olympics in history.

Many thousands of people will go to Sochi to watch the games. Three billion people all over the world will be able to see the games on TV.

## The events

There are 98 different events. Some sports are familiar to people: skiing, ice hockey, speed skating, and **figure skating\***. Other events are **biathlon\***, **bobsled\***, **curling\***,

and **luge\***. Some new events will be ski **slopestyle\*** and **half-pipe\***. Women can now compete in ski jumping for the first time.

## The athletes

Athletes **train\*** for many years for a chance to be in the Olympics. Some practice eight hours a day six days a week...or more. They have **coaches\*** to help them.

## Sochi

Sochi is a beautiful **resort\*** village in southern Russia. The **average\*** temperature there in winter is 50° Fahrenheit. The Russians used snow machines to make snow for the outdoor events. The indoor sports don't need snow.

## Olympics on TV

You can watch the Winter Olympics on NBC. NBC will also show some of the **qualifying\*** events on February 6. The **Opening Ceremony\*** in Sochi will be Friday,



Todd Lodwick is 37 years old. People said he was too old to make it to another Olympics. (He went five times before.) At the **trials\*** in Park City, Utah, December 28, 2013, he won both the ski jump and cross-country parts of the **nordic combined\*** event. He will represent the United States for the sixth time in Sochi. AP Photo/Jim Urquhart

February 7 at 8:00 p.m., Russian time. (There is a nine-hour difference between Sochi and the U.S. Eastern time zone.) See the schedule at **NBColympics.com**.

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Words in **black print** with a star (\*) are in **WORD HELP** on page 12.



# Life in the U.S.A. Shopping for groceries—part 5

## What's inside the can? (Or jar, or box, or package?)

Newcomers often make mistakes in the supermarket. It's hard to read and understand the **labels\*** on many packages.

The front of a package usually has this information:

- **brand name\***
- description
- **product\*** inside the package
- weight

There may be a picture to help you see what you are buying. But sometimes there isn't. The top or bottom of the can



Staff Photo

may have an **expiration date\*** or "use by" date.

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