

AesthetiCare Cosmetic Surgery Institute Presents: Your Breast Augmentation Surgery Questions and Answers

Ronald Moser M.D. is the surgical director for AesthetiCare Cosmetic Surgery Institute based in Southern California. In practice for more than 26 years, he is a Fellow of The American Academy of Cosmetic Surgery, and a Diplomat of the American Board of Cosmetic Surgery and the American Society of Cosmetic Breast Surgery.

The outcome of any medical procedure depends on how you feel about your doctor. How much do you know about your doctor? How comfortable are you with the level of experience and the flow of information?

Dr. Ronald Moser has been a practicing cosmetic surgeon for more than twenty years. He has performed thousands of successful procedures, most of them at AesthetiCare Cosmetic Surgery Institute in San Juan Capistrano, California.

One of his greatest concerns is to ensure that patients have all the information they need. He writes detailed descriptions about procedures that his patients are considering. In this article, he explains the surgical process for breast augmentation.

What is breast augmentation?

Breast Augmentation is a cosmetic surgery procedure to increase the size and shape of a woman's breasts. If you have small underdeveloped breasts, breasts that have atrophied after pregnancy or two different sized breasts, augmentation mammoplasty can help. This surgical procedure can

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increase the size and shape of a woman's breasts. By placing an implant behind each breast, your surgeon can increase your bustline by one or more bra cup sizes. Sometimes a [breast lift](#) is done at the same time to raise and lift [sagging breast tissues](#).

How is breast augmentation done?

Your surgeon will create a pocket for the breast implant by lifting up your skin and breast tissue. This pocket will either be located under the breast muscle or directly underneath the breast tissue. The implants are then inserted, centered and the incisions closed. An Ace bandage or support bra will be placed around the breasts to hold them in the correct position.

What is a breast implant?

A breast implant is a silicone shell filled with saline (salt water) solution or silicone gel. The implant is inserted under the breast tissue or beneath the breast muscle. Incisions can be made around the areola (the dark skin around the nipple) or under the breast in your natural crease. The size, type and placement of your implants and the location of your incisions will be decided by you and your surgeon.

Most breast implants are round, but there are other types of implants, known as an anatomical or naturally shaped implant, that are also available. It can sometimes help to add fullness to the upper part of the breast (especially after childbirth) and give more projection to the nipple and lower breast tissue. During your consultation your surgeon will help you select the type of implant that will give the look you wish to achieve.

What can I expect to experience after surgery?

You will be sore for a few days after your surgery. The degree of discomfort depends on whether the implants are placed under the breast tissue or under the breast muscle. Any discomfort can be controlled by pain medication prescribed by your surgeon.

Swelling and bruising of the breasts is normal and will begin to subside in a week or so. The incisions are placed to keep the scars as inconspicuous as possible and will become barely noticeable after several months. You may have a decrease in sensitivity around your nipples or some numbness near the incision after surgery. These symptoms usually disappear with time.

Many patients may need to wear a bra, ace bandage or other garment to help position the implants correctly immediately after surgery. Your surgeon will advise you as to when you can resume wearing your regular bra.

About AesthetiCare Cosmetic Surgery Institute

AesthetiCare Cosmetic Surgery Institute is Orange County's leading cosmetic surgery and plastic surgery center with [offices](#) located in Orange County, San Diego and the Inland Empire. Cosmetic Surgeon [Ronald E. Moser, M.D.](#) and Plastic Surgeon [S. Allan Kane M.D.](#) have been in practice together for more than 23 years. AesthetiCare surgeons have performed cosmetic surgery or plastic surgery on over 16,000 patients from all over Southern California and across the country.

Both Dr. Moser and Dr. Kane offer a wide range of advanced cosmetic procedures such as breast enlargement, lifts or reductions, liposuction, tummy tucks, eyelid surgery, nasal surgery and face lifts.

For those patients seeking long term confidence in their surgeon's abilities, AesthetiCare should be their first choice. No other cosmetic or plastic surgical group offers their patients such a comprehensive postoperative lifetime warranty program. Patients can be assured that they will have someone to turn to should post operative complications or problems arise at any time for the rest of their life.

AesthetiCare Cosmetic Surgery Institute's main offices are located at 30260 Rancho Viejo Road in San Juan Capistrano, CA. For more information, visit www.aestheticare.com or call (949) 661-1700.