## **LA** Holistic Dentistry

# YOUR COMFORT IS IMPORTANT TO US



You'l find our office warm and inviting; our staff, friendly, supportive and knowledgeable.

## Stunning Results



Beautiful smiles achieved through gentle, minimal y-invasive, bio-compatible dentistry.

Practicing the Science & Art of Dentistry

Experience the Difference of

# Holistic/Biological Dentistry



Our high-tech facilities allow us to efficiently tend to your oral health needs, and let you feel relaxed and secure.



# LA Holistic Dentistry

10850 Wilshire Blvd. Suite 330 Los Angeles, CA 90024

LAHolisticDentistry@gmail.com www.LAHolisticDentistry.com **310-208-4297**  To help you reach your health and wellness goals through optimal dental health.

## Mercury-Free and Mercury-Safe Dentistry: Yes, there is a difference!

#### WHAT IS BIOLOGICAL DENTISTRY?

Biological dentistry is concerned with the whole body effects of all dental materials, techniques and procedures.

It is mercury-free and mercury-safe, and fluoride-free. It insists that all clinical practice be designed of components that sustain life or improve the patient's quality of life.

For the word "biological" refers to life. What happens in the mouth is reflected in the body, and what happens in the body is reflected in the mouth.

A mercury-safe dentist takes extra precautions to protect the health of the dental team, patients and environment. For while mainstream dentists believe there are conditions in which this neurotoxin is benign – such as when it's packed into a drilled-out tooth – the mercury-safe dentist knows that ANY mercury exposure is potentially harmful.



#### WHAT WE OFFER

- Cosmetic & General Dentistry
- Crowns & Bridges
- Full-Mouth Restorations
- Dentures & Partials
- Safe Mercury (Silver Filling) Removal Protocols
- Detoxification Assistance
- Digital Xrays and Imaging
- Cleanings & Nightguards
- Fluoride-Free Teeth Whitening
- Invisalign Clear Braces

## "SILVER" MERCURY FILLINGS

Many people do not realize that "silver" amalgam fillings are 50% mercury. A large filling may contain as much mercury as a thermometer.

Mercury vaporizes easily at room temperature, and in this state, is odorless, colorless and tasteless. Inhaled mercury vapor is readily absorbed into the bloodstream.

The World Health Organization has concluded that dental fillings contribute more mercury to a person's body than all other sources of mercury combined.

#### Because we care . . .

We continually strive to choose materials and supplies with your health in mind.

Our composite filling material is bpa-free.

In all of our dental procedures, we use naturally alkaline, sodium-free spring water, which has no added fluoride.



We also use special filters for our outgoing waste water to prevent contaminants from entering the environment.



#### Mercury is a powerful poison.

Published research demonstrates that mercury is more toxic than lead, cadmium or arsenic.

No amount of exposure to mercury vapor can be considered harmless, especially considering its cumulative effect.



The safe removal protocol has been formalized and adopted by the International Academy of Oral Medicine and Toxicology (IAOMT) as the standard of care.

We follow these guidelines with every patient who comes to our office for mercury removal.