

Omega Dessert: Review Examining BioTrust's Omega-3 Supplement Released

Omega Dessert reviews have been flooding the Internet and HealthyandFitZone.com reveals the truth about this smoothie that not only boosts one's Omega balance, but also tastes delicious.

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BioTrust's Omega Dessert is a creamy, delicious, and convenient Omega-3 supplement that claims it is actually good for people. Fish oils used in it have been lab tested to be free from any harmful environmental contaminants, and these are obtained from pharmaceutical grade, pure and wild sources. This has caught the attention of HealthyandFitZone.com's Stan Stevenson, prompting an investigative review.

"Our Omega Dessert review shows that it is an amazingly tasty smoothie mixture that is a convenient method of getting your Omega-3 supplements. It is scientifically proven that these can help with enhanced moods, decrease inflammation, lubricate the joints and improve the health of the skin," reports Stevenson. "While Omega-3 is indeed a great supplement for athletes, sportspersons and those who want to ensure tip top fitness, it is also a highly advantageous supplement for each and every one of us."

People can drink Omega Dessert straight, or mix into protein shakes, smoothies, yogurt, oatmeal or dressings. This method of ingesting Omega-3 is clinically proven to be 9 times more bioavailable than taking it in capsule form. Each bottle of this 100% natural liquid Omega-3 fatty acid supplement contains 5-star rated fish oils that are graded by the International Fish Oil Standards (IFOS) and balanced EPA/DHA ratio for better results and to positively support brain functions.

"This is a great fish oil supplement that uses the best grade oils out there; something that many other seemingly similar products fail to do. Omega-3 plays a massive part in our cardiovascular health, nervous system function, brain development, immune system, cell structure, body composition and metabolism," says Stevenson. "Research has shown that in addition to all the health benefits mentioned above, it can also support healthy insulin sensitivity and body composition. Anyone can drink this gluten-free, soy-free, stimulant and caffeine free non-GMO smoothie."

"Not only does Omega Dessert contain the very highest grade of Omega-3 fatty acids that money can buy, but it tastes delicious as well. It also comes with the amazing BioTrust money back guarantee of 1 year. We honestly can stand up and say that this is perhaps one of the best quality, delicious and convenient Omega-3 fish oil products that

we've come across. In a nutshell, we love it and we're pretty sure you're going to as well."

Those wishing to purchase Omega Dessert, or for more information, click here:

<http://healthyandfitzone.com/go/BioTrustOmegaDessert/>

To access a comprehensive Omega Dessert review, visit

<http://healthyandfitzone.com/biotrust-omega-dessert-review>