

MARCH  
**4**

## **NATURAL FERTILITY SOLUTIONS**

**Debra's Natural Gourmet, West Concord, MA**  
**Tuesday, March 4, 6:30PM to 8:00PM**

**FREE**



## **Natural Fertility Solutions: Everything You Need to Know to Get Pregnant Fast**

Angela Bell Lic.Ac.,

**Know Your Period:** Understand your menstrual cycle & ovulation in order to perfectly time intercourse for conception

**Toxins & Fertility:** Learn why reducing toxins in your life can have a powerful effect on the health and stability of your potential for pregnancy

**Food For Fertility:** Learn which foods to include/exclude in order to maximize your fertility

**Boost Your Results:** Learn which vitamins and supplements are vital for pre-conception health and improving your chances of conception

**Acupuncture & Fertility:** Understand how acupuncture can play an important role in helping you get pregnant

### **HOSTED BY:**

Debra's Natural Gourmet

98 Commonwealth Ave., West Concord, MA 01742

Call today to reserve your seat! 978.371.7573

*Angela Bell*  **Acupuncture**  
ACUPUNCTURE FOR WOMEN