



How *Daily Essential Nutrients* compares with its predecessor formulation, *Truehope EMPowerplus*[†]

What's the same?

Formulation expertise

- Both were formulated by Hardy Nutritionals™ founder David L. Hardy.

Minerals

- Both contain the same base mineral formulation.
- Both use the same mineral chelation technology.

What's improved?

Tolerability

- Causes no nausea, even when taken on an empty stomach.
- Interacts much less with medications.*

Vitamins

- Contains improved or equivalent levels of *all* vitamins.
 - Double the level of vitamin D to enhance mineral metabolism.*
 - Higher levels of several B-vitamins: thiamin, riboflavin, vitamin B₆, and pantothenic acid.
- Contains improved vitamin forms:
 - Improved form of vitamin B₁₂ – methylcobalamin – to help improve sleep quality.*
 - Improved form of folate – methylfolate – to support mood.*
- Contains vitamin K for optimal bone and nerve health.*

Proprietary Blend

- Contains alpha-lipoic acid, a powerful antioxidant that improves nerve function and energy metabolism.*
- Contains different amino acids to bolster antioxidant support.*
 - Acetylcarnitine and N-acetylcysteine instead of DL-phenylalanine and glutamine.
- Contains a tiny amount of organic lithium (about the same amount as daily intake from food and water).
 - Useful for stable mood, based on research and feedback from doctors.*
- Does NOT contain citrus bioflavonoids from citrus peels. (*This is a major change!*)
 - Citrus bioflavonoids interact strongly with drugs because they contain furanocoumarins that inhibit drug-metabolizing liver enzymes. This inhibition prevents drug clearance and results in drug overdose.
 - CAUTION:** Anyone taking a citrus bioflavonoid-containing product with medications should transition gradually to *Daily Essential Nutrients* (e.g. 1 capsule/day) to avoid medication withdrawal effects.

More affordable!



Retail Price: \$129.95

450 capsules

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

[†] Truehope and Truehope EMPowerplus are registered trademarks of The Synergy Group of Canada Inc., which was co-founded by David L. Hardy and Anthony F. Stephan in 1999. David resigned as President of The Synergy Group of Canada Inc. and CEO of Truehope Nutritional Support Ltd. after founding Hardy Nutritionals™. Truehope EMPowerplus in this comparison refers to the formulation as it existed before David left Synergy and Truehope.

