



STA Group, LLC Earns Illinois' Healthiest Employers (IHE) Nomination

CHICAGO, IL, November 16, 2014: STA Group, LLC was pleased to be nominated as one of the few elite financial technology companies on the IHE's nomination list this year. The IHE agenda covered the why and the how worksite wellness programs help to create a healthier workforce, increase employee productivity and morale, and attract and retain employees. Worksite wellness programs are becoming more and more important to the success of any company as the [Center for Disease Control](#) has noted.

The STA Group's wellness strategy called for the company to cover 100% of health insurance premiums including vision, dental, and medical for every employee which they have done since its inception in 2002. They also offer a generous Health Savings Account in conjunction with their health plan. As part of STA's continuing wellness mission, the Executive Staff elected to partner with Interactive Health last year, as part of the companies benefit package. Interactive Health provides all STA employees and their spouses with multiple health resources such as health webinars and in-house health screenings including two free blood tests per year. Participants of the screenings receive personalized raw health data that list at least 40 different data elements such as glucose, hemoglobin and potassium along with other health indicators. Each individual's health data is then compounded into one easy to understand health score. More importantly, Interactive Health offers personalized resources and solutions to keep health scores on track so every employee has the opportunity to reach their health goals.

Teladoc is yet another service included in STA's benefits package. This program permits all employees access to a members only toll free hotline to consult with licensed physicians or schedule consultation appointments anytime 24 hours a day 365 days a year.

"We take the wellbeing of our associates seriously as an important part of our company's [core values](#). Introducing Interactive Health's wellness plan has been another demonstration of that commitment."
– David Dillon, Senior Managing Director

STA has been growing at a 40% rate since its inception in 2002 and is preparing for a multi-generation workforce by proactively committing to empower a culture of wellness and health by focusing on prevention and lifestyle choices. Each month the STA Wellness Committee distributes an in-house newsletter outfitted with fitness tips, nutrition advice (including a particular 'Food Focus'), and health-related articles pertaining to a 'Spotlight' issue (i.e. bone and joint health). The committee takes lengths to ensure that STA refrigerators and pantries represent their healthy aspirations and are stocked with nutritious snack options.

Since the launch of STA Group, LLC, STA has grown to over 200 associates who focus on four areas of business transformation including Business Architecture, Technology Services, Digital Strategy, and IoT solutions. STA Group's founding principles dictate the daily integration of [core values](#), such as Community, Client Care, Company, Character and Culture that are easily seen through their thriving wellness culture.