



INTRODUCING

SPARC

HIGH INTENSITY TRAINING EVOLVED.

CYBEX

cybexintl.com/sparc



SPARC

FIVE BENEFITS. FOUR MINUTES.

Burn more calories, strengthen and shape lower body, increase stamina, increase power and explosiveness, enhance endurance... SPARC does it all in less time!. No matter who your members are, or what their needs, SPARC's intuitive "get on and go" design invites them to simply choose an incline level, choose an intensity level, and reach their goals in record time.

High-interest in HIIT(High Intensity Interval Training)

According to ACSM's worldwide survey of fitness trends for 2015, HIIT is a top trend among your members.

Get On & Go

With its intuitive settings and design, SPARC is exceptionally simple. Simple to adjust. Simple to use. Simply amazing.

One SPARC is all it Takes

Whether used as a part of your cardio area or as a trainer's tool, SPARC offers the best in high-intensity cardio.

A Safer SPARC

SPARC technology is research proven to be gentler on joints, and a superior choice for long-term health.

Features

- Biomechanically correct to reduce strain on knees
- Self powered...No outlet needed
- Incline can be set in 3 positions
- Multiple hand positions
- Display information is an excellent trainer's tool
- 2 modes of operation:
 - Circuit Mode – Single, quick high power movement lasting typically less than one minute
 - Interval Mode – Longer duration workout that has user-defined high intensity and rests



CYBEX®