Long Distance Relationship Resource Launches for Couples and Therapists

The Long Distance Relationships website has launched to become a one-stop resource for couples living apart and professionals providing them with support.

A new site for those embarking on a long distance relationship has been launched. The aim of the Long Distance Relationship website is to become an indispensable resource for those carrying out their relationship while separated geographically. As well as providing help for those in a relationship of this type, the website is also aimed at those working to support couples separated by their locations. For this reason there are many articles and guides available for therapists, and researchers, who work with separated couples on the website.

The highlight of the website is the long distance relationship frequently asked questions (FAQ) section which is an ongoing document that is continually being added to. The list of questions and answers provide solutions to the issues commonly faced by those in a long distance relationship, as well as those supporting a couple which is living apart. The popular queries on this section of the site covers such issues as whether those in long distance relationships cheat more than regular couples, what the potential problems are, and things to avoid that can cause trouble in such a relationship.

"We found we were getting a lot of the same sort of questions coming in from our readers once the site went live" the content manager for the site explained. "To help provide more useful content to our audience, we compiled the most frequently asked questions and published them, along with detailed answers. This not only saves our team time, but also provides a valuable resource for those in this type of relationship" he continued.

As a large proportion of those visiting the site are in fact those in this form of relationship, there is a substantial amount of information for those visitors. This includes not only the aforementioned FAQ, but also a <u>downloadable copy of the Separation Inventory for Couple in Long Distance Relationships</u> report. This is a popular report that is said to provide useful assistance to those living apart while in a relationship together.

While couples are well catered for by this website, there is also a large amount of content for therapists who work with those in this type of relationship. This content is based on the work by Dr. Guldner, a leading figure in the analysis of relationships where the participants are separated by considerable distances. This section of the website includes a PowerPoint presentation that is free to view and download. The slideshow presentation contains lots of information aimed at therapists working with couples in this situation; however, it can also be viewed by anyone wanting to know more about this type of relationship. "We were lucky enough to find contributions from Dr. Guldner which we could publish on our site" the website's editor explained. "Hopefully these resources will be valuable to our readers and give them some welcome advice on dealing with their relationship arrangements" he continued.

The longdistancerelationships.net also contains <u>a section for educators</u>. The pages on this part of the website have been created to help those teaching on the subject of this type of relationship. The content can help those giving lectures or hosting discussion groups on this topic. Assistance is also available for those who have been tasked with creating a lesson plan on this topic. This area of the site also provides useful goals, objectives, and learning outcomes which can be included in lessons given on this subject. Overall, for those working in education and imparting knowledge relating to this type of relationship, then this section of the site aims to be a valuable resource.

"While we aim to cater to those in this type of relationship, in the process of doing our research we came into contact with a number of experts in the field" the site's creator shared. "Those academics and other professionals were keen to share their information with us so we decided to publish it on the site for use by others working with those in this type or relationship, such as educators and therapists" he continued.

Although the website is relatively new, its already receiving lots of feedback from grateful readers who have found helpful advice and reassurance from the information published. As long as there continues to be people in this type of relationship, it seems that there will always be an audience for this website and its counterparts.

Visit The FORMER Center for the Study of Long Distance Relationships: http://www.longdistancerelationships.net/