

## LifeShield™—The Next Chapter in Mushroom Qual

Though Spring is on its way, in mid-February comforting foods are at the top of our list for nourishment, happiness, and health. Our favorite ingredients for cozy dishes include mushrooms. Whether it's shiitakes on a pizza, matsutake in a risotto, or creminis stuffed in a chicken, mushrooms are a great choice for the cool months—and all year round.

A beloved mushroom here at New Chapter® is Reishi. This is no regular pizza mushroom. Reishi is a time-tested tonic of ancient civilizations around the world. Did you know that the use of Reishi dates back thousands of years, to the roots of Chinese herbal tradition? It is said that Chinese emperors consumed the Lingzhi variety of Reishi. The Lingzhi type has also been broadly studied in modern times. New Chapter is proud to deliver this same Lingzhi variety of Reishi in our LifeShield family of mushrooms, with products formulated to support your immune system, mental clarity, and even healthy aging.\*



Reishi, as are all our mushroom ingredients, is DNA tested and identity assured.

What's more, we know for a fact that we're delivering authentic Lingzhi because our LifeShield mushroom varieties are DNA tested and identity assured. Because identifying mushrooms can be quite tricky, we carefully verify the DNA so you can be sure you're getting the exact mushroom you paid for.

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Discover New Chapter [LifeShield mushrooms](#): certified organic, whole cycle, Non-GMO Project Verified, 100% USA grown, and 100% vegan.

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