



**MTV AND POST HILL PRESS ANNOUNCE SCHEDULED RELEASE OF
TELL-ALL MEMOIR “PRIDE OVER PITY” BY KAILYN LOWRY OF THE
HIT DOCU-SERIES “TEEN MOM 2” IN APRIL 2014**

**Book Chronicles The Inspiring Account of a Young Woman’s Resolve
Not Only To Survive But To Succeed**

New York, NY (March 3, 2014) – Post Hill Press and MTV announced today that **Post Hill Press** will release the anticipated tell-all memoir of Kailyn Lowry of the hit docu-series “**Teen Mom 2**,” “**Pride Over Pity**,” (Post Hill Press, Hardcover, \$19.99, eBook, \$9.99) in April 2014 wherever books are sold. “**Teen Mom 2**,” currently on-air and in its fifth season, airs Tuesdays at 10:00 p.m. ET/PT on MTV.

In a moving effort to finally put the past behind her, Kailyn, the feisty, unapologetic, tattooed beauty whose determination to raise her son on her own terms has been documented on MTV’s groundbreaking docu-series “16 and Pregnant” and “Teen Mom 2,” gives readers a raw and brutally honest account of her troubled, often painful story and, for the first time, reveals the dark secrets she has so closely guarded.

“If I ever gaze at the past, I shudder. I shudder to count how many times I mistakenly thought I was loved. I quiver unpleasantly to recall the person I used to be and how I acted in some of my relationships. Looking back, it’s not surprising that I turned to boys for love so early. I needed appreciation. I needed to feel worthy. Most of all I needed support.” -- Excerpt from “Pride Over Pity”

Guided by the single principle of helping other young girls like her, Kailyn takes the reader behind the scenes, writing candidly about her desperate stay at a homeless shelter to qualify for a program that would provide a safe home for her son, breaking her silence on the question of her sexuality, and sharing the traumatic sexual experiences that have left her deeply scarred.

Viewers were first introduced to Kailyn on the second season of MTV’s documentary series “16 and Pregnant,” and continued to follow her story on “Teen Mom 2.” Both series have documented Kailyn’s journey and fans have watched her grow from a vulnerable, pregnant teen into a fiercely independent young mother. Through the breakup with the father of her son and the ensuing custody battles, her struggle to come to terms with her troubled childhood, her diagnosis with bipolar disorder, and relentless online

bullying, Kailyn has faced it all with her head held high and her spirit intact.

For more information on “Teen Mom 2” please go to MTV.com or to the “Teen Mom 2” Facebook page <https://www.facebook.com/TeenMom2> for sneak peeks of the show including bonus/extended scenes and exclusive interviews with the cast.

About Post Hill Press

Post Hill Press is an independent, selective publishing house dedicated to the vision and curatorial skills of publishers with over twenty years of experience as well as 20 NY Times bestsellers, both fiction and non-fiction. The authors and titles selected by Post Hill Press adhere to two basic principles: authentic storytelling and exceptional craftsmanship. For more information, go to www.posthillpress.com.

About MTV

MTV is the world’s premier youth entertainment brand. With a global reach of more than a half-billion households, MTV is the cultural home of the millennial generation, music fans and artists, and a pioneer in creating innovative programming for young people. MTV reflects and creates pop culture with its Emmy®, Grammy® and Peabody® award-winning content built around compelling storytelling, music discovery and activism across TV, online and mobile. MTV’s sibling networks MTV2 and mtvU each deliver unparalleled customized content for young males, music fans and college students, and its online hub MTV.com is a leading destination for music, news and pop culture. MTV, a unit of Viacom Inc. (NASDAQ: VIA, VIAB), one of the world’s leading creators of programming and content across all media platforms. For more information, go to www.mtvpress.com.

###

PRIDE OVER PITY

By: Kailyn Lowry with Adrienne Wenner

Hardcover Price: \$19.99

eBook Price: \$9.99

Publication Date: April 22, 2014

Publisher: Post Hill Press, LLC

Hardcover ISBN: 9781618689795

eBook ISBN: 9781618689801

Media contacts:

Melissa Barreto

MTV

Phone: (212) 846-7226

Email: melissa.barreto@mtvstaff.com

Michael Wilson

Post Hill Press

Phone: (615) 261-4646

Email: michael@posthillpress.com