

Feed your family
a delicious
biblically inspired,
beyond organic diet
every day!

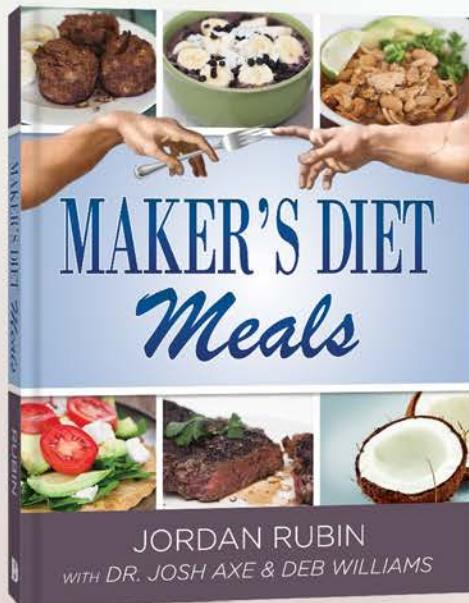
Maker's Diet
Meals

Jordan Rubin
with Dr. Josh Axe & Deb Williams

press kit

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MAKER'S DIET MEALS



Synopsis

How would you like to feed your family a delicious biblically inspired, beyond organic diet each and every day? *Maker's Diet Meals* will give you a step by step guide to creating 150 mouthwatering breakfasts, lunches, dinners, snacks, smoothies and desserts to help you lose weight and feel great. Combining the bible's ancient wisdom with the best of modern science, *Maker's Diet Meals* unveils an eating plan that can help you shed unwanted pounds, while cleansing and detoxifying your body. More than just a cookbook, *Maker's Diet Meals* will teach you the health secrets of the bible and introduce you to an ancient way of eating that is gaining the attention of modern science.

Product Information

Title: Maker's Diet Meals

Author: Jordan Rubin, with Dr. Josh Axe, & Deb Williams

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Sales Copy: "Biblically-Inspired Delicious and Nutritious Recipes for the Entire Family."

Author Profile

Jordan Rubin – Hometown: Koshkonong, MO

Known as America's Biblical Health Coach, Jordan Rubin is the New York Times bestselling author of *The Maker's Diet* and twenty additional health titles, including his recent book, *Live Beyond Organic*. An international motivational speaker and host of the weekly television show "Living Beyond Organic," which reaches over 30 million households worldwide, Jordan has lectured on natural health on five continents and 46 states in the U.S.

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