

## **Metabolic Fire: Review Examining Dr. Dean Raffelock's All Natural Weight Loss Supplement Released**

*Metabolic Fire reviews have been popping up all over the Internet and HealthyandFitZone.com reveals the truth about product that can naturally turbocharge metabolism to aid weight loss in those over 40.*

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Metabolic Fire, an all-natural supplement, promises to be able to help overcome the problem of weight loss being impossible after 40. This has caught the attention of HealthyandFitZone.com's Stan Stevenson, prompting an investigative review.

"Our Metabolic Fire review shows that it is a 'doctor designed, fat burning enhancer that helps upgrade your metabolism and burn fat easier and far more visibly than diet and exercise can by itself,'" reports Stevenson. "It's a supplement you take on a daily basis in tablet form that contains seven of the most powerful fat loss enhancers found in nature."

Metabolic Fire contains Coleus Forskohlii (Forskolin) that helps unlock the fat cells, allowing the fat within to be unleashed, Chromium Picolinate that literally turbo boosts insulin, the humble spice cinnamon that enables the body to modify and support healthy blood sugar levels, Irvingia Gabonensis, an African mango seed extract that increases the body's sensitivity to leptin, green tea extract that increase metabolism, Siberia's herb Rhodiola Rosea that has been proven to reduce cortisol and green coffee bean extract, a major fat burning enabler.

"All the ingredients present in this supplement are completely natural. It's the combination of these that makes them such an enhanced metabolism booster. The supplement works on creating 3 specific steps: fat release from the cells, fat transport from the cells through the blood and then fat burning, so turning that pesky fat into energy," says Stevenson. "This product is especially good for those who've tried dieting four times or more, and been disappointed with the results."

"Metabolic Fire actually works! Simply combine it with healthy eating and some regular gentle exercise, and you really will see a difference in your fat loss. Creator, Dr. Dean Raffelock, is a quadruple board certified integrative clinician with over 4,500 hours of training and 37 years in practice. He retired in 2013 and was tasked with creating the best possible formula for a fat loss supplement. It took him a while, but after creating 17 different formulas, he eventually came up with a supplement he was proud to put his name to. Specifically intended for the over 40s, male or female, it has the same effect, and the great thing is that because it only contains natural ingredients, it's suitable for virtually everyone."

Those wishing to purchase Metabolic Fire, or for more information, click here:  
<http://healthyandfitzone.com/metabolic-fire-review>

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