

Subliminal Guru: Review Examining Inspire3's Audios Released

Subliminal Guru reviews have been flooding the Internet and HealthyandFitZone.com reveals the truth about this program that based on subliminal messages that can influence many important decisions that people make in their lives.

(PRWEB) October 07, 2014

Subliminal Guru claims to offer happiness, success, and health using subliminal messages that have an impact on people, even though they are not aware that they heard or saw them. This has caught the attention of HealthyandFitZone.com's Stan Stevenson, prompting an investigative review.

"Our Subliminal Guru review shows that it is a website that has over 350 separate subliminal MP3s available for users to help change habits, thoughts, and negative patterns," reports Stevenson. "Anyone who wants to release negative habits or limiting beliefs, and develop positive and self-serving beliefs and habits, will benefit from the messages on the website. There are so many MP3s to choose from; anyone will be able to find one that they are interested in. Many of the subliminal messages are embedded right into music, and you have your choice of music to listen to, depending on your mood."

Subliminal Guru uses various subliminal techniques, including Whisper Method, Stereo Confusion, Lighting Technique and Reverse Speech. Users can download an audible version as well as subliminal messages with brainwave entrainment, which means that the audio will help their mind get into a more relaxing frequency. No matter which MP3 they choose, each separate download is 10 minutes long. There are 14 separate tracks for each download, which means you get a total of 140 minutes of MP3 time for each subliminal download they buy. They can also buy a CD to listen to when they cannot listen to their MP3s.

"Whether you want to lose weight, attract more to you, stop being critical of yourself, stop blushing, love your body, be more productive, stop smoking, overcome anxiety, or anything else, you will find a subliminal MP3 dedicated to you," says Stevenson.

"Subliminal messages are embedded into 6 different types of music to fit your mood. Brainwave entrainment versions are available, with music and audio, to help your mind get into a more relaxed state naturally. You can buy CD albums as well as the MP3s and 1 spoken version is available for times when you do not want music."

"Subliminal Guru has bundles containing different MP3 focused on specific aspects that

come together to help you really achieve the results you want. There is a lot of research to back up the effectiveness of subliminal messages. With 350 subliminal downloads to choose from, and 140 minutes worth of audio per download, this is one of those investments that will pay off. You can find subliminal messages for health, fitness, sleep, mental skills, emotions, personal power, attraction, success, habits, addictions, phobias, illnesses, relationships, adult issues, parental issues, skills, music and sports. Inspire3 has made sure they created messages for every area of life that could benefit from positive affirmations and new beliefs.”

Those wishing to purchase Subliminal Guru, click here:

<http://healthyandfitzone.com/go/subliminalguru>

To access a comprehensive Subliminal Guru review, visit

<http://healthyandfitzone.com/subliminal-guru-review>