



DANIEL B. STRADER, DDS
Designer Smiles

Let me introduce myself, I am Dr. Daniel Strader, third generation Dallas dentist. I have practiced dentistry in Dallas for 38 years. I am a member of the American Dental Association and the recipient of the Texas Dental Association's "Honorary Order of Good Fellow." I am also a Diplomate of the American Board of Forensic Dentists and an accredited member of the International Academy of Oral Medicine and Toxicology.

A vote on whether or not to continue adding fluoride to the municipal water supply is coming before the Dallas City Council. I am going to ask you to **stop** adding to the existing fluoride already in Dallas water. Highland Park and University Park's municipal water facilities have **never** added fluoride to the water supply. Many municipalities have discontinued fluoridation. I can tell you from practicing dentistry on the border between Dallas and Park Cities I have not seen any advantage of the added fluoride to the Dallas children. In fact, here are just some of the problems caused by the fluoridation of water:

- 1) Fluoridated water causes fluorosis (white and brown spots) in 40% of Dallas Children. The more water they drink, the more fluorosis they get.
- 2) Fluoridated water makes teeth brittle hard, causing more tooth breakage.
- 3) Fluoridated water causes bones to become more brittle.
- 4) Fluoridated water gives no benefit to adults whose teeth have already formed and still must drink fluoridated water or buy bottled water.
- 5) Fluoride competes with iodine in the thyroid causing various thyroid associated health problems including links to cancer.
- 6) Fluoridation lowers the IQ of children as much as 7 points according to Harvard Studies.

Fluoride is added to the water supply as a drug to cause changes in the person who drinks the water, but there is no control of the dosage received. Many adults including myself have high blood pressure. What if my blood pressure drug was added to the water supply? What dose would I get? It would depend on how much water I drank. Some people who have low blood pressure would be harmed by the drug. Others would overdose. Please don't practice medicine without a license by placing fluoride as a drug in our water supply. There are far better places to use our tax dollars.

Please vote to stop adding fluoride into the Dallas Municipal Water Supply.

Respectfully,

Daniel Strader, DDS