

## **Reverse My Disease Today: Review Examining Ken Drew and Dr. Patel's Program Released**

*Reverse My Disease Today reviews have been flooding the Internet and HealthyandFitZone.com reveals the truth about this e-book that claims it can provide people with a drug free way to 'bullet proof' their body against disease.*

**(PRWEB) June 12, 2014**

Reverse My Disease Today promises to actually reverse problems that mainstream medicine has given up on. This has caught the attention of HealthyandFitZone.com's Stan Stevenson, prompting an investigative review.

"Our Reverse My Disease Today review shows that it is an instant download E-Book that gives you an easy to follow, step by step system that will cure 'gut inflammation'; one secret problem that's responsible for so many illnesses in the 21st century," reports Stevenson. "Totally portable, you can download the product to your computer, tablet, smartphone or literally any electronic device you carry around with you. So, wherever you are, you can continue with your education to become the healthiest person you can."

In Reverse My Disease Today, people will discover the hidden food allergies that cause lethargy, depression, heart palpitations, anxiety, generally feeling unwell, loss of libido, 'day flu', and many other symptoms, understand the ramifications of these allergies and how they cause inflammation of the gut, learn the 5 cardinal symptoms, discover the 'Elimination Phase', understand the top foods they should be eating right now and much more.

"This program is not a diet, it's a technique that allows you to discover your hidden food allergies that are the source of inflammation in your body. Once you discover this, you can take the relevant steps to reverse the inflammation," says Stevenson. "The techniques taught in it are totally non-invasive; no medications, needles, creams, surgery or harmful side effects. This is something that everyone out there should be aware of; even those who're super healthy right now."

"If your gut isn't healthy, it gradually poisons every single body system, affecting the immune system and making you more susceptible to cancer, Alzheimer's, MS, and every other debilitating and eventually fatal illness you can think of. Reverse My Disease Today really is worth a shot. One of the best things about it is that you begin to see the effects real fast. In fact, within 72 hours or sometimes even quicker, the effects on the

inflammation in your gut will begin to reverse, and your symptoms will therefore begin to fade.”

Those wishing to purchase Reverse My Disease Today, or for more information, click here: <http://healthyandfitzone.com/go/ReverseMyDiseaseToday/>

To access a comprehensive Reverse My Disease Today review, visit <http://healthyandfitzone.com/reverse-my-disease-today-review>