Quality of Life
REDEFINED

LIVE SAFELY Independent living is made safe through innovations in technology. The *Simply*Home System uses multiple sensors to proactively alert caregivers and loved ones of changes in behavioral patterns.

LIVE AFFORDABLY *Simply*Home Systems provide solutions to rising costs of care. Caregivers are notified only when and if needed.

LIVE WITH DIGNITY The core focus of *Simply*Home System technology is to empower independent living.

Innovative Technology

By communicating with multiple sensors to log activities of daily living, the *Simply*Home System proactively alerts caregivers and loved ones of changes in behavioral patterns through text, email or a phone call.

Alerts are designed to notify caregivers and/or loved ones of pre-determined activities, or inactivity, within the home, all of which are customized to address individual needs.

Components like motion sensors, door/window contacts, and bed pressure pads address issues including falls, wandering, and sleep patterns. The *Simply*Home system can also monitor wellness priorities.

Personal Assessment → Custom Solutions → Install & Notify → Live at Home

How It Works

#1. ACTIVITIES OF DAILY LIVING

With a *Simply*Home System in place, individuals are able to go about their normal activities of daily living, while safety concerns are put at ease.

#2. RESPONDING TO AN ALERT

Alerts are customized with each system and tailored to meet the needs of each individual. Based on a pre-determined single event or set of sequential events, notifications are then sent out via text message, phone call or email.

#3. DATA & TRENDS

Sensor activity is logged on your secure, password protected website, where caregivers can track and observe trends or changes in daily living patterns.

Concerns Addressed:

- Falls or Inactivity in Your Apartment
- Cooking Safety
- Medication Management
- Wellness
- Sleep Patterns
- Bathroom Activity

Simply Home

SimplyHome | 1280 Hendersonville Road, Asheville, NC 28803 | Toll Free: 1-877-684-3581 | www.simply-home.com

PRODUCTS & SERVICES

SimplyHome System By communicating with multiple sensors to observe activities of daily living, the SimplyHome System proactively alerts caregivers and loved ones of changes in behavioral patterns. Text, email or phone alerts can be generated by a single event, an intersection of multiple events or by inactivity.

Personal Emergency Response System A preprogrammed base unit and pendant allow you to press a button for immediate assistance which is available through our call center staffed 24/7.

Medication Dispenser A tamper proof and programmable unit with call center back-up. The medication slot is rotated even if the medication is not consumed so there is no fear of overmedicating.

Environmental Controls Environmental controls enable individuals to operate beds, lights, TVs, doors and more via tablet or voice-activation. The technology is primarily wireless and integrate with tablets, sensors, and alert notifications.

Telehealth Our Suite of wellness tools is designed to offer remote monitoring of blood pressure, heart rate, blood oxygen, glucose and weight. Caregivers can access reliable health data on a confidential web page.

Virtual Care Management® Virtual Care Management® is our company's model for client care. A highly trained Virtual Care Specialist reviews trends in data from our technologies and consults with families, caregivers, and clients to plan routines and services that enhance daily living.

Andy's Story

> "I'm not all locked up. This lets me be in the community. I like my new apartment. I have a kitchen, a bedroom and a living room."

Living Independently

Andy relocated into the community in 2005 after having lived in a institution for several years. At first his parents were concerned about his safety and how he would be supervised and supported. Andy was excited and has gained an understanding of how to function as a part of the community. With having his own space, he now has reponsiblilities in his home such as meal planning and preparation, laundry, and maintaining his room. He now feels like he is an actual member of the community that he lives in.

The Use of Technology

Through the use of several sensors, staff can get an alert only when Andy needs assistance. Andy is able to have a job in the community and uses a pendant to call staff for assistance only when he needs it.

SimplyHome

Donna's Story

Living Independently

Before coming to Innovative Services, Donna had a history of falling and on one occasion, had fallen at night and laid on the floor for 8 hours. When ISI started services, SimplyHome developed a network of chair and bed sensors so that if Donna got up at night and didn't return within 15 minutes, the system would notify staff. The technology cannot prevent Donna from falling during the night, but it can alert staff to assist her in a timely fashion so she did not have to be alone on the floor for any length of time.

Recently, Donna agreed to participate in the telehealth pilot project. She was selected because of her daily monitoring of blood pressure and pulse. Several times, call center notified staff when Donna's readings were outside the boundaries the offered triage support. In response, that information was shared during visits to a local urgent care which assisted health care providers to make informed decisions about the next steps in care.

The Use of Technology

Donna's SimplyHome System actually integrates a variety of sensors to support independence in a variety of activities and routines. Stove, bed, chair, and door sensors work together to provide alerts to staff in "just in case" moments so that Donna can live in her own home. The system also allows for Donna to make her own choices about nighttime and sleep routines yet offers a safety net should something happen to her.

SimplyHome