

New Folate Replacement Therapy May Reduce Fatigue

Genetic polymorphisms and elevated homocysteine cause an array of health problems, including impaired sleep quality and depression. However, EnLyte®, an advanced generation, broad spectrum folate replacement therapy, may help reduce fatigue and related emotional dysregulation.

In a 4-week open label study addressing the impact of EnLyte on sleep quality, patients reported a 22% reduction in fatigue, as well as a 41% reduction in related emotional dysregulation.

EnLyte was designed to decrease homocysteine, increase neurotransmitters, and bypass the most common polymorphisms. It contains a proprietary triad of reduced folates, methylated B-vitamin cofactors, and PS Gold Omega 3s, which are soy derived.

EnLyte has minimal side effects or drug interactions and is dosed as one gel capsule per day.

Source: JayMac Pharmaceuticals. (2014). EnLyte With DeltaFolate [Press release]. Sunset, LA: Author.

SAMHSA Releases New Trauma Treatment Improvement Protocol

The Substance Abuse and Mental Health Services Administration (SAMHSA) has released a free, downloadable, 342-page treatment improvement protocol.

Trauma-Informed Care in Behavioral

Web Site Offers Free Kit to Help Prevent Health Care Injuries in Caregivers and Patients

NoInjuries.com is offering a free support kit to help prevent health care injuries to both caregivers and patients.

Developed by Handicare US, the NoInjuries.com “Facility Support Kit” includes (a) handy assessment guides for conducting a facility self-assessment, (b) helpful hints on organizing a team and changing the workplace culture, (c) an early patient mobility guide, and (d) ongoing updates.



The kit is only one element of the NoInjuries.com initiative. The Web site features up-to-date news, educational materials, easy-to-implement tips, and tools and resources to use throughout the workplace. Six critical hazard areas are spotlighted, including (a) patient handling, (b) sharps and sticks, (c) infections, (d) slips and falls, (e) workplace violence, and (f) patient safety.

The kit is available to download at <http://www.noinjuries.com/resources/facility-support-kit>.

Source: “NoInjuries.com Offers Free Support Kit to Help Prevent Healthcare Injuries to Caregivers, Patients.” (2014, July 21). Retrieved July 30, 2014, from <http://jpn.to/WN40qH>.

Health Services addresses topics such as trauma awareness, understanding the impact of trauma, screening and assessment, clinical issues across services, and trauma specific services. The SAMHSA tool also includes an implementation guide for behavioral health program administrators.

To access the free protocol, visit <http://store.samhsa.gov/shin/content//SMA14-4816/SMA14-4816.pdf>.

Source: Trauma-Informed Care. (2014, August). NADD eNewsletter. Retrieved from <https://madmimi.com/p/d3ef25?fe=1&pact=24529665268>
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